



PME Sports and PE News for December 2021

PE Holiday In-line Skating

It's fast approaching. After a year absence, the West Coast Wheel Kids In-line Skating Program is coming back this year for our annual disco-holiday in-line skating event, December 6th to 10th. **ALL CLASSES** will have the opportunity to skate around the gym during one of their regularly scheduled PE times at no cost to parents thanks to the continued generous support from our PAC. The darkened gym will be lit in holiday colours with a disco ball and party lights while popular music plays. This holiday tradition is also an important opportunity for Big Buddies to help their Little Buddies learn to skate by attending their Little Buddies' session and assisting with getting skates on and learning how to balance and move. Sometimes, if the Little Buddy is an experienced skater, the Big Buddy can join the Little Buddy.

It is recommended that students bring their own skate/bike helmets to school the day of their session, which may also include intermediate Big Buddy classes on their Little Buddies' skate day. Personal padding is also recommended if students have their own; however, padding such as elbow and knee pads are not recommended unless students can independently put them on as they can greatly slow down the changing process. Wrist guards are vital and are provided to students along with helmets if they do not bring their own. Regular cleaning of equipment is conducted between sessions to reduce the possibility of the spreading of germs and hand sanitization will occur as normal, before and after the session. Students may also bring their own in-line skates, but they must first be inspected prior to use on the gym floor; skates with rough or hard plastic wheels do not allow for enough traction on the wood flooring and can be a slipping hazard. Brakes can be left on and will be taped to prevent damage to the floor.



Skating Days by Teacher:

Mme Belson: December 7th

Mr. Drabik: December 8th

Mrs. Flett: December 9th; Big Buddy session: December 7th

Mme Greene: December 6th; Big Buddy session: December 6th too

Mr. Gregoire: December 9th; Big Buddy session: December 6th

Ms Hey: December 8th; Big Buddy session: December 9th

Mrs. Lemmen: December 7th

Mme MacDonald: December 7th

Mme Mathay: December 6th

Mme McDonnell: December 6th; Big Buddy session: December 8th

Mrs. McRobbie: December 7th

Mme Nielsen: December 6th; Big Buddy session: December 7th

Mme O'Neill: December 8th; Big Buddy session: December 8th too

Mme O'Shea: December 6th

Mme Perry: December 10th; December 8th

Mrs. Sandhu: December 9th

Mrs. Scott: December 9th

Mr. Shaw: December 10th; Big Buddy session: December 6th

Mrs. Smith: December 9th; Big Buddy session: December 9th

Mme Sweetnam: December 8th; Big Buddy session: December 6th

Mrs. Toupin: December 7th

Mme Towne: December 6th

Mme Van Sickle: December 8th

Mme Wear: December 7th

Mme Whitelock: December 8th



Extra-Curricular Sports Update


As promised in our September newsletter message, what follows is an update regarding extra-curricular programming at the elementary level. The District Elementary Athletic Committee had their fall meeting recently and made some final decisions regarding sports programming. The following programs will be offered throughout the rest of the year:

Triple Ball Volleyball:

Triple ball volleyball will start in January and run through March. Specific dates have yet to be determined. Triple ball is a new format developed by Volleyball BC for the elementary level where the second and third serves are simulated by coaches or volunteers as a method to encourage rallies and passing. We have been playing triple ball for approximately four seasons now, but we continue to refer to it simply as volleyball. This year, it is co-ed and will be organized into one league. Scores will not be kept as there will be no playoffs nor finals. These changes are to keep the season flexible to respond to rapidly changing conditions. The plan is for most games to stay local to reduce the need for long-distance travel. Due to Covid-19 protocol, spectators will NOT be permitted whether visitor or home, which means parents will have to remain outside of the school during each game and practice. At this time, volleyball is only open for 6s and 7s. Sign up begins the week of November 29th.

Basketball:

Sadly, there will be no basketball season this year. This is a disappointment to us as we are perennial favourites for both girls and boys basketball. As information about extra-curricular sports at the elementary level was slow to be finalized, a month and a half of play time was lost. As a result, the fall cross country season was sacrificed as well as the regular season for volleyball. Because of the close-



contact nature of basketball, the committee decided that it was best to sacrifice basketball for the more spread-out format of volleyball. Hopefully we will be able to re-launch basketball next year and defend our boys' championship as well as our girls' winning record.

Outdoor Sports:

While we lose our basketball season, we do reclaim our outdoor sports seasons. There WILL be a spring cross country meet. The intermediate meet will occur at Alouette Lake on Monday, May 9th and our primary meet will happen at the Albion Sports Complex on Tuesday May 10th. In addition, Ultimate Frisbee will be happening, though later in the spring than is usual: May and June 2022. And, thankfully, we WILL have track and field again. Track and field will be scheduled for Wednesday and Thursday, June 1st and 2nd. This is all barring the unforeseen change in conditions in the future. More information about these sports will follow closer to the season start.

For more detailed information, visit
<https://elementary.sd42.ca/athletics/>

Thank you,

Mr. Severud and Ms. Abdulla