



Whonnock Elementary

27471 112th Avenue, Maple Ridge, B.C. V2W 1P9

Principal: Wes Reamsbottom 604 462 7612

Website: <https://elementary.sd42.ca/whonnock/>

Message from the Principal:

Welcome back to an exciting year at Whonnock! I am very thrilled to be part of the Whonnock team and already enjoying getting to know students, staff and the parent community. I want to thank the staff, students and PAC for such a gracious welcome. Also, thank you to the staff for a great start up which will set us up for a great year at Whonnock! I had the opportunity to look into every class and I am excited to see how quickly students are settling into their rooms with their peers! I am very thankful that we are able to have a fairly normal year this year with sports, music and extra-curricular activities and I hope this year affords our students an opportunity to learn and grow academically, creatively, socially and athletically. As always, if you have any questions or concerns, or if you'd just like to say hello, please come in and see us. I am usually outside before school, at recess, lunch and after school if you need anything!

Here's looking forward to a great year!

Wes Reamsbottom

Upcoming Events:

September 30

National Day for Truth and Reconciliation

October 3

Non-Instructional Day – NO SCHOOL

October 10

Thanksgiving – NO SCHOOL

October 13

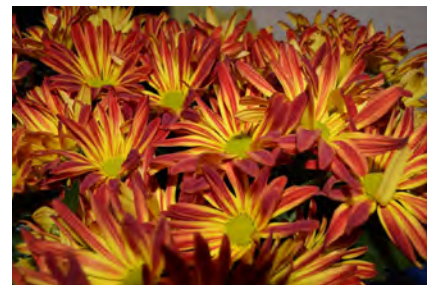
Picture Day

October 20

BOOHOOVILLE

October 21

Non-Instructional Day – NO SCHOOL



NOTE: READ newsletter carefully and keep as a reference as there are numerous important school information items. Many of these items will not be repeated in future newsletters.

PARENT PORTAL

C.A.R.E

District consent forms have been sent out through the portal.

Please complete them ASAP. Remember to click on each individual form to complete and sign, this indicates to the district that you have read the forms. Please let us know if you have any issues getting into the portal to complete.

IMPORTANT SCHOOL NEWS

ORANGE SHIRT DAY: Orange Shirt Day is an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come. Whonnock Elementary will be recognizing this event by wearing the color orange all this week.



OUTSIDE PLAY: We have 'West Coast' recess and lunches, please send your child with boots, hats, gloves, or whatever they need to get through outside time warm and dry.

Please ensure your child has a pair of dry indoor shoes and an extra change of clothes –just in case your child falls and gets wet. **PLEASE REMEMBER TO LABEL JACKETS & BOOTS.**

DAILY SUPPLIES: Students are reminded to bring their water bottles, and utensils each day. There are no available cups or utensils for them at the office.

PARKING – Reminder to all parents/guardians that we have a kiss and go policy when dropping off students in the morning and picking up at the end of the day. There is **NO** stopping or parking in the round-about and **NO** parking in the staff parking lot or at the fire hall. This creates too much congestion in the mornings and afternoons. Please be considerate of other families and staff coming and going at these times of days.

STUDENT VERIFICATION FORMS: YELLOW student verification forms were sent home with all students Friday/Monday. These forms are important for keeping student information and emergency contacts up to date. Please update, sign and return to school as soon as possible.

STUDENT ABSENCES: Thank you for remembering to phone in or mark your child's absence on the parent portal when your child is going to be late or absent.

At Whonnock we CARE

At Whonnock, we CARE about ourselves, each other and our school. We use our **Common Sense**, have a positive **Attitude**, **Respect** ourselves, others and the environment, and put forth our best **Effort**. We would like to thank the following students for demonstrating our Code of Conduct for the Month of September 2022

Dalton	Anna
Stella	Gunnar
River	Hailey
Rylee	Alice
Cole	Lily
Griffin	Mahana
Arianna	Senna
Kallan	Keira
Trevor	Mira
Miyana	



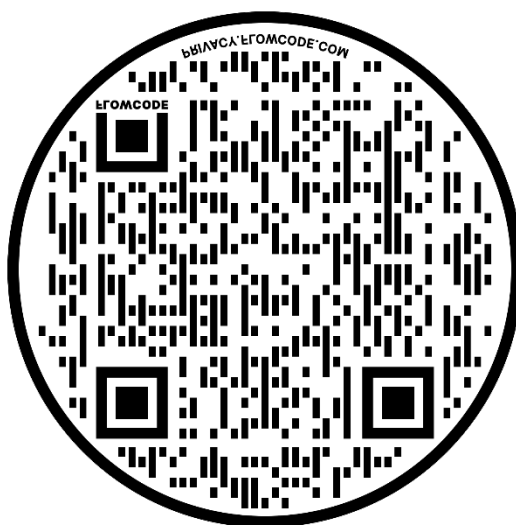
LIBRARY NEWS: Intermediate Bookfest is coming soon!

Mrs. Emond will be talking to intermediate students in the coming weeks about Bookfest. If your child is interested, they will bring home a permission form at the end of the month. Bookfest will run from November 2nd-December 7th on Wednesday's at lunch in the library.

Mrs. Emond will be running a Primary Bookfest in the spring.



- Reminder first PAC Hot Lunch Oct 6th - Me & Ed's, orders need to be in on our new Munch A Lunch online program by **Oct 1st**
- We have a QR code (below in the circle) for our sign up for Volunteers for BooHooVille
<https://www.signupgenius.com/go/5080A45ADAA2CA3FF2-booohooville>
- Save the Date: Whonnock Handmade Winter Market: Sunday November 13th: 10am - 3pm





WHONNOCK ELEMENTARY
BOOHOOVILLE
CARNIVAL

OCTOBER 20, 2022 5:30-8:30PM

CARNIVAL GAMES - SWEET SHOP - COSTUME
CONTEST - SILENT AUCTION - BASKET RAFFLE -
50/50 DRAW - CAKE WALK - PHOTO BOOTH

AN EVENING OF FUN FOR THE WHOLE FAMILY!

VOLUNTEERS NEEDED FOR OUR BIGGEST
FUNDRAISER!

CONTACT WHONNOCKPAC@ICLOUD.COM OR
WATCH THE PARENT PORTAL FOR MORE INFO
ON HOW YOU CAN HELP!

ANGER MONSTER



CHILD'S PROGRAM

This children's program is designed to teach children 8-12 yrs old what anger is. This program is designed to allow participants to be able to identify their triggers and learn tools to help control their anger.

ADULT'S PROGRAM

The parents program features skills from Neufeld Institute, including various anger cycles and goals of behavior. Participants will also learn how to help support their child's efforts to tame their anger, along with different calming techniques.

OCT 15- NOV 5 (SATURDAYS)

330-530PM

PRICE: \$90

(based on a registration for one adult and one child)



FOR MORE INFORMATION, PLEASE CONTACT

The Family Education & Support Centre

22554 Lougheed Hwy, Maple Ridge

(604) 467 - 6055 or reg@familyed.ca





BE A GIANT.



As the focus begins to shift towards the start of the school year and hockey season, the Vancouver Giants remain fully committed to community outreach. In a post Covid-19 world, we feel that it's more important than ever before to prioritize interactions with younger people and future leaders, and that is why we are happy to invite your school to join the "Be A Giant" program.

If you are not yet familiar with "Be A Giant", it is an interactive classroom outreach program that takes a holistic approach to health encompassing physical, mental, emotional, and social avenues. The objective is to give students the tools to live a healthy and active life by encouraging them to-

BE A GIANT.

AT SCHOOL ☒

IN THE COMMUNITY ☒

AT HOME ☒

FOR YOUR HEALTH ☒

The program is aimed at primary and intermediate grades to encourage the students in their studies and growth as they begin their intermediate school, or high school years. Giants' players, who are students themselves, speak about the importance of education, social responsibility, and well rounded healthy living, while also presenting a challenge to the students based on the Four Pillars above.

HOW IT WORKS: For a two-week period, students will participate in the "Be A Giant" program by completing a daily log book outlining the ways that they were a Giant using the Four Pillars, and will have it initialed by a parent or guardian. At the teachers discretion, the classroom will keep a running progress tally and upon completion, students can provide the teacher a summary of what they have learned.

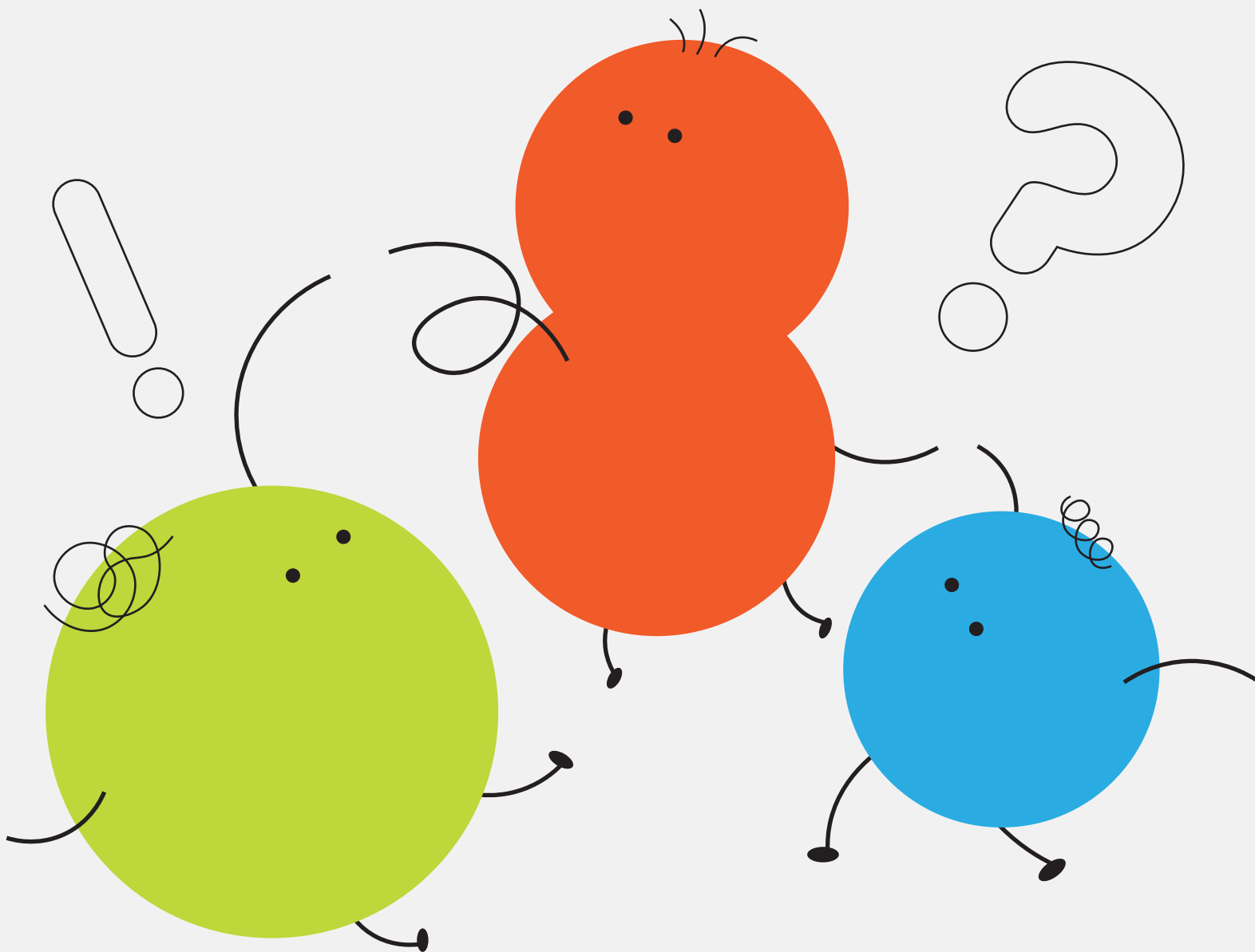
Classrooms that successfully complete the "Be A Giant" initiative will qualify to receive complimentary tickets to an upcoming Vancouver Giants home game. Tickets will also be made available to parents and other family members who wish to accompany the class to the game at a discounted rate.

We are looking forward to bringing the "Be A Giant" program back to the classroom by visiting each school with Vancouver Giants players to meet the students, distribute the necessary materials, and launch the program. A Giants representative will complete a second visit upon completion of the program to answer any questions and applaud the students on their successful completion of the program. At this time, they will also distribute order forms for tickets.

To partner with us, please pass on this information to teachers you think may be interested. They can apply for the 2022-23 program simply by filling out the form at www.VancouverGiants.com/BeAGiant. Schools will be accepted on a "first come – first served" basis until we reach our capacity. Visits will take place between September and February.

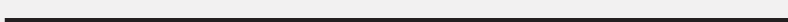
Wishing you all the best in health and safety.

The Vancouver Giants



Education Programs

2022



2023

Half-Day Programs

Grades K-1

Explore Egypt

Learn about Ancient Egypt by role-playing archaeologists. Excavate and examine Egyptian artifacts and build a pyramid!

Grades K-2

Lost Toys

Little Victoria lived in Vancouver a long time ago. Hear the story of her lost doll through five generations of her family.

Play with toys from each generation and see the evolution of toys overtime. Students are invited to consider technologies, culture, and environmental impact. Role-play archaeologists and discover toys like Victoria's.

Grades 2-4

Cedar & Sealskin

Examine traditional belongings that tell us how Indigenous peoples met the basic needs of food, clothing, and shelter.

Excavate belongings from Pacific Northwest Coast cultures. Be a player in a life-sized board game while learning about the seasonal cycle of traditional Inuit life.

Grades 4-6

Stories of Resilience & The Road to Reconciliation

New Updates

Explore *cəsnaʔəm: the city before the city* through a scavenger hunt activity based on the Big Six Historical Thinking Concepts. Learn about the impact of colonization on the Musqueam community and their resiliency toward assimilative policies.

Through Object-Based Learning, examine the impact of colonial policies on First Nations history, language, and culture and learn about our shared responsibility in the reconciliation process.

A learning resource for our community, the Museum of Vancouver offers a range of enriching educational experiences connected to the provincial curriculum. Students of all needs and ages have a chance to engage through hands-on programming and inquiry-based learning.

Learn
more

Online School Programs

MOV offers exclusive online school programs to augment your learning experience following your in-person field trip. Online school programs and tours are delivered through MS Teams or Zoom. Please refer to our Online School Programs Brochure or our website for more information and technical pre-requisites.

Also
available
in French

Grades 5-6

Immigration Nation

Learn about past and present immigration policies while discovering the history of Vancouver through the decades: 1900 – 1970s. Modelled after the points-based-system, explore the history galleries through a scavenger hunt activity and examine real suitcases from 4 immigrants' personal journeys. This program focuses on who immigrates and why, the quality of life for new immigrants, and immigrants' contributions to Vancouver.

Grades 6

Global Citizen

Be buyers for the Museum's gift shop, "The Global Village." Consider cultural awareness, fair labour practices, and sustainability in the ever-growing production and consumption of goods and services. Visit the global marketplace and purchase objects that may or may not have been created in a responsible and sustainable way. Explore the *Vancouver History Galleries* to uncover moments when Vancouverites either demonstrated good global citizenship or ignored their responsibilities.

Want to learn more about Immigration?

Book our exclusive online school program *A Seat at the Table*. Discover Chinese immigrants' stories from MOV's *A Seat at the Table* exhibition. Reflect on the diversity of their experience in BC, the challenges they faced, their resilience, and their pursuit of justice.

Duration: 45–60 mins
Cost: \$120 / class

Optional Education Kit: Includes objects inspired by the exhibition to use in class after the online program. \$40 / week.

Grades 6-7

Ancient World

New Updates

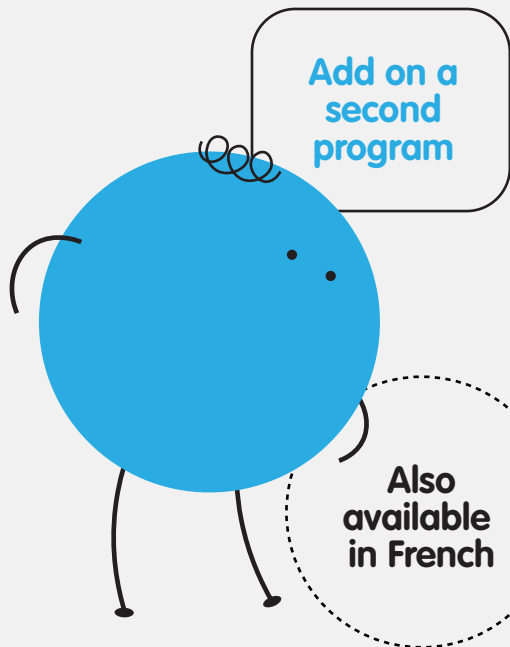
Uncover the science of archaeology by investigating artifacts from the ancient cultures of Mesopotamia, Egypt, Indus Valley, China, Greece, and Rome. Work in teams to do a simulated field dig, then analyze artifacts to formulate and test the hypothesis. Learn about several prominent Northwest Coast archaeological sites. Using traditional First Nations belongings, examine the role and limitations of archeology in studying First Nations culture and ways of knowing.

Want to learn more about Ancient Egypt?

Book our exclusive online school program* *Mummification in Ancient Egypt!* Learn more about the process and the significance of mummification in Ancient Egypt. Use your critical thinking skills to gain a deeper understanding of contemporary issues surrounding museum collections and practices.

Duration: 45–60 mins
Cost: \$120 / class

Make a day of it!



Add-on Programs

Self-Guided Museum Visit

All Grades

Explore our Vancouver History Galleries and featured exhibitions at your own pace. Complimentary online quizzes and activities are available to enhance your self-guided visit.

Monumental Scavenger Hunt

All Grades

Discover Vanier Park's outdoor monuments and art installations using our easy-to-follow activity guide (digital or physical). This activity is complimentary when booked in conjunction with another program.

Seasonal Programs

Full Day Program

Monday to Friday
January 30 – February 24, 2023

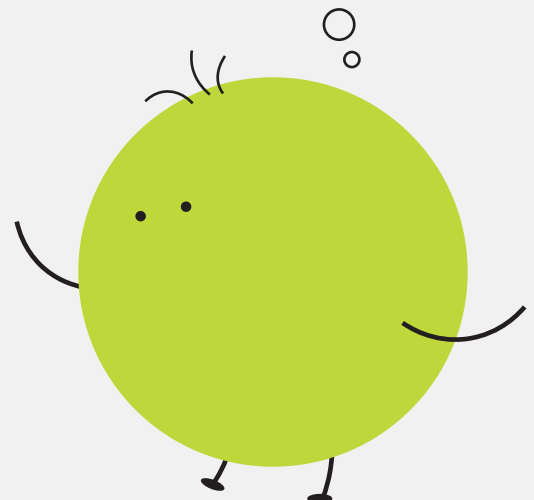
Animating History

Grades 5+

Work with professional animators to storyboard a plot, create and animate characters, and add dialogue and sound effects. Students complete a one to two-minute animated story by the end of the day. Stories include Vancouver Fire, 1907 Anti-Asian Riots, and Japanese-Canadian Internment. Presented in partnership by Reel 2 Real with the Museum of Vancouver.

Cost: \$450 per class
(Not available in French)

Visit our
website to
learn more



Programs at a Glance

Half Day Programs

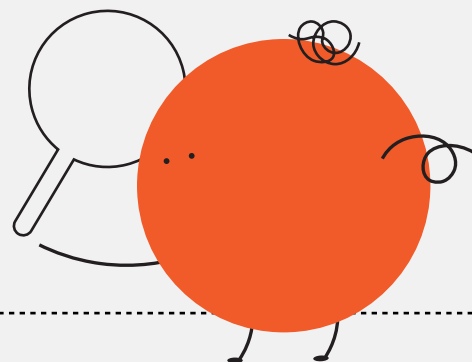
Half Day Programs	Grades Recommended	Cost/Class	Duration
Explore Egypt	K – 1	\$225	1hr 15mins
Lost Toys	K – 2	\$225	1hr 15mins
Cedar & Sealskin	2 – 4	\$225	1hr 30mins
Resilience & Reconciliation	4 – 6	\$225	1hr 30mins
Immigration Nation	5 – 6	\$225	1hr 30mins
Global Citizens	6	\$225	1hr 30mins
Ancient Worlds	6 – 7	\$225	1hr 30mins

Make a day of it! (add on programs)

Add-on Programs	Grades Recommended	Cost/Class	Duration
Self-Guided Museum Visit	All Grades	\$80	1hr – 2hrs
Monumental Scavenger Hunt	All Grades	Complimentary	1hr – 2hrs

Full Day Programs (Jan 30 – Feb 24, 2023)

Full-Day Programs	Grades Recommended	Cost/Class	Program Time
Animating History	5+	\$450	9:30 am to 2:00 pm



Note

All half-day and add-on programs are offered twice daily from Mon-Fri (morning sessions begin at 10:00am and afternoon at 12:00pm).

Space is available in the Museum's Lower Lobby for students to eat lunch.

Payment

Payment is due on the day of the visit and can be made with cheque or credit card at the Museum's front desk. If paying by cheque, no refund will be processed under \$30. Refunds, when applicable, will be processed by cheque and mailed to the school.

Please Note: There is a minimum payment policy of 10 participants.

No-shows and cancellations made within one (1) week of your program date will result in a \$50 cancellation fee.

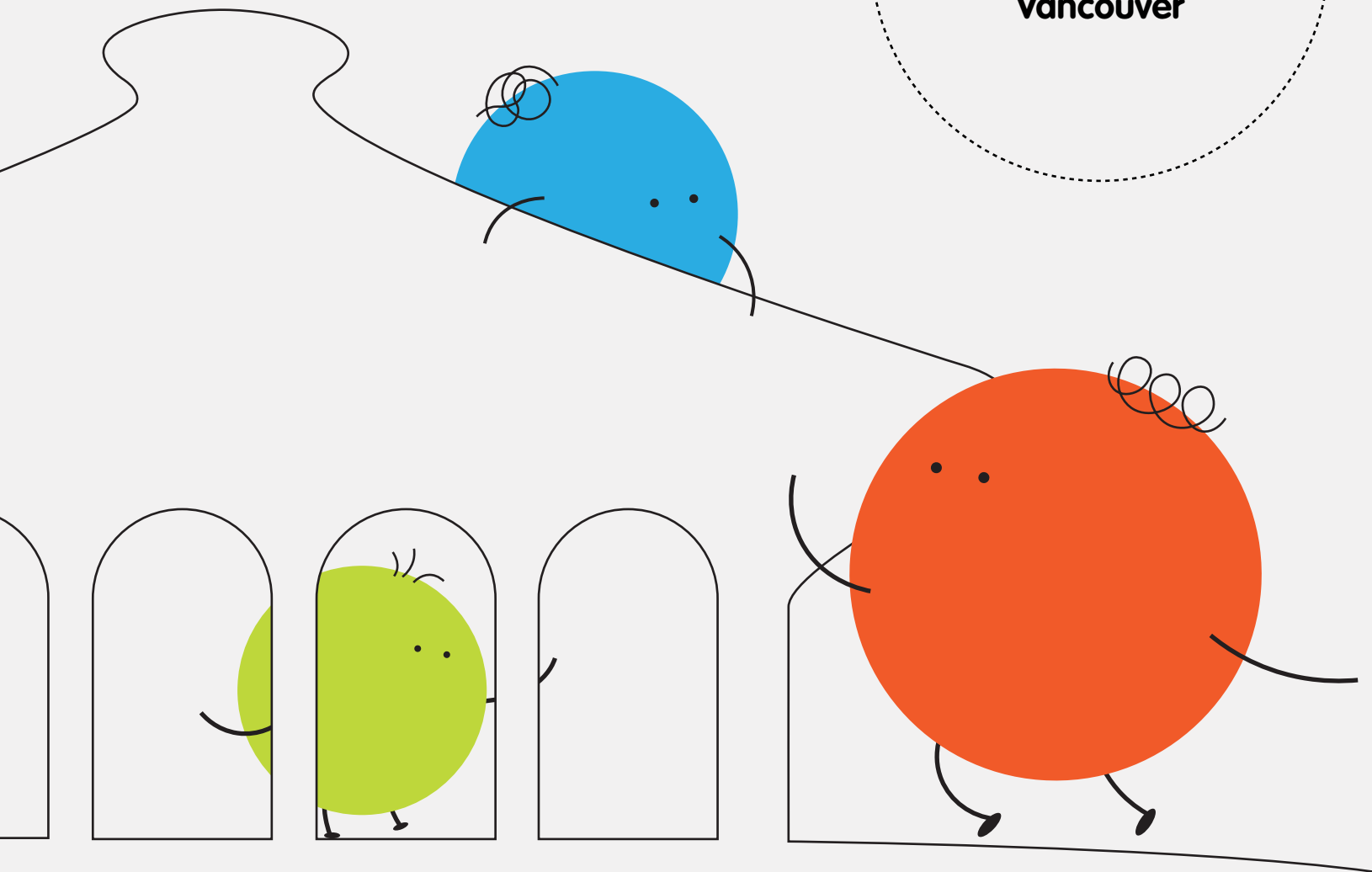
Registration

T: 604.730.5307
register@museumofvancouver.ca
 Make a booking online at:
www.museumofvancouver.ca

The Museum of Vancouver is located on the unceded territories of xwməθkwəyəm (Musqueam), Skwxwú7mesh (Squamish), and səliłwətał (Tsleil-Waututh) Nations.

Stay Connected

**Vanier Park
1100 Chestnut Street
Vancouver**



@museumofvan



@museumofvan



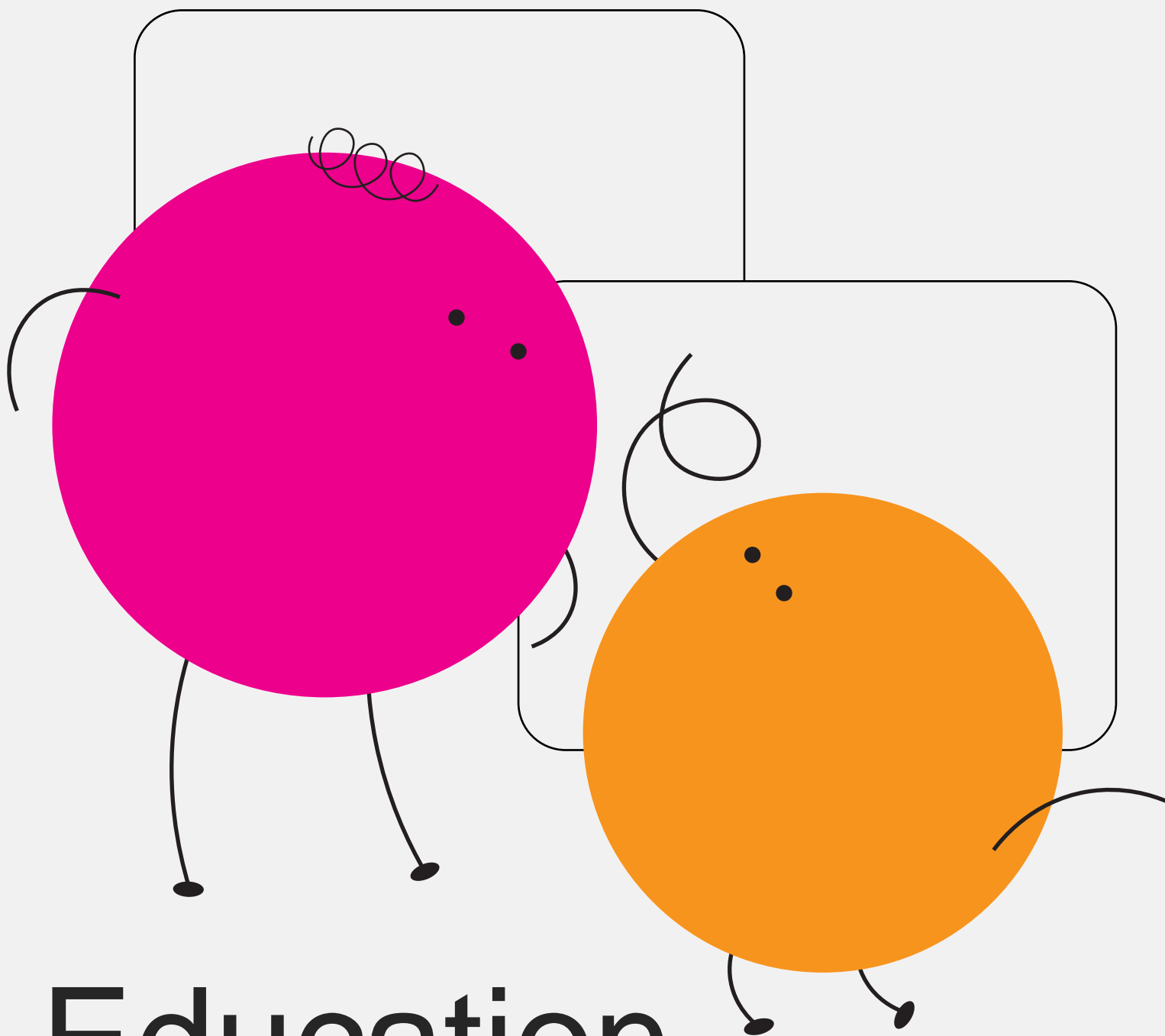
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Education Programs

2022



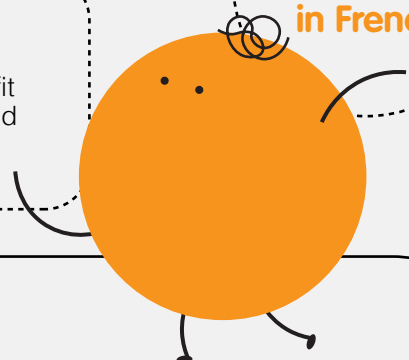
2023

Online School Programs

Participate in a highly engaging virtual learning experience with our most popular curriculum-based programs adapted for online delivery. Online programs include educational and interactive demonstrations with guided conversations, designed to spark curiosity and encourage critical thinking!

A learning resource for our community, the Museum of Vancouver offers a range of enriching virtual experiences connected to the provincial curriculum. Students of all ages and places have the benefit of connecting virtually to engage through interactive programming and inquiry-based learning.

Also
available
in French



Online Programs “à la carte”

Our online programs are divided into distinctive sub-topics, giving teachers the flexibility depending on personal preference and curricular schedule. Teachers can book either one or all the programs on the same day or divided over the semester.

Augment your Online School Program with an Education Kit!

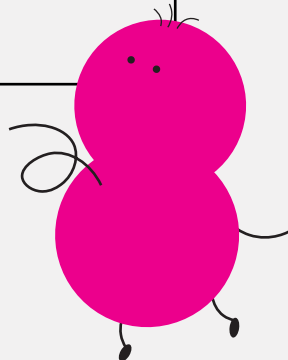
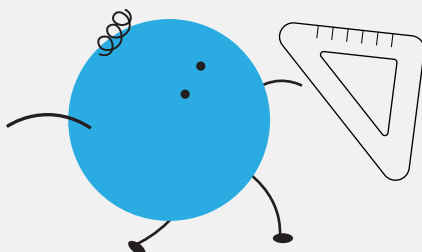
Bring the Museum of Vancouver to your school with Education Kits designed to augment your online field trip, making it a “hands-on” interactive learning experience. Education Kits are available for pick up at the MOV and are sanitized and safely quarantined for a minimum of 72 hours between rentals.

Grades 1-4

Cedar and Sealskin

Sub-topic 1 **Inuit Culture**

Learn more about the seasonal cycle of traditional Inuit life through an interactive inquiry-based activity that focuses on Inuit belongings.



Sub-topic 2

First Nations of the Northwest Coast Culture

Gain a deeper understanding of First Nations traditional culture through Object-Based Learning. Examine belongings from the Pacific Northwest Coast and learn how the First Nations met the basic needs of food, clothing, and shelter.

Optional Education Kit: First Nations of the Northwest Coast Culture

Optional Education Kit: *First Nations of the Northwest Coast Culture*

Includes: Traditional First Nations belongings and printed materials/resources to support learning.

Grades 4-6

Resilience and Reconciliation

Sub-topic 1

Stories of Resilience

Learn about the impact of colonization on the Musqueam community, how they resisted assimilative policies, and the Museum's role in the reconciliation process by virtually exploring our exhibition: *cəsnaʔəm: the city before the city*.

Sub-topic 2

The Road to Reconciliation

Learn about our shared responsibility in the reconciliation process. Through Object-Based Learning, use your critical thinking skills and gain a deeper understanding of traditional and contemporary First Nations culture.

Optional Education Kit: *The Road to Reconciliation* Education Kit

Includes: First Nations belongings to use during the corresponding sub-topic. It also includes access to a video tour of MOV's Haida Now exhibition by co-curator, Kwiaahwah Jones.

Grades 5-6

Immigration Nation

Sub-topic 1

Migration Journeys

Play an immigration game through Vancouver's History Galleries. Explore the galleries and examine real suitcases from immigrants while collecting points and money towards immigrating. This program focuses on who immigrates and why, the quality of life for new immigrants, and immigrants' contributions to Vancouver from the 1900s to the 1950s.

Sub-topic 2

A Seat at the Table

Discover Chinese immigrants' stories from MOV's *A Seat at the Table* exhibition. Reflect on the diversity of their experience in British Columbia, the challenges they faced, their resilience, and their pursuit of justice.

Optional Education Kit: *The A Seat at the Table* Education Kit

Includes: Artifacts, photos, historical documents, and videos inspired by *A Seat at the Table: Chinese Immigration and BC*. Be creative and use the belongings 're-create' a mini exhibition in the classroom, while learning about Chinese immigration history, food, and culture.

Grades 6-7

Ancient Worlds

Sub-topic 1

Reframing Archaeology: Sites of the Northwest Coast

Learn about several prominent Northwest Coast archaeological sites. Through traditional First Nations belongings and ways of knowing, gain a deeper understanding of the role and limitations of archeology.

Sub-topic 3

Dig into the Past!

Uncover the science of archaeology by investigating artifacts from the ancient cultures of Mesopotamia, Egypt, Indus Valley, China, Greece, and Rome. Work in teams to research and analyze artifacts from the Museum's Teaching Collection, then formulate and test the hypothesis.

Optional Education Kit: *The Dig into the Past!* Education Kit

Includes: Replica artifacts for each civilization and printed materials/resources to support learning.

Sub-topic 2

Mummification in Ancient Egypt

Learn more about the process and the significance of mummification in Ancient Egypt. Use your critical thinking skills to gain a deeper understanding of contemporary issues surrounding ethics, collecting, and repatriation in museums.

Online Guided Tours

Online Tours

Also
available
in French

Live-Stream In-gallery Tour

Enjoy an immersive experience of our galleries from the convenience of your classrooms! Engage in a live-stream tour with an educator, walking through the heart of our galleries with opportunities to ask questions, interact, and zoom in on the displays.

Tours available *Vancouver History Galleries, ɕəsnaʔəm: the city before the city, A Seat at the Table, Boarder X, and That Which Sustains Us. Suitable for all grade levels.*

Online Tours

360° Virtual Galleries Tour

Engage in a virtual experience of our galleries from the convenience of your device! An educator screen-shares and leads the class through our 360° virtual galleries, pausing along the way with inquiry-based questions to stimulate creative thinking and critical discussions.

Tours available *Vancouver History Galleries, ɕəsnaʔəm: the city before the city, Haida Now, A Seat at the Table, Boarder X, and That Which Sustains Us. Suitable for all grade levels.*

Checklist

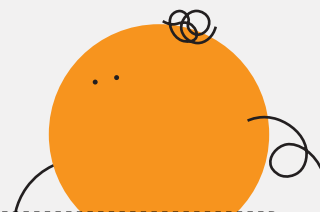
Technical Pre-requisites

Online School Programs and 360° Virtual Galleries Tours are delivered through MS Teams or Zoom at your convenience. Live Stream In-gallery Tours are delivered through Zoom.

Before booking your online school programs, please check you have all the technical prerequisites required.

	MS Teams/ Zoom Account	Computer/Laptop with camera, mic, speakers	Large Screen for Projection	High-speed Internet connection	4-6 devices* (laptops/ computers/tablets)
Cedar and Sealskin	✓	✓	✓	✓	
Immigration Nation	✓	✓	✓	✓	✓
Ancient Worlds	✓	✓	✓	✓	✓
Resilience and Reconciliation	✓	✓	✓	✓	✓

Programs at a Glance



We have highlighted which programs are best suited for each age group; however, participation in a program is not limited to a particular grade level. To ensure a fully interactive and participatory experience, we suggest **one class per session**. These programs and tours are subject to change over the course of the school year. Please check our website under the "Learn" section for the latest updates: www.museumofvancouver.ca

Online School Programs

Online School Programs	Sub-Topics	Grades Recommended	Education Kit \$40 per week	Cost/Class	Duration
Cedar and Sealskin	Inuit Culture	2-4	✓	\$120	45 - 60 mins
	First Nation Culture	2-4	N/A	\$120	45 - 60 mins
Resilience & Reconciliation	Stories of Resilience	4-6	N/A	\$120	45 - 60 mins
	The Road to Reconciliation	4-6	✓	\$120	45 - 60 mins
Immigration Nation	Migration Journeys	5-6	N/A	\$120	45 - 60 mins
	A Seat at the Table	5-6	✓	\$120	45 - 60 mins
Ancient Worlds	Reframing Archaeology	6-7	N/A	\$120	45 - 60 mins
	Mummification	6-7	N/A	\$120	45 - 60 mins
	Dig into the Past!	6-7	✓	\$120	45 - 60 mins

Online Guided Tours

Online Guided Tours	Grades Recommended	Cost/Class	Duration
Live Stream In Gallery Tour	All Grades	\$100	30 mins
360° Virtual Galleries Tour	All Grades	\$65	30 mins

Payment

We accept credit card and (mailed) cheques.
Payment is due 24 hours prior to your visit or your program and/or tour.

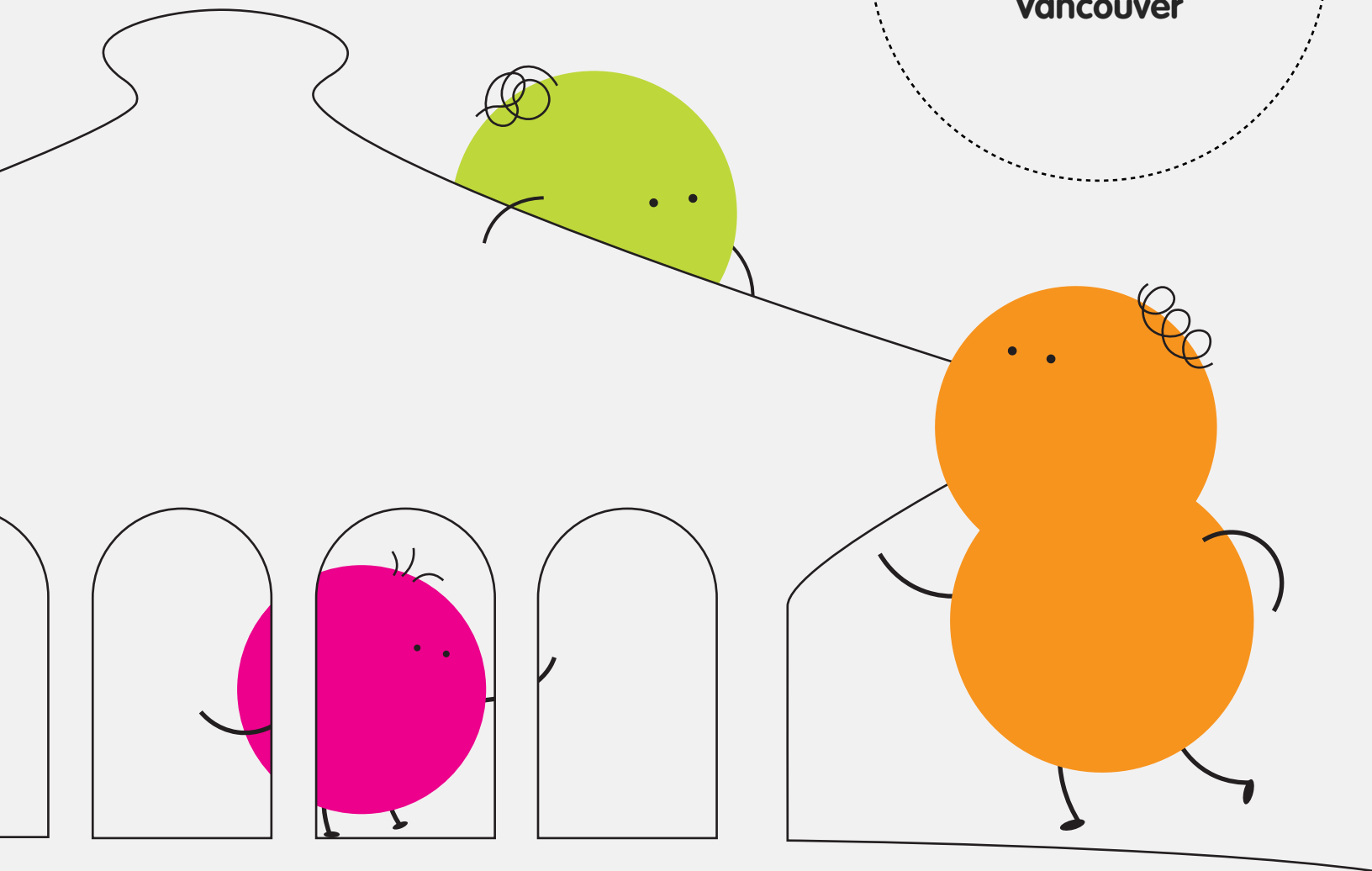
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Stay Connected

Vanier Park
1100 Chestnut Street
Vancouver



@museumofvan



@museumofvan



@museumofvancouver



@museumofvan

Follow us on social media

MOV
museum of vancouver

THE FAMILY EDUCATION & SUPPORT CENTRE

Since 1971

FACILITATING GROWTH AND DEVELOPMENT

The Family Education & Support Centre is happy to share with you the Spring/Summer brochure where you will find program descriptions, dates, and times. As an agency, we strive to provide quality information, education, resources, and support through public and private collaborative partnerships.



COVID-19 UPDATE

Please note that all dates and locations shown throughout this brochure are subject to change, depending on the current circumstances regarding Covid-19. The Family Education & Support Centre is taking strict precautions and following up-to-date BC Health and WorkSafe BC guidelines.

Contact us at (604) 467 - 6055 or reg@familyed.ca

PARENTING THROUGH THE AGES AND STAGES

CONNECT PARENT GROUP

Supporting parents and caregivers with concerns about their pre-teen and teens behavior and emotional health.

Date: **Oct 4th- Dec 6th(Tues)**

Time: **6-7:30pm**

Cost: **FREE**

STEP - E

Developmentally appropriate parenting skills for children aged 0-6. Programming for children 0-6 is available.

Date **Sept 20th- Oct 14th**
(Tues/Fri)

Time: **1-3pm**

Cost: **FREE**

SELF CARE: MENTAL WELLNESS FOR PARENTS

Designed to meet specific needs of parents living with mental health challenges including anxiety and/or depression. No diagnosis needed to attend this program. Featuring mental wellness and parenting information, resources, and support. Programming for children 0-6 is available.

Date: **Oct 5th - Nov 23rd (Wed)**

Time: **10-12pm**

Cost: **FREE**



CONFLICT RESOLUTION AND ANGER PROGRAMS

MEN'S ANGER MANAGEMENT

Explores the complex nature of anger, recognizing triggers, alternative methods of expression, and how to defuse anger.

Date: **Sept 25th- Oct 16th(Sun)**

***No class Oct. 10th**

Time: **9am - 2pm**

Cost: **\$90**

BRAVE NEW YOU

Women learn about creating and keeping their boundaries, healthy communication, managing challenging conversations, expressing feelings and identifying personal needs.

Date: **Nov 12th- Dec 3rd(Sat)**

Time: **9am - 2pm**

Cost: **\$90**

HEALTHY RELATIONSHIPS

This course looks at the fundamentals of any adult relationship including the foundation, needs, wants, and communication skills.

Date: **Oct 22nd (Sat) 9am-3pm**

Oct 29th (Sat) 9am-3pm

Cost: **\$90**

price per each participant

must be enrolled in pairs

ANGER MONSTERS

This children's program is designed to teach children 8-12 yrs old what anger is. This program is designed to allow participants to be able to identify their triggers and learn tools to help control their anger.

The parents program features skills from Neufeld Institute, including various anger cycles and goals of behavior. Participants will also learn how to help support their child's efforts to tame their anger, along with different calming techniques.

Date: **Oct 15-Nov 5th**

Time: **330pm-530pm**

Cost: **\$90**

CARING DADS

Helping fathers working to repair their relationships with their families. To register please contact Christina at pep@familyed.ca

Date: **TBD**

Time: **630pm-830pm**

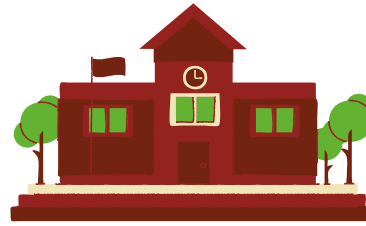
Cost: **FREE**



CHILDREN'S PROGRAMMING

SCHOOL'S COOL

We are offering an eight week kindergarten readiness program for children entering school September 2023. Priority will be given to children who have not attended preschool. To register please contact Sheena at capc@familyed.ca



Date: **TBD**

Time: **TBD**

Cost: **FREE**

UNITED WAY - SCHOOL'S OUT PROGRAM

Multicultural Program

The first theme being culture sharing and experience. Providing participants with the opportunity to develop natural curiosity and desire to learn, these themes will feature different cultures and provide the opportunity for structured group activities that promote active participation and exploring. The participants taste traditional foods of each culture, and engage in an experiential activity that provides opportunity for them to explore, and discover more about each culture.

Time: **2:20 - 4:00pm**

Cost: **FREE**

Pitt Meadows Elementary

Date: **Oct 25th- Dec 13th (Tues)**

Golden Ears Elementary

Date: **Oct 26th- Dec 14th (Wed)**

Eric Langton Elementary

Date: **Oct 27th- Dec 15th (Thurs)**



United Way
Lower Mainland

PARENTING WORKSHOPS

PARENTING RESILIENT CHILDREN

Understand better what resiliency is and how we can foster it in our families. Please note, this workshop will take place via Zoom.

Date: **Oct 11th (Tues)**

Time: **10am - 12pm**

Cost: **\$15**

CONFLICT RESOLUTION PARENTING

Learn how to use "I" statements, conflict management styles, trigger scale, active listening, paraphrasing and open questions for parenting. This workshop will take place via Zoom.

Date: **Sept 13th OR Nov 8th (Tues)**

Time: **10am - 12pm**

Cost: **\$15**



KEEPING THE CHANGE - WOMEN'S GROUP

A continuation of the skills learned in Brave New You, Keeping the Change focuses on mastering skills around boundaries, empowerment, self acceptance and enjoying the person you are. This group provides group encouragement, support and information to women working to make and keep healthy change in their lives.

Date: **Oct 29th (Sat)**

Time: **10am - 12pm**

Cost: **\$30**

AFTER THE ANGER - MEN'S GROUP

A continuation of Anger Management for Men working on anger management, conflict resolution, effective communication skills, and stress management.

Date: **Nov 20th(Sun)**

Time: **10am - 12pm**

Cost: **\$30**

SUPPORT GROUPS

YOUNG PARENTS GROUP

An opportunity to connect with other young parents. Come and join us! For parents up to age 26. Programming for children 0-6 is available during group sessions.

Please contact admin@familyed.ca

SINGLE MOM'S GROUP

An opportunity for single mother's to get together with others alike. Programming for children 0-12 is available during group sessions.

Date: Monday's year round

Time: 5pm-7pm

Please contact admin@familyed.ca

PARENTING YOUNG CHILDREN

For parents of children 0-6 years of age. Programming for children 0-6 is available.

Date: Thursday's from Sept. - June

Time: 9 - 11am

GREAT DADS

Supporting fathers and their children aged 0-6, this weekly group meets every Thursday evening 6-8pm starting September 8th. Dinner provided. Registration is required.

Please contact pep@familyed.ca

FAMILY LEAF DROP-IN

For parents and caregivers with children 0-6 years of age. Please contact Massie at dropin@familyed.ca for program details.

FAMILY NAVIGATION

Family Navigation is a free service available to families with children aged 0-6 years, in Maple Ridge and Pitt Meadows. Supporting families who need help finding and accessing the programs and services in our community. Supports from the Family Navigator are available on a flexible schedule including some evenings and weekends.

SPARK PROGRAM

Supporting Parents Along the Road to Kindergarten- Beginning at birth parents and caregivers attend a SPARK session once every fall, winter, and spring until their child enters Kindergarten. In SPARK we reflect on how children learn and grow. At each session participants receive a free toy to support learning and information related to their child's age group. To contact our Family Navigator please email familynav@familyed.ca

**SOME CHILDRENS PROGRAMMING IS PROVIDED BY:
CAPC COMMUNITY ACTION PLAN FOR CHILDREN**

MULTICULTURAL SERVICES

Providing multicultural awareness and education programs to the community to help strengthen participation and increase understanding of cultural diversity in Maple Ridge, Pitt Meadows and Katzie.

MULTICULTURAL WOMEN'S GROUP

Meet women from around the world and learn about community services, programs, and support available while having fun! For more information please contact Massie at dropin@familyed.ca

Date: **Summer 2022 (Thurs)**

Time: **TBD**

LIPS

LIPs Local Immigration Partnership

A council representing various sectors, meets monthly to discuss local trends, issues, and needs. Community based partnerships that work to improve the coordination of services that facilitate settlement and integration of newcomers.

For more information please visit www.ridgemeadowsnewcomers.com or contact Carolina at msc@familyed.ca

B(e) Together Group

This group provides the opportunity to people to meet online (for now) to learn different multicultural recipes and share information. Some exciting activities will be in person- Please contact Carolina at msc@familyed.ca

INTERFAITH BRIDGING COMMITTEE

A volunteer committee that works to connect and create dialogue among diverse faith groups for the purpose of harmony, peace, and understanding.

For more information, please contact Carolina at msc@familyed.ca

BC SPOKES

A community driven committee that will lead anti-racism and anti-hate work at a local level. This committee works to build awareness of what comprises racism and hate, mobilize their communities to respond to hate incidences in a supportive and collaborative way, and lead discussions and education opportunities.

In partnership with Fraser River Indigenous Society. For more information please contact Natalie at antiracism@familyed.ca



Funded by:



Immigration, Refugees and Citizenship Canada

Financé par :

Immigration, Réfugiés et Citoyenneté Canada



Date - **Fall 2022**

Time - **Saturday Mornings**

UNDER THE TREE CHILD CARE CENTRE

Under The Tree Child Care Centre (UTT) is a program of the Family Education & Support Centre. Under the Tree provides childcare for infant toddler, preschool, 3-5 year-olds, and before and after school care.

Our programs provide comfort to our families with the knowledge that their children will be cared for and nurtured in an inclusive setting. In this setting we guarantee individuality and diversity will be acknowledged, appreciated, and embraced.

We provide developmentally aged appropriate play opportunities for the children that are both child-centered and driven by the child's interests, with as much exposure to real life learning as possible. The program encourages applications from Indigenous, low-income, newcomer families and families who have children with extra needs – these families will be offered spots first and expedited to the top of waitlists.

Rates and additional information available at
<https://www.underthetreechildcarecentres.com>

**FOR MORE INFORMATION PLEASE CONTACT
RECEPTION AT UNDERTHETREE@FAMILYED.CA**



UNDER THE TREE CHILD CARE CENTRE PHOTO GALLERY



ADDITIONAL INFORMATION

KNOW BEFORE YOU GO

We cannot guarantee that our programs as listed in the brochure will run in the fall and are subject to change in accordance with Public Health Orders. Our agency acknowledges and respects the choice to wear a mask, or not, as a personal choice for clients and staff.

If you wish to speak with a specific staff member, we recommend calling ahead of time, to ensure that they are in the office and available at your requested time. Masks may be required for in person, close contact meetings.

We also require clients to sanitize or wash your hands upon entry into the building and sign in during your group. Please note, if you are experiencing any cold or flu like symptoms, you will be asked to go home, and return upon feeling better.

STAY CONNECTED

Be the first to get notified on health and wellness updates, pop-up programs, and special events hosted by The Family Education & Support Centre.



www.familyed.bc.ca



[@familyed.bc.ca](https://www.instagram.com/familyed.bc.ca)



[TheFamilyEducationandSupportCentre](https://www.facebook.com/TheFamilyEducationandSupportCentre)

LOOKING FOR MORE INFORMATION?

22554 Lougheed Hwy, Maple Ridge, BC
(604) 467 - 6055
or email reg@familyed.ca



Healthy Relationships

Do you want to learn the basic fundamentals of any adult relationship including learning about needs, wants, and new communication skills? If so, the healthy relationships course is for you!

Oct 22 & 29
9am-3pm
\$45/person

Two participants MUST come together.



FOR MORE INFORMATION PLEASE CONTACT
THE FAMILY EDUCATION & SUPPORT CENTRE
22554 LOUGHEED HWY, MAPLE RIDGE
(604) 467 - 6055
REG@FAMILYED.CA



PARENTING RESILIENT CHILDREN



Understand better what resiliency is and how we
can foster it in our families.

Please note this program will take place online,
via Zoom.

OCT 11TH (TUES) 10AM - 12PM
PRICE: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055
reg@familyed.ca

PARENTING WORKSHOP

Conflict Resolution

As parents and caregivers, do you want to learn about the following? If so, this conflict resolution workshop is for you!

- conflict management parenting styles,
- trigger scale,
- active listening,
- open questions for parents,
- how to use "I" statements.

Please note this program will take place online, via Zoom.

Nov 8 (Tues)
10am - 12pm
Price: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre

22554 Lougheed Hwy

Maple Ridge, BC

(604) 467- 6055

reg@familyed.ca

