

# Whonnock Elementary

27471 112<sup>th</sup> Avenue, Maple Ridge, B.C. V2W 1P9

Principal: Megan Olynyk 604-462-7612

Website: [Whonnock Elementary School](https://www.whonnockelementaryschool.ca)

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## Message from the Principal:

Dear Whonnock families,

Happy New Year! I hope everyone feels refreshed and rested after the holiday season. As we kick off 2024, I want to express my gratitude for your continued support and involvement in our school community.

Last week, we had a welcome back assembly, where we kick-started our Jump Rope for Heart fundraiser. You can view our progress and support our school at this link: <https://jumpropeforheart.crowdchange.ca/44071>

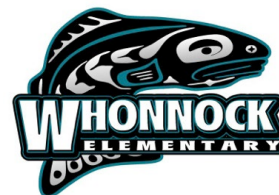
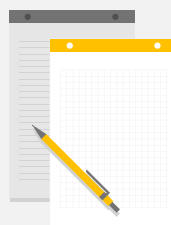
We are grateful for the opportunity to give back and to raise money for a worthy cause.

This month we have Kindergarten registration, and we begin to look ahead to grade 8 registrations in February. It is an exciting time as we establish familiar routines and begin to look ahead to next year.

At our January PAC meeting, I felt such a sense of community and dedication from our PAC members. We are so grateful to our PAC for their continued support of staff and students at Whonnock. It is wonderful to be part of such a vibrant and supportive community.

With gratitude,

Megan Olynyk



## Upcoming Events

January 8 - School Reopens

January 17 – Hot Lunch

January 24 - Non-Instructional Day

January 31 – Hot Lunch

February 7 – Hot Lunch

February 14



Valentine's Day – RED & PINK Day  
Jump Rope for Heart

February 19  
Family Day – No School

February 20 - Non-Instructional Day

February 28 – Hot Lunch



# Important School News



**INCLEMENT WEATHER:** February typically bring lots of rain and a few days of snow or ice. Please make sure your child has appropriate rain gear – Boots/Jacket/Hat/Mittens. As well as a **full change of clothes at school** in case of an emergency. We are outside for both recess and lunch!

If you wake up to snow on the ground please check the district website, <http://www.sd42.ca/inclement-weather-procedures>, the district Facebook and on local news stations by 6 A.M. If you are on a bus route, the “snow bus route” would have already been sent out; it is also available on the district website.



**GRADE 8 REGISTRATION** – Registration for students going into Gr. 8 for the 2024/2025 school year is open at noon on **Tuesday, February 13, 2024 and closes 11:59 pm Tuesday, February 27, 2024.**

Registration is on the ***Parent Portal***, please be sure you can log in to your account prior to this date, if you have any updated address information, we will need 2 documents at the office **before** registration takes place to have your student’s information updated.

**SCHOOL WEBSITE** – Please have a peek, we update this every week, PAC has a tab with their **new email** posted and the varying ways to connect with them, they can help keep you up to date with all the latest news also.

**LOST AND FOUND** – Reminder that it has been moved to the back set of doors by the gym, please have a peek and take what is yours before it heads to the thrift shop.

**KINDERGARTEN REGISTRATION** – Kindergarten registration is underway; the sibling and enviro registration phases are now completed. General registration opens on JANUARY 31st.

Phase	Registration Starts (12:00 noon)	Registration Ends (11:59 pm)
Sibling	Jan 9, 2024	Jan 13, 2024
Choice	Jan 17, 2024	Jan 22, 2024
General	Jan 31, 2024	Feb 6, 2024
Late	Feb 21, 2024	July 27, 2024
Open	Aug 21, 2024	open

We're ready for you!



# CONTINUINGed

MAPLE RIDGE & PITT MEADOWS

## REGISTRATION DATES FOR WINTER 2024

**Registration is open between Dec. 1, 2023, and Feb. 9, 2024**

Online at <https://ce.sd42.ca> or in-person by appointment.

**Drop-in registration** available between Jan. 19 and 26. Mon - Thurs: 2pm - 7pm | Fri: 9am - 2pm

**First day of classes:** Monday/Wednesday - January 29 · Tuesday/Thursday - January 30

### High School Graduation and Upgrading Courses

#### Monday / Wednesday

9:00 am - 12:00 pm

English Foundations 1 - 4

English Studies 12

Anatomy & Physiology 12

Life Science 11

6:30 pm - 9:30 pm

Pre-Calculus Math 11\*

Pre-Calculus Math 12\*

Anatomy & Physiology 12

Life Science 11

Composition 10 & Literary Studies 10 (English 10)

English Foundations 6 - 7

#### Tuesday / Thursday

9:00 am - 12:00 pm

Chemistry 11

Chemistry 12

English Foundations 4 - 7

6:30 pm - 9:30 pm

Chemistry 11

Chemistry 12

English Foundations 1 - 4

English Studies 12

Literary Studies 11

English Foundations 4 - 7

Workplace Math 11\*

Foundations of Math 11\*

\* There may be a book deposit of \$50/\$75 for most courses of credit. Please confirm with academic advisor.

Classes with insufficient enrollment may be cancelled.

For additional details about our course offerings, visit <https://ce.sd42.ca>. Email questions to [ce@sd42.ca](mailto:ce@sd42.ca).



Follow us on Facebook  
[@continuingeducationsd42](https://www.facebook.com/continuingeducationsd42)



Follow us on Instagram  
[@ContinuingEd42](https://www.instagram.com/ContinuingEd42)



Follow us on Twitter  
[@ContinuingEd42](https://twitter.com/ContinuingEd42)



**Register in person at Riverside Centre**  
20575 Thorne Avenue, Maple Ridge, BC  
(2 blocks south of Lougheed Hwy between 203rd & 207th)

T 604.466.6555 ext. 6 · F 604.463.5437

## Education Assistant Program at Ridge Meadows College

If you or someone you know may be interested in a career working with children and youth with diverse abilities, Ridge Meadows College (operated by SD42) still has seats available for the January cohort of its Education Assistant (EA) program. Courses take place Tuesday, Wednesday, and Thursday evenings and occasionally during the day on Saturdays. If you'd like to learn more about the program, you can visit the website at <https://rmcollege.sd42.ca/program/education-assistant/>. The demand for this job is high as the province faces a shortage of EAs and virtually all graduates of the program move on to work in school districts across B.C., including Maple Ridge – Pitt Meadows SD42.

## Charitable Donations

School District 42 is a registered charitable organization and provides the communities of Maple Ridge and Pitt Meadows with an opportunity to fund local school priorities. It is structured to support both district-wide and school-based fundraising efforts. Donations of \$25 or more received from individuals or organizations other than charitable organizations are eligible to receive an official donation receipt for income tax purposes.

As a registered charitable organization, the school district can accept donations towards specific programs and projects; the district cannot accept donations that are directed to specific individuals.

If you would like to make a donation, please complete and submit the following form: <https://www.sd42.ca/assets/media/Donation-Form-Fillable.pdf>

# WHO ARE SCOUTS?

Scouts are youth aged 11-14 who are learning to blaze their own trail, jumping into more leadership opportunities by planning adventures and giving back to their community in meaningful ways. Scouts can take their outdoor adventure skills to the next level with activities like mountain biking, rock climbing and lots of camping, and explore memorable opportunities like national or international jamborees. Through Scouts, youth discover their unique capabilities and personal progression as they discover the world through Scouting.

A Scout Section is called a “Troop” and youth within a Troop are organized into smaller teams called “Patrols”. As a Scout you are taking a stronger role in the types of adventures your Troop is undertaking and you’re learning more advanced skills. The motto for Scouts is: Be Prepared.

## WHAT DO SCOUTS DO?

We should ask, what don’t Scouts do? The Scouting Method of learning by doing continues as Scouts take on more challenging adventures. Scouts may be partaking in multi-day camping excursions, completing their axe and saw permit or learning more advanced first aid to help others in a time of need. In Scouts youth will paddle across lakes, build their own campfires and understand the importance of Leave-No-Trace.

Community service is another important part of being a Scout. Whether it's stepping up to assist during a time of crisis in the community or simply by helping an elderly neighbour, Scouts instills a sense of civic pride and responsibility.

## Join Scouts Canada on the adventure of a lifetime!

Scouts builds leaders, enabling youth to lead their own path toward outdoor adventure and fun. Through Youth-led programming, youth discover the best in themselves taking on new challenges and experience new things they wouldn't elsewhere. Along the way, they develop into well-rounded youth better prepared for success in the world.

**Spaces available January 2024 with 1st Albion Scout Troop**

**We meet Wednesday evenings in the Albion area:**

**<https://www.myscouts.ca/ca/join>**





# Circle of Security

The Circle of Security Parenting Program is an opportunity to explore the importance of parent/caregiver and child attachment, gather helpful tools to respond to your child's emotional needs and feel more confident about your parenting.

Date: Jan 30- Feb 23 (Tues/Fri)

Time: 12-2pm

Cost: Free



To register, please visit our website  
[familyed.bc.ca](http://familyed.bc.ca), call reception at 604-476-6055 or  
email [reg@familyed.ca](mailto:reg@familyed.ca)



# S R T HOCKEY ACADEMY

Offered in partnership by RPM Hockey Company,  
SRT Secondary & School District 42



CHARACTER • INTEGRITY • TRADITION

## ABOUT THE ACADEMY

This program is available for students in grades 8 to 12.

RPM & SRT Secondary (Maple Ridge) have developed a program & curriculum that provides students with the opportunity to balance their educational requirements while developing their hockey skills.

RPM provides personalized instruction that educates and develops students in both the physical and mental aspects required to excel in hockey. The school and RPM, in consultation with students and parents, help design a personalized teaching plan catered to meet each player's individual needs. Students are tested both on and off the ice monitoring their individual improvements.



## ACADEMY COST

The total price for the academy is \$1,920. Please note a \$192 deposit is required at the time of registering the actual cost of the Hockey Academy is \$1920 (-\$192 Deposit) As a convenience to parents RPM will accept a payment plan of \$192 per month Sept 1-May 1).

Once you have registered online at [www.rpmhockey.com](http://www.rpmhockey.com), you must also notify the school that you would like to participate in the program.

## ACCEPTING APPLICATIONS

- Academy -Ministry Approved
- Bantam & Midget Players (grade 8-12) Obtain Academic Credits
- On Ice Development
- Off-Ice Conditioning
- Tactical/Game Play
- Performance Testing
- Educational Special Events
- Work Experience
- Offered inside the normal school timetable
- Students can play minor hockey & school sports
- Professional/Certified Instruction

**REGISTRATION OPENS FEB 2, 2024 @ 8:30AM**  
**REGISTER AT [WWW.RPMHOCKEY.COM](http://WWW.RPMHOCKEY.COM)**

## CONTACT US

<b>Lesley McPherson</b> SRT Secondary	<a href="mailto:lesley_mcpherson@sd42.ca">lesley_mcpherson@sd42.ca</a>
<b>Craig Millin</b> Hockey Academy	<a href="mailto:craig@rpmhockey.com">craig@rpmhockey.com</a>
<b>Holly Rogers</b> Academy Administration	<a href="mailto:holly@rpmhockey.com">holly@rpmhockey.com</a>

**BUILDING GREAT KIDS IN THE CLASSROOM,  
ON ICE AND IN THEIR COMMUNITY!**

## NEW PARENT - ZOOM MEETING

February 1 2024 at 7:00 pm

Meeting ID: 847 9035 4730

Passcode: 335751

**SRT Secondary - Maple Ridge - Grades 8-12 - February 1, 2024 @ 7pm**

Topic: SRT New Parent Meeting

Join Zoom Meeting

<https://us06web.zoom.us/j/84790354730?pwd=durbDFmlbQXhtmZ9vM0S9aYgVa9zdL.1>

Meeting ID: 847 9035 4730

Passcode: 335751

[SRT Academy Brochure 2024](#)





# PITT MEADOWS HOCKEY ACADEMY

Offered in partnership by RPM Hockey Company,  
Pitt Meadows Secondary & School District 42



## NEW PARENT - ZOOM MEETING

January 30 2024 at 7:00 pm  
Meeting ID: 889 4559 0969  
Passcode: 902307

CHARACTER • INTEGRITY • TRADITION

## ABOUT THE ACADEMY

This program is available for students in grades 8 to 12.

RPM & Pitt Meadows Secondary have developed a program and curriculum that provides students with the opportunity to balance their educational requirements while developing their hockey skills.

RPM provides personalized instruction that educates and develops students in both the physical and mental aspects required to excel in hockey. The school and RPM, in consultation with students and parents, help design a personalized teaching plan catered to meet each player's individual needs. Students are tested both on and off the ice monitoring their individual improvements.



## HIGHLIGHTS:

Academy Format -Linear - September to June

A typical week for all of our Academy players includes:

### 2-hours on ice

- Mondays - Power Skating
- Wednesdays - Puck Skills, Individual & Team Tactical, Game Play

### 1-hour off ice

- Fridays - Sport-Specific Conditioning/Events/ Classroom

**Sport Specific Conditioning** utilizes a variety of training devices and techniques and may also include out trips.

Theory instruction provides players with skill breakdowns, progressions, individual and team tactics, practice planning, proper nutrition, strategies for high-level performance, motivation and goal setting.



## ACADEMY COST

The total price for the academy is \$1,920. Please note a \$192 deposit is required at the time of registering the actual cost of the Hockey Academy is \$1920 (-\$192 Deposit) As a convenience to parents RPM will accept a payment plan of \$192 month Sept 1-May 1).

Once you have registered online at [www.rpmhockey.com](http://www.rpmhockey.com), you must also notify the school that you would like to participate in the program.

## ACCEPTING APPLICATIONS

- Academy - Ministry Approved
- 1st year Bantam & Midget Players (grade 8-12) Obtain Academic Credits
- On Ice Development
- Off-Ice Conditioning
- Tactical/Game Play
- Performance Testing
- Educational Special Events
- Work Experience
- Offered inside the normal school timetable
- Students can play minor hockey & school sports
- Professional/Certified Instruction

REGISTRATION OPENS JAN 31, 2024 @ 8:30AM  
REGISTER AT [WWW.RPMHOCKEY.COM](http://WWW.RPMHOCKEY.COM)

## CONTACT US

Bryan Bailey  
Pitt Meadows Secondary  
Craig Millin  
Hockey Academy  
Holly Rogers  
Academy Administration

bryan\_bailey@sd42.ca  
craig@rpmhockey.com  
holly@rpmhockey.com

**BUILDING GREAT KIDS IN THE CLASSROOM,  
ON ICE AND IN THEIR COMMUNITY!**

PMSS Secondary - Pitt Meadows - Grades 8-12 - **January 30, 2024 @ 7pm**

Topic: Pitt Meadows New Parent Meeting

Join Zoom Meeting

<https://us06web.zoom.us/j/88945590969?pwd=ODfqRL75bDg5L2sgeiO7IC2XM5Fzah.1>

Meeting ID: 889 4559 0969

Passcode: 902307

[Pitt Meadows Brochure 2024](#)

## First Aid Pro

Stay Safe for  
Youth

Babysitter Training

&

### Stay Safe for Youth (Ages 9-13)

**Location:** Maple Ridge  
Elementary

**Date:** Wednesday,  
January 24th, 2024

**Time:** 9:30am - 1:30pm

**Cost:** \$62.99

### Red Cross Babysitting (Ages 11-13)

**Location:** Maple Ridge  
Elementary

**Date:** Tuesday, February  
20th, 2024

**Time:** 9:30am - 4:30pm

**Cost:** \$73.49

register at: [SD42 Perfectmind.com](https://SD42.Perfectmind.com)

For more information:  
Hannah Macdonald, 604.837.2384  
or [hannah\\_macdonald@sd42.ca](mailto:hannah_macdonald@sd42.ca).







## Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting February 2024 on Monday, Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



[gv.ymca.ca/generation-health](https://gv.ymca.ca/generation-health)  
[generationhealth@bc.ymca.ca](mailto:generationhealth@bc.ymca.ca)



University  
of Victoria



# ANGER MONSTER

## CHILD'S PROGRAM

This children's program is designed to teach children what anger is. This program is designed to allow participants to be able to identify their triggers and learn tools to help control their anger.

## ADULT'S PROGRAM

The parents program features skills from Neufeld Institute, including various anger cycles and goals of behavior. Participants will also learn how to help support their child's efforts to tame their anger, along with different calming techniques.

**AGE: 8-12YRS OLD**  
**DATE: FEB 3 - MAR 9**  
**(SATURDAYS)**  
**TIME: 3:30-5:30PM**  
**PRICE: \$90**

(BASED ON A REGISTRATION FOR ONE ADULT AND ONE CHILD)



### FOR MORE INFORMATION, PLEASE CONTACT

The Family Education & Support Centre  
22554 Lougheed Hwy, Maple Ridge  
(604) 467 - 6055 or [reg@familyed.ca](mailto:reg@familyed.ca)



# Healthy Relationships

Do you want to learn the basic fundamentals of any adult relationship including learning about needs, wants, and new communication skills? If so, the healthy relationships course is for you!

Feb 4 & 11  
9am-3pm  
\$90



FOR MORE INFORMATION PLEASE CONTACT  
THE FAMILY EDUCATION & SUPPORT CENTRE  
22554 LOUGHEED HWY, MAPLE RIDGE  
(604) 467 - 6055  
REG@FAMILYED.CA





# FINDING SELF CARE CHALLENGING?

NEED HELP MAKING CHANGES?

Join us for a free 8-week program:  
Mental Wellness for Parents



***Date: Jan 31st- March 20th 2024 (Wednesdays)***

***Time: 1130am-130pm***

***Cost: Free***

***Childminding available for children under 6 years.***

**For more information or to register, please contact  
Sheena at 604-467-6055 or [s.sharp@familyed.ca](mailto:s.sharp@familyed.ca)**

**The Family Education and Support Centre  
22554 Lougheed Hwy Maple Ridge**

