



## YENNADON ELEMENTARY SCHOOL

Telephone: 604-463-8871 Fax: 604-463-0228

Principal: Mrs. L. Lawrance Vice-Principal: Mrs. J. Walker

Website: <https://elementary.sd42.ca/yennadon>

Newsletter #8

April 28, 2022

### Principal's Message

*It is hard to believe that we only have two months left in the school year. It is great to see the COVID restrictions relaxing and allowing us to get back to a more regular routine. There are still some protocols in place, but for the most part these are around field trips. There are people who have worked in this building for two years and I have never seen their faces below the eyes, so that's been a nice change. We are still cautious as we move forward and the health of our staff and students is still our priority. However, many events are proceeding, and our PAC is always instrumental in supporting them. Among the upcoming highlights are hot lunches, the Ultimate Frisbee teams, the primary Cross Country meet at Albion Fairgrounds, and the Intermediate Cross Country at Alouette Lake. The larger Track and Field meet for our senior students will be proceeding at MRSS in June. As we come back up to speed, we will keep you posted on the parent portal and school website. As always, thank you for your patience and support.*

*At Yennadon, we have a hard working, dedicated staff and supportive parent group excited about resuming some of the extra activities for our students. Our students are very fortunate to be in a vibrant and active learning environment and we thank each and every one of you who give that 'little extra' to make Yennadon an exciting place to learn!*

Mrs. L. Lawrance, Principal



### Upcoming Events

- |                      |   |
|----------------------|---|
| Tues., May 3         | Fruit and Vegetable Delivery – cucumbers<br>7:00 pm PAC Meeting (virtual)   |
| Wed., May 4          | 9:00 am Assembly – in school Zoom   |
| Sun., May 8          | <i>Happy Mother's Day!</i>  |
| Mon., May 9          | SD42 Intermediate Cross Country (Alouette Lake Beach)   |
| <b>Wed., May 11</b>  | <b>District Non-Instructional Day – No School for Students</b>  |
| Tues., May 17        | SD42 Primary Cross Country (Albion Sports Complex)<br>Fruit and Vegetable Delivery – tomatoes                           |
| <b>Wed., May 18</b>  | <b>Class Group Photos</b><br>2:45 pm New Kindergarten Parent Orientation (virtual)                                      |
| <b>Mon., May 23</b>  | <b>Victoria Day Holiday – No School</b>   |
| <b>Tues., May 24</b> | <b>11:00 am Current Kindergarten Early Dismissal</b><br>12:00 noon Ready, Set, Kindergarten – <i>new Ks and parents</i> |
| Wed., May 25         | Grade 7 Full Day High School Visit – <i>info to follow from high schools</i>  |
| Fri., May 28         | Class Placement Parent Input DUE (forms available on school website)  |



## Spring Cross Country

Just a reminder, spring cross country permission forms were sent on the parent portal. If your child needs a form, please check your parent portal account.

**Parents/Guardians are responsible for transporting their child(ren) to and from these events. All students who participate in cross country must have a parent/guardian at the event the entire time. Students cannot be dropped off and picked up later.**

**Permission forms must be completed on the parent portal by Monday, May 2 for intermediate and by Tuesday, May 10 for primary.**

Dates / Locations:

Intermediate (Grades 4-7) Monday, May 9 at Alouette Lake Beach, Golden Ears Park

Primary (Grades 1-3) Tuesday, May 17 at Albion Sports Complex



## Ready, Set, Kindergarten!

The Kindergarten Team has scheduled a **mandatory classroom visit** on **Tuesday, May 24<sup>th</sup>** from **12:00 noon – 2:15 pm** at the **Annex** for next year's Kindergarten parents to attend, **along with their child**. Please come and have some fun in Kindergarten! **Only one important adult** such as mom, dad, auntie or grandpa **must attend with each child**. You will meet the Kindergarten teachers, play some games, listen to a story, and we will take your picture too. We look forward to welcoming you to Kindergarten at Yennadon!

Kindergarten



## School Safety Reminders

For safety reasons skateboards, scooters, and bicycles must be walked on school property during the busy 8:00 am to 3:00 pm period on school days. Students who choose to ride their bike to school are strongly advised to bring a lock and properly secure their bike to the rack.

## Rapid Antigen Test Kit Distribution

If you missed the scheduled pick-up times for your child's rapid antigen test kit and you would still like to have one, please contact the office to make arrangements. Test kits cannot be sent home with students and must be picked up by an adult.



## Climate Champion Award

Congratulations to the **Yennadon Active School Travel Committee** for receiving a Climate Champion Award on April 23<sup>rd</sup> from the Maple Ridge Climate Hub during the local Earth Day celebration. YAST was nominated for working toward the causes of climate change, for being a role model, and for having a positive impact in the community.

## **Guidelines for Transferring Schools**

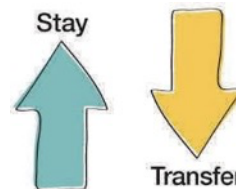
These guidelines apply to students who want to:

- Transfer to Yennadon from another school in Maple Ridge / Pitt Meadows
- Transfer out of Yennadon to another school in Maple Ridge / Pitt Meadows

Parents contemplating a transfer request are encouraged to consult with the principal before submitting a formal request. **To make a formal transfer request, log in to your [Parent Portal](#) account, click on the 'Registration' tab, and under 'New Request' select the appropriate transfer period.**

In general, acceptance criteria for prioritizing new registrations are:

- Students who live in catchment
- Students who live out of catchment with siblings already in the school
- Out of catchment without siblings
- Out of District students



At **Yennadon**, we generally can **only take students who live in our catchment**. Sometimes, we can take students who live out of catchment, but who already have siblings in our school. Given how full we are, we usually do not accept students from out of catchment if they do not have siblings in our school. As always, if you have questions, please give us a call. Please refer to the prioritization of transfer requests for more detailed information: [SD42 Procedure for Student Placement](#).

## **Healthy Habits for Kids**

Healthy habits, including healthy eating, regular physical activity and being smoke free begin at home and continue throughout life. At a young age, children learn to make decisions and begin to make more choices of their own. They are developing habits and attitudes they may carry with them for the rest of their lives. Peer pressure influences children and youth of all ages and is particularly strong in the early teen years.

In the meantime, you, as a parent, play an important role in helping your children stay healthy. You may want to:

- Encourage your children to eat three well-balanced meals by selecting food outlined in Canada's Food Guide, ample vegetables and fruit is particularly important
- Offer them water and lower-fat milk (1% or 2%) instead of pop and other sugary drinks
- Serve healthier options like fresh fruit, veggie sticks and low-fat yogurt for after school snacks
- Encourage free outdoor play and limit their screen time
- Make both your indoor and outdoor family activities free from secondhand smoke
- Encourage your children to choose activities they love – any activity - dancing, basketball, hockey, soccer, swimming or rollerblading
- Schedule active family outings like hiking, swimming or biking

Set a good example yourself by eating healthfully and being physically active on a regular basis and by being smoke free.

**Eat Well... Be Active... Live Tobacco Free!**





### **Moving?**

If you know you will not be attending Yennadon Elementary next year, we would appreciate it if you let us know via email at [yen\\_reception@sd42.ca](mailto:yen_reception@sd42.ca). During the next couple of months, we will be working very hard to accommodate all of the requests to transfer to Yennadon, and it is very helpful to our planning if we know who will or will not be attending next year. Thanks for your help with this request.

### **Class Composition for 2022/2023**

We are beginning to create our classes for next year. Please be assured that staff devote considerable time, care and attention to this process. This very complex and lengthy responsibility occurs over several weeks and continues into September when class placements are finalized.

Throughout the year, there have been many opportunities for parents and teachers to discuss each child. Staff work together to consider the following criteria very carefully: **social emotional skills and relationships**, as well as **learning styles, strengths, and needs**. Our goal is to create safe and engaging inclusive classrooms that balance these factors, as equitably as possible.



If you feel there is further information to consider about your child, **you may submit input to the principal in writing using the form on the school website or by sending an email to [lisa\\_lawrance@sd42.ca](mailto:lisa_lawrance@sd42.ca) by May 27, 2022. Please refrain from requesting specific teachers or peers by name.**

### **Warmer Weather Attire and Safe Shoes**

As the warmer weather becomes more the norm (hopefully), our thoughts are starting to turn to Spring and Summer clothing. Please remember our dress code, in which we ask students to wear appropriate clothing to school.

Students are expected to dress in a manner appropriate for an elementary school. The school district is committed to providing students with learning environments that are safe, responsive, and inclusive. The district recognizes that decisions about dress reflect individual expression of identity, socio-cultural norms, and that they are personal.

Students may attend school and school-related functions in dress of their choice provided that their choices:

- Conform with established health and safety requirements for the intended activity;
- Do not represent or promote weapons, gang culture, and controlled substances, including but not limited to drugs, alcohol or tobacco;
- Use respectful language;
- Do not depict or promote violence, racism, sexism or discrimination; and
- Are not intimidating to others.

Staff may use their discretion if they believe an article of clothing is not appropriate for an elementary school. Ultimately, the school administration has the responsibility to apply the dress guidelines when necessary. If any person dresses in an inappropriate manner, the student should be advised personally and discretely and given an opportunity to meet school district guidelines.

## **Elementary Summer Learning**

**ONLINE REGISTRATION (via Parent Portal) will be OPEN from April 19 to May 10, 2022.**

Visit the SD42 website at <http://www.sd42.ca/program/summer-learning/> for more information.

### **Option 1 – Elementary**

Elementary students (grades K-6) participating in the summer learning program will engage in academic activities across different areas of study. Program outcomes will be linked to Ministry of Education grade level learning standards. Classroom teachers may explore and reinforce learning outcomes in literacy, numeracy, and/or STEM (science, technology, engineering, and math), or ADST (applied design, skills, and technology).

**Regular attendance is required – please plan accordingly.** Families will receive a confirmation of enrolment by June 15.

**LOCATION** – Laity View Elementary 21023 - 123 Avenue Maple Ridge

### **SCHEDULE**

Tuesday, July 5 – Thursday, July 21, 2022

9 a.m. to 12:20 p.m., Monday to Friday (40 hours) \*15-minute recess

### **Option 2 – Grade 7 to 8 Transition Applied Design, Skills, and Technologies (ADST)**

Students wanting to register in the Grade 7 to 8 Transition ADST summer learning program must choose between the *Video Game Design/Coding* program or the *Woodwork/Metal Work* program. Students cannot register for both programs. The program outcomes will be linked to Grade 8 ADST learning standards.

**Regular attendance is required – please plan accordingly.** Families will receive a confirmation of enrolment by June 15.

**LOCATION** – Thomas Haney Secondary 23000 - 116 Avenue Maple Ridge

### **SCHEDULE**

Tuesday, July 5 - Thursday, July 21, 2022

9 a.m. to 12:20 p.m., Monday to Friday (40 hours) \*15-minute recess

### **REGISTRATION**

Families can register through the Parent Portal (<https://parents.sd42.ca>) between **noon, Tuesday, April 19** and **3 p.m. Tuesday, May 10**. Registrations received after the deadline or once capacity has been reached will be waitlisted (the waitlist registration period runs between May 16 and June 13). Please note that priority will be given to SD42 students, followed by the registration time stamp.

To enrol your child, go to [parents.sd42.ca](https://parents.sd42.ca) and click on the “Registration” tab. Select “Current Year 2021/2022” and choose your program. Families with a child who is not currently enrolled in SD42 should select the Begin Enrolment Request button (**green**), while families with a current SD42 student should select the Begin Transfer Request (**orange**) button.

## **Consultation on Proposed 2022 School Food Guidelines**

The Ministry of Health continues to seek feedback on the proposed 2022 School Food Guidelines. The Guidelines were last updated in 2013 and are being revised to align with the 2019 *Canada’s Food Guide*. The proposed Guidelines reflect current national and provincial nutrition recommendations and address implementation challenges with the 2013 version. Please visit [Education Sector Consultation on Proposed 2022 B.C. School Food Guidelines](#) to learn more and provide your feedback.



## PARENTING RESILIENT CHILDREN

Understand better what resiliency is and how we can foster it in our families. Please note, this workshop will take place via Zoom.

Date: **May 10 (Tues)**  
Time: **10am - 12pm**  
Cost: **\$15**

## MENTAL WELLNESS FOR PARENTS

Designed to meet specific needs of parents living with mental health challenges including anxiety and/or depression. No diagnosis needed to attend this program. Featuring mental wellness and parenting information, resources, and support. Programming for children 0-6 is available.

Date: **April 6- May 25 (Wed)**  
Time: **10-12**  
Cost: **FREE**



## CONFLICT RESOLUTION AND ANGER PROGRAMS

### HEALTHY RELATIONSHIPS

This course looks at the fundamentals of any adult relationship including the foundation, needs, wants, and communication skills.

Date: **May 7 & 14**  
Time: **9am-3pm**  
Cost: **\$90**  
\*price for two participants\*

### ANGER MONSTERS

An anger management course directed at children aged 8-12.

Date: **May 28- June 18 (Sat)**  
Time: **330-530pm**  
Cost: **\$90**  
\*price for 1 parent and 1 child

### MEN'S ANGER MANAGEMENT

Explores the complex nature of anger, recognizing triggers, alternative methods of expression, and how to defuse anger.

Date: **April 24- May 15 (Sun)**  
Time: **9am - 2pm**  
Cost: **\$90**

### KEEPING THE CHANGE

A 2hr workshop follow up to the Brave New your course.

Date: **July 16th (Sat)**  
Time: **10am-12pm**  
Cost: **\$30**

### BRAVE NEW YOU

Women learn about creating and keeping their boundaries, healthy communication, managing challenging conversations, expressing feelings and identifying personal needs.

Date: **May 7- June 4 (Sat)**  
Time: **9am - 2pm**  
Cost: **\$90**

### CARING DADS

Helping fathers working to repair their relationships with their families.

Date: **April 6- July 27**  
Time: **630pm-830pm**  
Cost: **FREE**





# CHILDREN'S PROGRAMMING

## SCHOOL'S COOL

We are offering an eight week kindergarten readiness program for children entering school September 2022. Priority will be given to children who have not attended preschool.

Date: **Apr. 1st- June 24 (Tues/Fri)**

Time: **1-4 pm**

Cost: **FREE**



## UNITED WAY - SCHOOL'S OUT PROGRAM

### Resiliency through Recreation

This program will focus on fun activities around the different elements of resiliency such as optimism, competency, emotional development and relationships. Students Kindergarten to Gr 7 are welcome and we have mentors on site to help with any additional needs.

Time: **2:20-4 pm**

Cost: **FREE**

### Pitt Meadows Elementary

Date: **April 12th - May 31st (Tues)**

### Golden Ears Elementary

Date: **April 13- June 1st (Wed)**

### Eric Langton Elementary

Date: **April 14th - June 2nd (Thurs)**



**United Way**  
Lower Mainland



National Child & Youth Mental Health Day

National Child & Youth Mental Health Day

CONNECT AND LEARN WITH US - Online Events for Parents & Caring Adults

### It's Never Too Late: Healing Parent-Child Relational Stress Using Emotion-Focused Family Therapy (EFFT)

With **Dr. Adele Lafrance**, clinical psychologist, author, scientist, and developer of emotion-focused treatment modalities, including Emotion-Focused Family Therapy

Time: 6:30pm - 7:30pm

MAY 2

### Building Connection With Our Kids When It Feels Impossible

With **Diane Evans**, FamilySmart Parent Peer Support Worker, BC Children's Hospitals Kelty Mental Health Resource Centre.

**Tammy Music**, Family Smart Parent Peer Support Worker, Surrey Memorial Hospital, Child & Adolescent Psychiatric Stabilization Unit (CAPSU) and Short Term Assessment Response Treatment (START) Fraser North.

Time: 12pm - 1pm

MAY 3

### The ABCs of Substance Use and Connecting With Our Kids

With **Cindy Andrew**, senior associate on the team leading The ABCs of Youth Substance Use, a BC government funded project focused on supporting schools

**Angela Lawrence**, educator and registered clinical counsellor

**Art Steinmann**, Senior Associate, Youth Substance Use Health Promotion, Burnaby Public Affairs.

Time: 6pm - 8pm

MAY 4

CONNECT AND LEARN WITH US - An Online Event for Parents & Caring Adults

### The ABCs of Substance Use and Connecting With Our Kids

MAY 4

Talking about substance use with our kids is important, but we don't always know how. Join us for a conversation with Senior Associates of Youth Substance Use Health Promotion, a Youth Addiction Counsellor, and Parents to talk about the basics of substance use; from pre-experimentation to casual using. We will focus on the importance of our relationships and staying connected to our kids.

*This event will not cover chronic use and addiction.*

Time: 6pm - 8pm

Register at: [familysmart.ca/events](https://familysmart.ca/events)

**Cindy Andrew** is a mother of two, a former teacher and long time health promoter. She is a senior associate on the team leading The ABCs of Youth Substance Use, a BC government funded project focused on supporting schools - and by extension, parents and caregivers, in addressing substance use with youth. A former program consultant with the Canadian Institute on Substance Use Research, Cindy also works with a Vancouver Island based school district in supporting their health promoting schools related efforts, which includes connecting with and support parents and caregivers.

**Angela Lawrence** is a parent of 2, a certified educator and a registered clinical counsellor. Angela works to support youth who present with substance use issues.

**Art Steinmann** brings over 40 years of experience in substance use policy, education, program development, advocacy and health promotion work. Art is a Senior Associate, Youth Substance Use Health Promotion, Burnaby Public Affairs Inc. From 2005 - 2021 Art was the co-founder, co-developer and Manager of Substance Use Health Promotion and SACY (Supporting and Connecting Youth) for the Vancouver School Board.

**Victoria Keddiss** is a FamilySmart Practice Manager & Facilitator. Victoria is a mom of two adult children and is grateful for the teachings of her children along the way.

REGISTER AT: [FAMILYSMART.CA/EVENTS](https://familysmart.ca/events)



[may7icare.ca](https://may7icare.ca)



[may7icare.ca](https://may7icare.ca)



## Let's talk about it: Substance Use On May 10th at 6:00 pm

One of the greatest challenges as a Parent, Caring Adult, Coach, or Grandparent, is talking about substance use with the youth and young adults in our lives.

Join us for a conversation May 10, 2022, which will include a lite meal, presentation from Guy Felicella, and a Panel discussion with local experts around creating safe spaces for conversations with the young people in your life.

Tickets available on Eventbrite : <https://letstalkaboutsubstanceuse.eventbrite.ca>

Location:

Thomas Haney Secondary  
23000 116 Ave, Maple Ridge  
Doors Open at 6:00PM

Event Partners



**Guy Felicella**

Guy is passionate about advocating for people who use substances and educating communities on harm reduction to eliminate the stigma around it.



**Hudson Campbell**

Event Facilitator & Youth Leader

