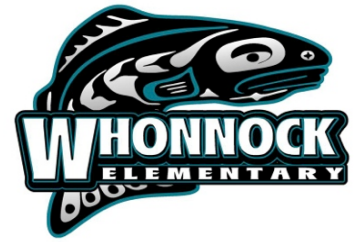


Whonnock Elementary

27471 112th Avenue, Maple Ridge, B.C. V2W 1P9

Principal: Mr. Stuart Richardson T: 604 462 7612

Website: schools.sd42.ca/Whonnock srichardson@sd42.ca



Upcoming Events

March 11

Early Dismissal 11:30

Parent/Teacher Interviews – PM

March 12

Purdy's orders due on line

NO SCHOOL

Parent/Teacher Interviews

LAST DAY before Spring Break

March 15

SPRING BREAK

March 29

FIRST Day back from Spring Break

March 30

Purdy's pick up afterschool

Message from the Principal:

Dear Parents and Guardians,

We are living through such unusual times that each day I find something new to be curious about and grateful for at Whonnock. Last month I had the chance to attend an international (zoom) conference about compassionate systems leadership that served as an introduction to a more enlightened way of leading. I'm also lucky enough sit on a district committee to explore ways to help our schools become more educated about anti-racism. Of course we all also continue to deal with the daily spin offs of managing life in a pandemic with all its challenges. I share these thoughts as I overwhelmingly feel a sense of appreciation for our amazing community of parents, students, and staff and appreciate the many interactions we have on our learning journeys.

I am very grateful to our amazing Parent Advisory Council who recently dropped by with doughnuts, a very nice plant, and framed affirmation for each staff member. They have also gifted us with a brand new ping pong table which will get continuous use at recess and lunch when it's not raining. The rules are simple: the first player to three points wins and gets to stay and face the next challenger. This will be a great way for all our kids to compete against each other and improve their skills.

Thank you all for your thoughtfulness and I hope you have a positive and informative student conference next week.

Respectfully,

Stuart Richardson 604 626 1772 srichardson@sd42.ca

NOTE: READ newsletter carefully and keep as a reference as there are numerous important school information items. Many of these items will not be repeated in future newsletters.

Important School News

PHONE NUMBERS/ADDRESSES: If you have recently moved or changed your phone number, please remember to update the office so we have your students most current information on file.



EMERGENCY CONTACTS: If you have any changes to your emergency contacts or would like to add or remove someone from your list of persons allowed to pickup your child, please contact the office right away to make these changes.

ABSENCES: Just a reminder that if your child is absent from school for any reason, please remember to let the school know. This can be done online through the parent portal, or by calling the school office at 604-462-7612.

NEXT SCHOOL YEAR: If you know you will be moving from the Whonnock area, and will not be attending Whonnock Elementary for the 2021/2022 school year, please let the office know as we are starting our planning for next year and would like to have as accurate an idea of enrollment as possible.

KINDERGARTEN REGISTRATION – is still under way; the first three phases are complete. The next phase is 'Late Registration,' and will take place via the Parent Portal. If you have missed any of the first three phases, you will still be able to register during the Late Registration phase. Late phase opened at noon on Wednesday, Feb. 24th and will run through to July 31.

KINDERGARTEN
FEB 24 – JULY 31 LATE REGISTRATION

STUDENT CONFERENCES AND REPORT

CARDS – Student/teacher conferences will be held on the afternoon of Thursday, February 11 and all day on Friday February 12. Students will be dismissed at 11:30 a.m. on February 11. Please sign up for your conference time through the parent portal. Report cards will be reviewed at this time as well.



C.A.R.E

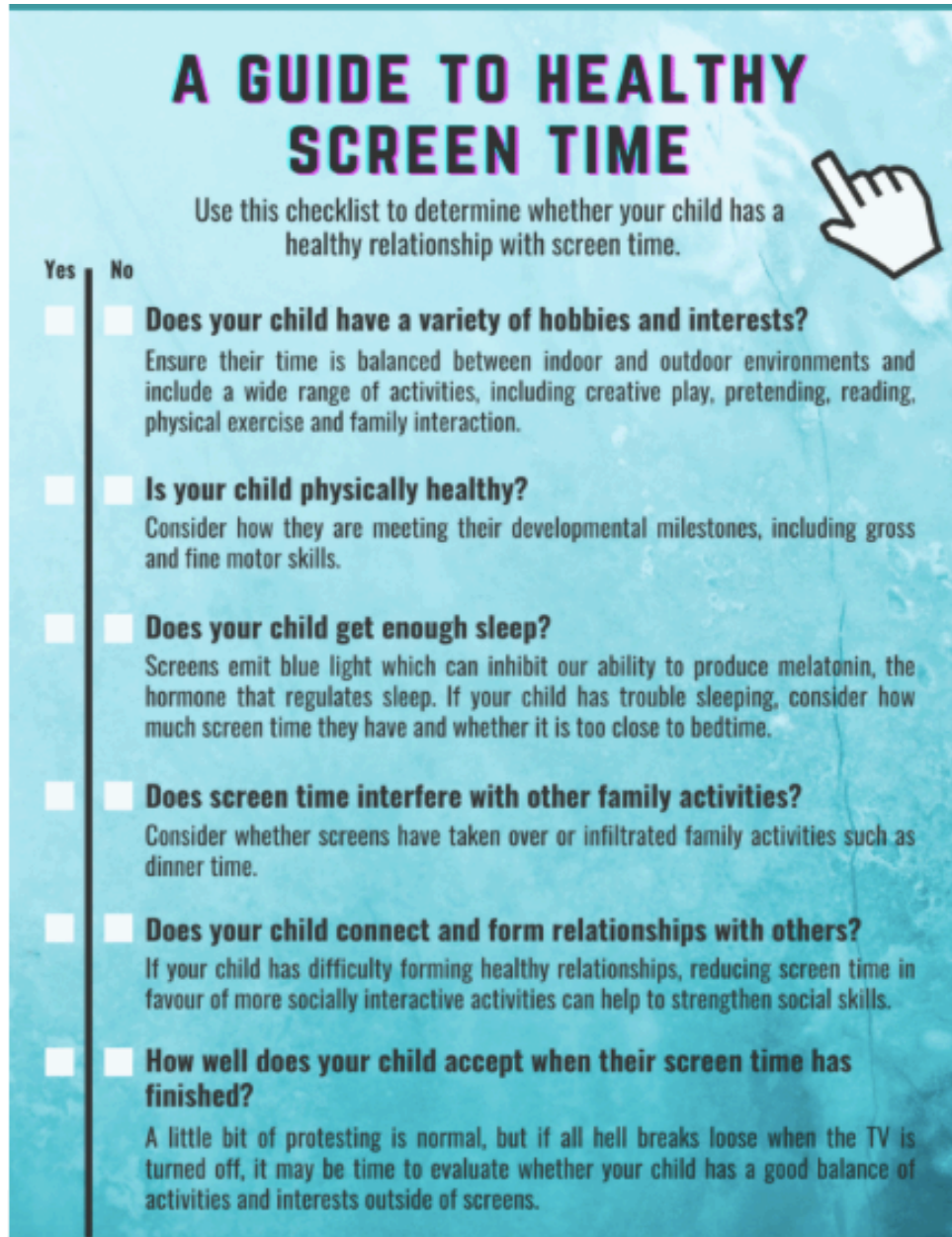
At Whonnock we CARE

At Whonnock, we CARE about ourselves, each other and our school. We use our **Common Sense**, have a positive **Attitude**, **Respect** ourselves, others and the environment, and put forth our best **Effort**. We would like to thank the following students for demonstrating our Code of Conduct for the Month of **FEBRUARY**.

<u>Div. 1</u>	<u>Div. 4</u>	<u>Div. 6</u>	<u>Div. 9</u>
Sam	Pippa	Jack	Brooklyn
Kayden	Peter	Jayden	Darren
Brooke	Isabella	Sepanta	Aidan
Taeya	Nate	Axel	Ethan
Ein	Olivia	Liam	Olivia
Aly	MacKayla	Azarah	Tristan
Brynn	Ava	Faith	Novelle
Chayla	Brooklyn	Griffin	Logan
<u>Div. 2</u>	Kane	Avery	Elena
Sloane	Keegan	Olivia	Elena
Stave	Cole S	Logan	Nolan
Santos	Christian	Darius	Lachlan
Isaac	Greyer	Alexia	Trey
Grace	Evelyn	Damien	Elora
	Carter		
<u>Div. 3</u>	Talas	<u>Div. 7</u>	Alexia
Amie	Evan	Sofia	Trey
Justin	Carson	Arianna	Damien
Anthony	Arianna	Kingston	Elora
Justin	Fallon	Keira	
Aidan	James		<u>Div. 11</u>
Vincent	Lily		Nolan
Lilly	Vienna	<u>Div. 8</u>	Rylee
Cale	Ella	Remy	
Bryce	Nate	Kinley	
Wyatt	Connor	Adalie	
Amy	Max	Persia	
Taylor		Anna	
Colton	<u>Div. 6</u>	Audrey	
	Claire	Sha	
<u>Div. 4</u>	Cole P	Talon	
Kenzie	Liam	Holden	
Piper	Aksel	Kaden	
Raquel	Cameron	Levon	
Ronan	Taylor	Bayer	
Eva	Robin	Ronin	
Brianna	Dalton	Maveric	
		Kaden	
		Maya	


Counsellor's Corner

As another week starts and we move into Spring Break just a reminder to be kind to yourself. Try to get outside as much as possible and re-evaluate screen time use in your household. Have a great Spring Break! Let's hope for sun. 😊



A GUIDE TO HEALTHY SCREEN TIME

Use this checklist to determine whether your child has a healthy relationship with screen time.



Yes	No
<input type="checkbox"/>	<input type="checkbox"/> Does your child have a variety of hobbies and interests? Ensure their time is balanced between indoor and outdoor environments and include a wide range of activities, including creative play, pretending, reading, physical exercise and family interaction.
<input type="checkbox"/>	<input type="checkbox"/> Is your child physically healthy? Consider how they are meeting their developmental milestones, including gross and fine motor skills.
<input type="checkbox"/>	<input type="checkbox"/> Does your child get enough sleep? Screens emit blue light which can inhibit our ability to produce melatonin, the hormone that regulates sleep. If your child has trouble sleeping, consider how much screen time they have and whether it is too close to bedtime.
<input type="checkbox"/>	<input type="checkbox"/> Does screen time interfere with other family activities? Consider whether screens have taken over or infiltrated family activities such as dinner time.
<input type="checkbox"/>	<input type="checkbox"/> Does your child connect and form relationships with others? If your child has difficulty forming healthy relationships, reducing screen time in favour of more socially interactive activities can help to strengthen social skills.
<input type="checkbox"/>	<input type="checkbox"/> How well does your child accept when their screen time has finished? A little bit of protesting is normal, but if all hell breaks loose when the TV is turned off, it may be time to evaluate whether your child has a good balance of activities and interests outside of screens.

A Wish for the Week Ahead

May we care for ourselves as we would a beloved friend, with encouraging words, reminders to eat and rest, and if needed, a firm kick in the proverbial rump. May we recognize in others the pain, fear, loneliness, and worry that we often feel ourselves, and may we find it in us to be patient or at least civil. May we drink good coffee, do good work, and listen to good music. May we remember who we are and who we aspire to be.



Nancy Hoffman

SPRING BREAK March 15 - March 26

