#### April 2022 Newsletter

### **Whonnock Elementary**

27471 112<sup>th</sup> Avenue, Maple Ridge, B.C. V2W 1P9

Principal: Ms. Stephanie Dand

Website: schools.sd42.ca/Whonnock

#### Message from the Principal:

Dear Parents and Guardians,

As I sit here at my kitchen table for the very last time thinking about how to express the myriad emotions running through my heart about the amazing four and half years, we've shared together at Whonnock, I can't help but feel a bit sad. I'm misty-eyed that I won't be seeing our kids coming into school excited for the day in the mornings or watch them run out at recess and lunch playing and laughing together, or huddled around their iPads outside my office afterschool, or climbing a tree at the end of the day. I have counted my blessings every day for the opportunities I have been given to work with our amazing staff, yourselves, and of course our awesome Whonnock students--the Whonnockians as I like to call them. While there have been a few challenging days, I am lucky to report that there were far more days filled with learning, collaborating, connecting, laughing, and playing.

It has been my great honor to serve as your proud principal and please know that I will take many fond memories of you all with me as I start a new adventure...whatever that is! I am so grateful to you all for the many kindnesses, conversations, emails, texts, cards, and letters we have shared over the years. You are part of a very unique community of loving, supportive, and motivated caregivers and it shows in our students. And while saying goodbye to you all is very hard for me, I am absolutely confident that the learning, engagement, and fun will continue and I will always watch your progress with inspiration and appreciation for all you've given me. I am very grateful to Ms. Stephanie Dand for taking over from me until June and I'm sure the new permanent principal will connect well with you all.

My phone number (604 626 1772) will remain the same, but I now have a new email address: stuarterichardson@gmail.com so please don't hesitate to stay in touch at any time and I wish you all nothing but peace and success...and rainbows and unicorns of course!

Respectfully,

Stuart Richardson



#### **Upcoming Events**

April 1 April Fools Day – YES there is School!

April 7 Jump Rope for ♥

**April 12** Violence is Preventable Presentation Gr. 6/7

April 15 Good Friday – NO SCHOOL

April 18 Easter Monday – NO SCHOOL

April 26 Gr 6&7 Immunizations

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#### **Important School News**

PLANNING FOR SEPTEMBER: It is that time of year again when we begin planning for next year. We have already completed kindergarten and grade 8 registrations. If there are any student who is planning to transfer to a different school in the district for September, you must complete an elementary student transfer request form before April 11. Transfer forms are available in the office and must be filled in, and then signed by Mr. Richardson. For more information on the transfer guidelines please visit sd42.ca under the Parent tab.

MOVING: If you are moving out of district, please inform the school office so we can obtain an accurate picture of our student population for next year.



**KINDERGARTEN:** Final Phase of Kindergarten registration is currently open:

Late Registration: February 23 – July 31

**Open Registration:** August 17 – June 15

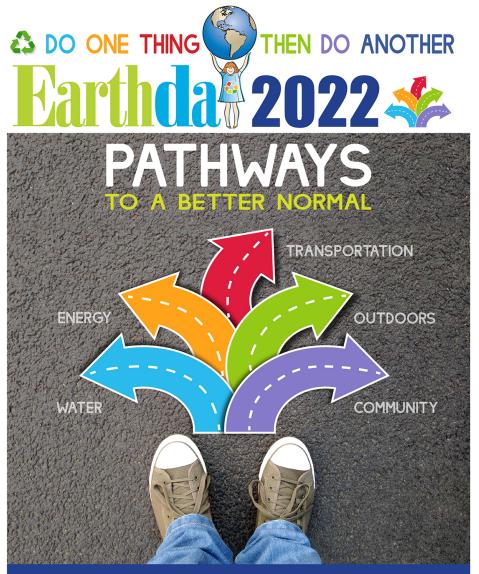
Please remember to send your student to school with a reusable cup or bottle for water. Thank you!



At Whonnock, we CARE about each other, our school and ourselves. We use our Common Sense, have a positive Attitude, Respect ourselves, others and the environment, and put forth our best Effort. We would like to thank the following students for demonstrating our Code of Conduct for the Month of March 2021.

<u>Div. 1</u>	<u>Div. 8</u>
Sloane	Audrey
Markus	Darius
Bryce	Kinley
Ava G.	, Aidan
Gemma	Brooklyn
Maddox	Novelle
Ava W.	Madison
	Elena
<u>Div. 3</u>	Jason
Ryder	Logan
Isabella	Bennsen
lssac	
Ryder	Div. 9
Jasper	Bowen
Raydon	Owen
Nate	Liam M.
	Arlo
<u>Div. 4</u>	Atticus
Evan	Hanna
Arianna	Dominic
Max	Sepehr
	Bennett
<u>Div. 5</u>	Landon
Evelyn	
Cheney	<u>Div 11</u>
Talas	Gracie
Aksel	Harper
	Vaeya
	Sawyer

#### Page 2 of 2



## SAVE THE DATE Saturday April 23, 2022 10am-2pm

www.mrearthday.ca

**Celebrating 50 Years of Recycling in our Community** 





March 1, 2022



Dear Amazing Educator,

**Celebrate Earth Day** with us! We are so excited to be back with an in-person event this year! Celebrate Earth Day in Maple Ridge is an annual, fabulous, family-oriented event that focuses on **Nature & the Outdoors, Family & Community,** and **Green Innovation & Technology.** This year's event takes place on **Saturday, April 23 from 10am – 2pm at Memorial Peace Park** in the heart of Maple Ridge on the unceded, traditional territory of the Katzie and Kwantlen First Nations.

There are many opportunities for students, schools, teachers, & clubs to get involved:

- 1. **Attend the event on April 23!** This fun, eco-inspired community festival includes the Family Freecycle, the Cycle Recycle Free Bike Draw, arts & entertainment, interactive booths, a special Haney Farmers Market, electric vehicles, Food Trucks, Repair Café, and more. <u>www.mrearthday.ca</u>
- 2. **Volunteer!** We are looking for people who want to learn about event planning, people who want to get involved in their community and help save the world, and people who just need volunteer hours. Everyone is welcome (& needed!!). Learn more & sign up online at <a href="https://rmrecycling.org/earth-day-volunteer-page">https://rmrecycling.org/earth-day-volunteer-page</a>

#### 3. Enter the Earth Day Poetry & More and Earth Day Photo Contests!

**POETRY & MORE CONTEST:** Enter your "**Pathways to a Better Normal**"-themed poetry, flash fiction, and/or videos for a chance to win some great prizes! The Earth Day poetry & more contest is open to children (up to age 10), youth (11 to 16) and adults (age 17 and up). There are 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes in each age category and winners may have the opportunity to share their work at the Celebrate Earth Day Welcoming Ceremonies on April 23. More information & judging criteria is listed at <a href="https://rmrecycling.org/earth-day-poetry-photo-contests">https://rmrecycling.org/earth-day-poetry-photo-contests</a> or contact Ronda Payne, Poetry Coordinator, at <a href="https://rmrecycling.org/earth.ga">EarthDayCreative2021@gmail.com</a> **Poetry & More contest entry deadline is** <a href="https://gmail.ga">April 8, 2022</a>.

**PHOTO CONTEST:** What does **"Pathways to a Better Normal"** look like to you? Take a photo and let us know! The Earth Day photo contest categories are: children (up to age 10), youth (11 to 16) and adults (age 17 and up). There will be winners in each category as well as a Grand Prize Winner. Send entries in jpg format (minimum 1MB) with name & age (if under 17) to Ross Davies, Photo Coodinator, at <u>r.davies@shaw.ca</u>.

Photo contest entry deadline is April 8, 2022.

Photo contest entries will be posted on the Celebrate Earth Day Facebook page and voting will be open to the public until April 15<sup>th</sup>. Contest prizes will be presented at the Celebrate Earth Day Welcoming Ceremonies on April 23 and winning entries may be published in the Maple Ridge-Pitt Meadows NEWS.

4. **Participate with FREECYCLE!** The Family Freecycle <u>will</u> be at this year's Earth Day. We will be accepting gently used clothing, wearable sporting equipment, books and toys leading up to the

Earth Day event. Donations will also be accepted at our drop off event on Friday, April 22 from 5pm – 7pm in front of the ACT. All donated items will be given away for FREE on Earth Day – Saturday, April 23, from 10am – 2pm in front of the Leisure Center. For more information please call Joy at (604) 463-5545 or email joy@rmrecycling.org.

- 5. Nominate a Climate Champion! Do you know a local person or organization who shows true leadership in the fight against climate change? Maple Ridge Climate Hub, one of our community partners, is currently accepting nominations for its inaugural Climate Champions Awards! For more information about nominating someone, please see the attachment or contact Maple Ridge Climate Hub at mapleridge@climatehub.ca
- 6. **Museum on The Move!** The Maple Ridge Museum, another fabulous community partner, will be launching their new program "**Museum on the Move**" at this year's Earth Day celebrations. Make sure you stop by their booth to check out this innovative new program. If you would like more information about booking Museum on the Move for your classroom, please contact the Maple Ridge Museum at <u>mrmeventplanner@gmail.com</u>.

Thank you for your support spreading the word to students and families about our Earth Day event and these opportunities! If you have any questions, please feel free to contact me by phone or email.

All the best, Joy

Joy Logie

Administration/Outreach, Ridge Meadows Recycling Society – <u>www.rmrecycling.org</u> Site/Logistics Manager, Celebrate Earth Day in Maple Ridge – <u>www.mrearthday.ca</u> 604-463-5545 EXT. 7777 joy@rmrecycling.org

#### www.mrearthday.ca

About the 2022 theme:

Our 2022 theme, **Pathways to a Better Normal**, is designed to encourage people to take small, simple steps toward the world they want to create. We will explore pathways and invite people to journey with us into Water & Energy Conservation, Transportation, the Outdoors, and Community. See what idea jumps out at you as something you can fit into your life. **Do <u>one</u> thing, then do another**.

Sometimes the array of choices or lack of direction can be overwhelming, and many people have struggled through the isolation and mental stress of being in a pandemic for an extended period of time. At times we all need connection, direction, and guidance. **Our goal is to help people see the path forward, the way to positive change, one small step at a time.** 



Come out and enjoy fun family activities, food, entertainment and interactive booths.



You can help our FREECYCLE event by donating any gently used Clothing, Wearable Sporting Equipment, Toys and Books

All items donated will be given away FREE on Earthday Saturday April 23 In the front of the LEISURE CENTRE at the Preschool. Come find something NEW for you, it's all Free!





PARKS, RECREATION & CULTURE

Reduce, Reuse & Recycle www.mrearthday.ca For more information contact: Joy Logie 604-463-5545 Ext: 7777 or joy@rmrecycling.org

# intheknow Information and Support

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

#### EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

#### A Conversation for Families About Digital Wellbeing and Mental Health

As parents, we struggle with balancing our children's time spent in the digital world and what we consider the real world. It's not easy to know how much time on technology is too much and how to set boundaries that don't create conflict. Join us for a conversation with a digital wellbeing expert to learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.

Come together with other families for a facilitated discussion by Parent Peer Support Workers.







#### Dates (BC Time):

April 4, 2022 at 6:30pm April 12, 2022 at 5:00pm April 20, 2022 at 12:00pm April 26, 2022 at 6:30pm April 28, 2022 at 5:00pm

Cost: Free of Charge

Registration Required: www.familysmart.ca/events

#### familysmart.ca

\* morning & full day sessions
\* before & after care available
\* July & August weeks
\* all kids aged 5 to 13

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Coquitlam: 1 location
Maple Ridge: 1 location

Since 1993

For the latest location details, including drop off details and information on other locations across Lower Mainland, visit the LOCATIONS page at royalsoccerclub.com.

## 800-427-0536

full refund **'no questions asked'** until May 1, 2022

## royalsoccerclub.com

#### **Rates & Discounts**

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/week

			_			
Full Day sessions				Mor	ning sess	ions
🕒 Hours: 9am - 4pm				🕒 Hours: 9am - 12pm		
	Drop off: 8:30 - 9am Pick up: 4:00 - 4:30pm			Drop off: 8:30 - 9am Pick up: 12:00 - 12:30pm		
Extended hours available: (\$\$) Before care: 8-8:30am (\$15/camper/week) After care: 4:30-5pm (\$15/camper/week) Before and after care (\$20/camper/week) Before and after care (\$20/camper/week) Before and after care (\$20/camper/week) Week 5 (4 day week) is a reduced rate of \$179/week				Extended hours available: (\$\$) Before care: 8-8:30am (\$15/camper/w After care: 12:30-1pm (\$15/camper/w Before and after care (\$20/camper/we Before and after care (\$20/camper/we Before and after care (\$20/camper/we Week 5 (4 day week) is a reduced rate of \$109		
Discounts				Discounts		
early bird	register & pay by March 31, 2022	<b>\$30</b> /week		early bird	register & pay by March 31, 2022	\$15 /w
June 1	register & pay by June 2, 2022	\$15 /week		June 1	register & pay by June 2, 2022	\$10 /w
6+ weeks	register & pay for 6 or more weeks	\$25 /week		6+ weeks	register & pay for 6 or more weeks	\$15 /w
*only 1 disco	ount can be applied	per camper		*only 1 disco	ount can be applied	per cam

#### **Key Policies**

**BALL/SHIRT:** Campers will only receive 1 camp soccer ball & 1 tshirt. If a camper attends 5 or more weeks of camp, they will receive a 2nd ball & tshirt on their 5th week of camp.

**INCLEMENT WEATHER:** While camp will continue at designated shelter or indoor facility until inclement weather clears, soccer and active games will likely not be played indoors. There are no refunds due to bad weather.

**LATE PICKUP:** Pick up beyond 5:00 pm (for full day sessions) will be charged at \$10 per 15 minutes. We reserve the right to ask you to withdraw from camp for multiple late pick ups past 5:00pm.

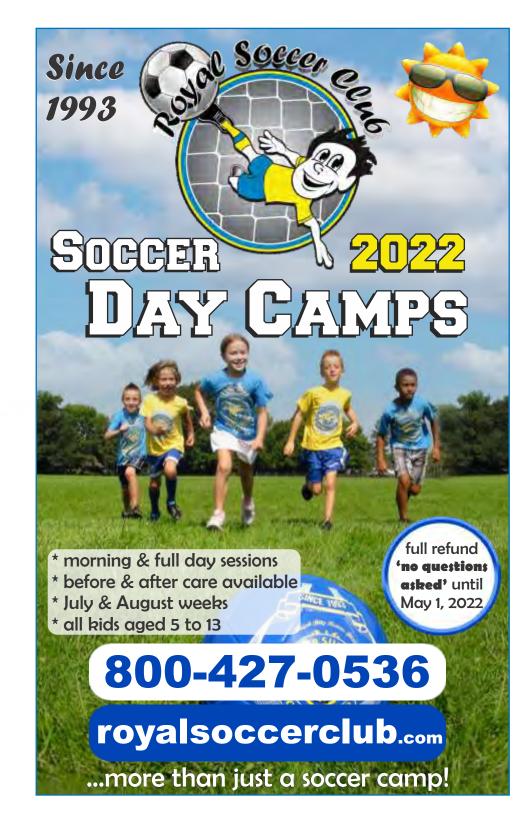
**TRANSPORTATION not provided:** We do not offer pick up or drop off service, however, if camp must travel offsite for any reason, we will arrange bussing and your onsite Supervisor will notify you.

To read all of our camp policies, visit our website or click here.

Locations

## ✤ Coquitlam: 1 location ✤ Maple Ridge: 1 location

For the latest location details, including drop off details and information on other locations across Lower Mainland, visit the <u>LOCATIONS page</u> at <u>royalsoccerclub.com</u>.



#### About Us

The **Royal Soccer Club** is a registered non-profit organization who takes tremendous pride in hosting summer day camps across Canada. For 30 years, we've hosted thousands of children aged 5 to 13 in our popular grassroots summer soccer day camp experience. We offer weekly full day and morning sessions during the summer months of July and August. Our program is about much more than just a soccer camp...we foster the development of individual skills, team building and other life skills...and of course, lots of FUN!

#### Who can Join

All children aged 5 to 13 years old (at time of camp) of any skill level, from never playing soccer before to competitive rep players are encouraged & welcome to register for any or all of our 9 weekly sessions in July and August.

\* campers requiring 1 on 1 or extra attention must be accompanied by a support worker or additional supervision provided by the parent/guardian.

\*\* for some older competitive rep players camp <u>may not</u> meet your expectations.

#### **Camp Features**

#### \* every child receives a camp soccer ball and tshirt

- \* excellent group ratios with RSC Certified Camp Staff
- \* supervised drop off & pick up with optional extended care (\$\$)
- \* engaging & inclusive instruction and activities
- \* digital photos & other camp gear available for purchase

#### Our Staff



We are proud of the staff we hire for camp. Not only do our staff have experience with children and a background in soccer but they are passionate and committed to making a positive difference in the lives of every 'Royal' camper. All RSC staff must endure interviews, several training sessions and provide a police background check. Our caring and responsible staff foster a child-centered approach at our camps.

#### How to Register

Accepted payments: credit card (Visa, Mastercard, Amex) or e-transfer.

#### **\_\_\_\_ online** 3 easy steps

- ① Select your province from our <u>registration page</u> at <u>royalsoccerclub.com</u>
- ② Sign in or setup an account and complete the online camp registration.
- 3 A confirmation email will be sent to you upon completion of registration.

If you wish to register by mail or fax, please
 email info@royalsoccer.com
 for a registration form.

All camp registration fees are subject to a *full refund 'no questions asked' until May 1, 2022*. To read the full cancellation policy, please visit our website or <u>click here.</u>

#### **Camp Sessions**

Our sessions are about much more than just soccer. We have morning or full day sessions available. Campers will build confidence and creativity as we foster an inclusive, engaging and active summer camp experience. Because many of our campers attend multiple weeks of camp we introduce different weekly themes combined with many varying activities, games and exercises. We strive to provide the best possible camp experience for your child.

#### Morning Sessions 9am - 12 noon

Morning sessions are geared towards campers who just want a half day program and prefer the soccer focus. Daily programming consists of learning and playing soccer which includes a warm up, individual skill development, fun team games, soccer scrimmages, mini-Royal Cups and much more. Campers are grouped by age, size (& ability where possible) in groups sizes of approximately 10 to 1 campers to staff (ratios vary depending on age & number of registrations).

Drop off: 8:30 - 9:00 am Pick up: 12 - 12:30 pm (no charge)

#### Extended care available (\$\$):

Drop off: 8 - 8:30 am (\$15/camper/week) Pick up: 12:30 - 1 pm (\$15/camper/week) Drop off & pick up (\$20/camper/week)



#### Full Day Sessions 9am - 4pm

Our full days sessions are the most popular as they combine the morning sessions (as outlined above) with a fun afternoon session on most days (subject to availability as some locations may not swim everyday). Campers will play a variety of camp games in the afternoon. Afternoon swims are fully supervised by professional pool facility lifeguards and our camp staff. At some locations, to ensure supervision ratios and pool regulations are met, campers aged 5 to 7 may not be eligible to register for the the full day sessions. If you have any swim concerns, speak to your onsite Supervisor or contact us at 1-800-427-0536. There may not be any soccer played in the afternoon sessions.

**Drop off:** 8:30 - 9:00 am **Pick up:** 4 - 4:30 pm (no charge)

#### Extended care available (\$\$):

Drop off: 8 - 8:30 am (\$15/camper/week) Pick up: 4:30 - 5 pm (\$15/camper/week) Drop off & pick up (\$20/camper/week)



#### Camp Dates

Udit	ip Dates		
Week 1	July 4 - 8		
Week 2	July 11 - 15		
Week 3	July 18 - 22		
Week 4	July 25 - 29		
Week 5	Aug 2 - 5		
Week 6	Aug 8 - 12		
Week 7	Aug 15 - 19		
Week 8	Aug 22 - 26		
Week 9	Aug 29 - Sept.2		
* camp does not run Mon. Aug. 1, 2022			



Royal Soccer Club reserves the right to update our programming, policies or terms and conditions per Public Health recommendations due to COVID-19. For more information on our sessions, <u>click here</u> or visit our website FAQs.



# SCIENCE DAYS 2022

Send your kid to university for the day! Our program is designed especially for Grades 4-8. UFV Science Rocks! events are fun learning opportunities for your kids.

Kids get to learn something new, see real science labs, play outside, and experiment with fun activities that explore physics, biology, chemistry, mathematics, geography and computer science.

#### **ABBOTSFORD CAMPS**

#### CAMP 1: Saturday, Saturday, April 2 (Ages 9-11)

#### **Science in Space!**

Explore all the fun and excitement space has to offer right here on Earth with our "Science in Space" camp. Learn all about gravity and why things fall, the possibility of life in space, create a replica of the phases of the Moon, and even make your own spectroscope! This camp is jam-packed with all things physics, chemistry, math, and biology; it's out of this world!

#### CAMP 2: Saturday, April 9 (Ages 12-13)

#### Super Spy!

Have you ever wanted to be an international super spy? This camp is for you! Learn spy secrets like fingerprinting, create a code to crack the system, encode and decode secret ciphers, and even learn how to isolate DNA! This camp is full of science activities that include chemistry, math, and biology!

#### **CHILLIWACK CAMPS**

#### CAMP 3: Saturday, April 30 (Ages 9-11)

#### Mad Scientist!

Discover what makes a mad scientist with this jam packed STEAM day! Activities include creating a density tower, playing music using a water xylophone, and even coding your very own dance move! Get ready for all things science including physics, math, chemistry, biology, and computer programing!

#### CAMP 4: Saturday, May 7 (Ages 12-13)

#### Anato-Me!

Discover the inner workings of the human body in this day-long themed camp! Explore the function of digestive enzymes, play with a model of a human heart, and even build a robot replica of your own hand! During this camp you'll explore biology, chemistry, and physics within the human body!

#### **MASKS & VACCINE INFORMATION**

At UFV, the health and safety of our community is paramount. The Provincial Health Office (PHO) has implemented orders that directly affect UFV. Masks must be worn in all public indoor areas which include classrooms, labs, lobbies and hallways, stairwells and elevators, so masks will be required for all campers. As this is a discretionary event, we unfortunately cannot accommodate children with a mask exemption.

We request that all campers be vaccinated. Campers aged 12+ will be required to show proof of vaccination.

#### **ABOUT THE CAMPS:**

**Time:** 9 am – 4 pm

Location: UFV Abbotsford and Chilliwack Campuses

**Student/leader ratio:** We have a limit of 24 campers/week, with a camper to instructor ratio of 6:1. One or more UFV science faculty members will be on site at all times.

**Cost:** \$40 - includes camp t-shirt, lab book, and bag!

Visit us online at ufv.ca/science-rocks for more details and registration information!

Questions? Contact Robin Endelman, Coordinator by phone at 1-888-504-7441 ext 4779 or email at sciencerocks@ufv.ca

#### Register online! ufv.ca/science-rocks

Sponsored By:





ABBOTSFORD COMMUNITY FOUNDATION

