

## 2018 - 2019 TRACK & FIELD PRACTICE SCHEDULE

<b>HIGH JUMP</b>						
<b>Mr. Gregoire/Mme O'Neill</b>						
	Grade 4	Monday	12:00 - 12:25 pm	GYM	Friday May 24th for Victoria Day Week	
	Grade 5	Tuesdays	12:00 - 12:25 pm	GYM	Friday May 24th for Victoria Day Week	
	Grade 6	Wednesday	12:00 - 12:25 pm	GYM		
	Grade 7	Thursday	12:00 - 12:25 pm	GYM		
<b>FINAL PRE-ELIMINATION PRACTICE: MONDAY, MAY 27th - ALL GRADES (PERMISSION FORMS DUE)</b>						
May 28th	Grades 6/7	Tuesday	12:00 - 12:25 pm	GYM		
May 29th	Grades 4/5	Wednesday	12:00 - 12:25 pm	GYM		
<b>LONG JUMP</b>						
<b>Mme Lebrun/Mrs. White</b>						
May 16th	Grades 4/5	Thursday	2:30 - 3:15 pm	long jump pit		
May 24th		Friday	2:30 - 3:15 pm	long jump pit		
June 3rd		Monday	2:30 - 3:15 pm	long jump pit		
June 5th		Wednesday	2:30 - 3:15 pm	long jump pit		
May 17th	Grades 6/7	Friday	2:30 - 3:15 pm	long jump pit		
June 4th		Tuesday	2:30 - 3:15 pm	long jump pit		
June 6th		Thursday	2:30 - 3:15 pm	long jump pit		
<b>100m</b>						
<b>Mme Chabot/Mme Simard</b>						
Begins May 21st	Grades 4/5	Tuesday's	9:20 - 10:00 am	Parking lot	Listen to announcements for when to come down	
Begins May 17th	Grades 6/7	Friday's	12:40 - 1:40 pm	Parking lot		
<b>800m</b>						
<b>Mrs. Toupin</b>						
	Grades 4/5	Monday's	10:30 - 11:20 am	Outside	Meet at start line, just outside "Le Chateau"	
	Grades 6/7	Friday's	12:40 - 1:40 pm	Outside	Meet at start line, just outside "Le Chateau"	
<b>4 x 100m</b>						
<b>Mr. Hume/Mme O'Neill</b>						
	Grades 4 - 7	Tuesday's	8:40 - 9:20 am	GYM	Grade cohorts will train both separately & together. Grade 6 & 7's first. Listen to the announcements for when to come down.	
		Friday's	1:30 - 2:20 pm			
<b>**FINAL 100m ROSTER MUST FIRST BE SELECTED**</b>						
<b>Discus</b>						
<b>Mr. Duclos/Cole White</b>						
	Grades 4 - 7	Tuesday's	2:30 - 3:30 pm	Outside	Meet at the backstop, we practice at the baseball diamond Other times may be scheduled.	
<b>Shot Put</b>						
<b>Mr. Severud/Cole White</b>						
	Grades 4/5	Tuesday's	2:30 - 3:30 pm	Outside	First practice on Wednesday, May 15th due to intermediate x-country on May 14th	
	Grades 6/7	Friday's	12:45 - 1:30 pm	Outside	Meet at Tetherball area beside the "Le Chateau"	
<b>200m / 400m</b>						
<b>Ms. Abdulla</b>						
	200m	Grades 4/5	Tuesday's	11:30 - 12:00 pm	Outside	Friday May 24th for Victoria Week
	400m	Grades 6/7	Friday's	1:30 - 2:20 pm	Outside	Meet at far field start line