



Resources for Parents

www.optbc.org

www.scarleteen.com

www.safehealthyschools.org

www.sexualityandu.ca

www.urbandictionary.com

The New Speaking of Sex: What Your Children Need to Know and When They Need to Know it. By Meg Hickling

Talking to Your Kids About Sex. By Dr. Laura Berman

Resources for Preschool and Primary Children

www.kidshealth.org

Boys, Girls and Body Science. By Meg Hickling, published by Harbor Publishing.

What's the Big Secret? Talking about sex with girls and boys. By Laurie and Marc Brown

Where Did I Come From? By Peter Mayle,

What's Happening to Me? By Peter Mayle,

Sex is a Funny Word. By Cory Silverberg and Fiona Smyth

Let's Talk About Body Boundaries, Consent and Respect. By Jayneen Sanders

Resources for Tweens and Teens

<https://amaze.org/>

www.scarleteen.com

www.choicesforsexualhealth.com

info@choicesforsexualhealth.com

www.optbc.org

www.sexualityandu.ca

www.safeonlineoutreach.com

www.mediasmarts.ca

www.safekidsbc.ca

www.kidshelpphone.ca

Puberty Boy. By Geoff Price

Puberty Girl. By Shushann Movsessian

It's Perfectly Normal: Changing Bodies, Growing Up and Sexual Health By Robie H. Harris

The Care and Keeping of You and other American Girl Series for girls aged 8 and up

Am I Weird or Is This Normal? By Marlin S. Potash and Laura Potash Fruitman,

The Body Book for Boys. By Grace Norwich

The Looks Book: A Whole New Approach to Beauty, Body Image and Style. By the creators of www.gurl.com.

My Body, Myself for Boys/My Body, Myself for Girls. By Lynda and Area Madaras

Stick Up For Yourself! Every Kid's Guide to Personal Power and Positive Self Esteem. By L. Raphael and G. Kaufman

What's Happening To Me? By Peter Mayle

S.E.X.: The All-You-Need-To-Know Progressive Sexuality Guide to Get you Through High School and College. By Heather Corinna

The New Teenage Body Book. By Kathy McCoy and Dr. Charles Wibbelsman

Girl Positive. By Tatiana Fraser and Caia Hagel

Stand Up For Yourself and Your Friends. American Girl

Resources for Family Diversity

Making Love Visible: In Celebration of Gay and Lesbian Families. By Jean Swallow

The Different Dragon. By Jennifer Bryan

While You Were Sleeping. By Stephanie Burks

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