MAPLE RIDGE ELEMENTARY 20820 River Road, Maple Ridge, BC V2X 1Z7 Phone 604.467.5551 / Fax 604.467.9825 <u>mre_reception@sd42.ca</u> http://schools.sd42.ca/mre Principal: Barbara MacKinnon

<u>Barbara Mackinnon@sd42.ca</u>

Vice Principal: Chelsea Lendvoy

<u>Chelsea Lendvoy@sd42.ca</u>



This monthly newsletter complements the weekly Friday Blasts that are posted on the Parent Portal. Both the Friday Blasts and the Newsletters can be found on the MRE Website at: https://elementary.sd42.ca/mapleridge/. We also have a school-based Facebook page called Maple Ridge Elementary SD 42. Individual teachers use a variety of methods for their class level communications.

MRE Newsletter #4 DEC. 1, 2022

We are rapidly heading toward one of the most exciting times of the year. The snow only adds to the thrill! Thank you for keeping your children well-supplied with cold/rain weather gear and spare clothes.

We'd like to like to acknowledge and thank students and family members who participated in the Remembrance Day assembly last month. This was the first time in three years that we could meet in person to observe this memorial day.



Along with staff and students, the PAC is finding creative ways to spread holiday cheer and camaraderie. You will have already been reading about "Lug-a-Mug" and "Santa Mall" in the Friday Blasts. Look out for the "Holiday Havoc" Spirit Day on Dec. 13th. Students are encouraged to come in their most "Christmassy" or Holiday-themed get-ups.

We are thrilled to bring back the MRE Celebrates Concert on Dec. 14th at 9:00 a.m., and on Dec. 15th at 12:45 p.m. Classes are busy making decorations and rehearsing songs and dances – you can feel the excitement in the air.

We need to stay within fire occupancy code limits in the gym, so we ask that you choose only one performance to attend. A food bank donation as "admission" will be greatly appreciated.

Warm wishes for you and your loved ones,

Barb MacKinnon Principal Chelsea Lendvoy Vice Principal



A huge thank you goes to our PAC for their leadership and generosity in their organization of the Book Fair, Hamper Donations, Santa Mall, hot lunches, and seasonal treats for the students. These are only some of the things that the PAC is doing in their continuous efforts to support MRE's students and staff.

Did you know that all MRE parents are automatically members of the PAC? If you would like to learn about how to become more involved, please check the PAC section further on in this newsletter. Parental involvement is important to the success of any school.



MRE Book Fair 2022 The stage was transformed into a Winter Wonderland.



On behalf of the MRE staff, we want to wish you and those you love, the best of the holiday season. We look forward to welcoming students back to school on Tuesday, January 3rd, 2023.

Barb MacKinnon Principal Chelsey Lendvoy Vice Principal



Important Dates

Thurs., Dec. 8: 11:30 a.m. early dismissal for Student Inclusive

Conferences

Bring a cup/mug for hot chocolate.

Fri., Dec. 9: Classes not in session - Student Inclusive

Conferences

Tues. Dec. 13: Dress your most "Christmassy"
Fri., Dec. 16: Last day before the Winter Break
Tues. Jan. 3, 2023: First day back after the break!



Student Inclusive Reporting Conferences - Dec. 8 and 9

MRE follows the student inclusive conferencing model for reporting where the classroom teacher, the parent(s), and the child have a meaningful discussion about the child's learning. If you have not had a chance to visit the district website to learn about our student inclusive reporting, please do so



at http://www.sd42.ca/ and click the PARENTS tab and then Reporting and Assessment. Here you will find Q & A, videos, report/conference templates, and other information. Our school district uses the new provincial proficiency scale. We know learning occurs on a continuum of development and takes patience and time. Please visit the link below that explains this further:

https://reporting.sd42.ca/wp-content/uploads/2021/02/Explanation-of-Provincial-Proficiency-Scale.pdf

To provide time for conferences, students have an early dismissal at 11:30 a.m. on Dec. 8 and they do not attend school on Dec. 9.

Happy Holidays from The Library

Intermediate students who were part of the MRE Book Fest Program had the chance to compete against Harry Hooge, at the "Kahoot virtual wrap-up" this week. Thanks to all the students who participated and read so many great books!

As the holidays approach, it would be greatly appreciated if families could take an extra look around the house for overdue library books and return them as soon as possible. Keep reading over the break!

Mr. Bisset



Westcoast Recess and Lunch – Dress for The Weather

A reminder to parents and guardians that MRE students play outside when it is cold, rainy or even snowy. Only on rare occasions will we keep students inside. We ask that you send your child to school dressed for the weather (boots, coats, mitts, umbrella ...). If your child tends to get wet playing on the slides or in the field, please send an extra set of clothing.

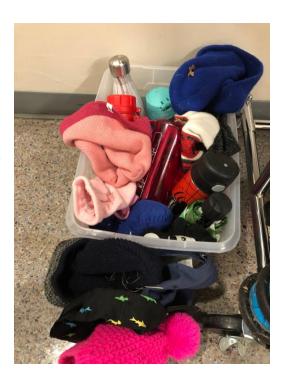
Lost and Found

There are many coats, sweaters and water bottles in the Lost and Found!

You can stop by anytime to have a look.

Unclaimed items will be donated to local charities on Dec. 16th. Please consider labeling items with your child's name so they can be easily returned. Thank you for your assistance.





Winter Break

The last day of school before winter break will be Friday, December 16, with dismissal at 2:25 p.m. School will reopen on Tuesday, January 3 at 8:25 a.m.

The district calendar for the entire year can be found at: https://www.sd42.ca/district-school-calendars/

Messages from the MRE PAC

Check out the Maple Ridge Elementary PAC Facebook page – MRE Parents Association

Did you know that our PAC has a website? Don't miss out on exciting upcoming dates and events happening at MRE. Register now!

Follow your PAC and stay up to date

Maple Ridge

on all the news that's fit to _/_

- Go to mre.parentcouncil.net
- Click on "Click Here to Register"
- Enter Access Code MREPAC
- Complete the rest of the registration form.

*NOTE: By listing your email address when you register, you are giving permission to receive PAC notices by email. You may withdraw this consent at any time by responding to emails you receive with a request to unsubscribe from your PAC notice list.

The next meeting is at 7:00 p.m. in the school library on Jan. 9, 2023

Santa Mall

Ho Ho, here we go! Santa Mall is here with sleigh bells jingling on Thursday, December 1st and Friday, December 2nd. Santa Mall shopping is by donation with NO PRICING.

This year, for the first time ever, each student can select up to TWO gifts! Please send your child with \$1-\$5 donation on their Santa Mall day. If you send over this amount, no change can be given. Children who forget their money on the day will choose gifts at no charge.

Thank you to parents, staff, and the community for your amazing donations. Santa Mall is a chance for young people to experience the joy of giving this holiday season.

And back by popular demand...THE FLASH SALE! Parents, guardians, and staff, please join us Friday, December 2nd from 2:30-3:30 for an amazing one-dollar only sale. All students must be accompanied by an adult to attend the flash sale, no exceptions. Thank You!

LUG A MUG – DECEMBER 8TH

Students are asked to bring a mug on December 8th so that PAC volunteers can fill it with yummy hot chocolate after recess. Volunteers are still needed. If you can help, please email pac.mre@gmail.com.



CHRISTMAS DONATION BINS

Our school will once again be creating food and gift hampers for families in need. If you would like to donate a non-perishable food item or unwrapped gift, please

bring items to the collection boxes labelled "Christmas Hampers."



Christmas Hampers

It's that magical time of year again!!

This holiday season while you are preparing for your family festivities, consider contributing to another family's Christmas by donating to our MRE Hampers. You can contribute by providing non-perishable food items (examples listed below), unwrapped gifts for all family members, or gift cards.

Every little bit counts and together we can make a difference for someone during this Holiday Season!

Pantry Staples: soup, fruit, vegetables, beans, stew, pasta sauce **Breakfast**: pancake/waffle mix, cereal, oatmeal, syrup, coffee, tea, peanut butter, jam, juice

Dinner: stuffing, cranberry sauce, rice, pasta, gravy mix

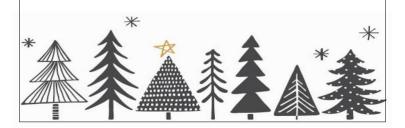
Snacks/Treats: crackers, granola bars, lunch snacks, hot chocolate,

marshmallows, jell-o, pudding, cookies

Baking: cake mix, sugar, icing

Contact us at pac.mre@gmail.com if you have any questions

Thank you from your MRE PAC



News from the District

Kindergarten Registration Process 2023 – 2024

Please share this information with families who have children born in 2018.



Registration Phase	Registration Starts on	Registration Ends on	Documentation due at	
	Parent Portal 12:00 noon	Parent Portal for parents	school by parents	
		11:59 pm	12:00 noon	
Sibling – if your child	Jan 04, 2023	Jan 10, 2023	Jan 20, 2023	
has a sibling already attending MRE				
Choice –	Jan 18, 2023	Jan 23, 2023	Feb 3, 2023	
Includes French				
<u>Immersion</u>				
General	Feb 1, 2023	Feb 7, 2023	Feb 45, 2023	
Late	Feb 22, 2023	July 28, 2023	Sept 1, 2023 (for summer registrations)	
Open	August 21, 2023	Sept. 15, 2023	Within 5 business days. If	
			registration is submitted	
			in the summer – submit	
			within 5 days of school	
			opening	

Registering your child for kindergarten is a big step, but it doesn't have to be a difficult one. With the easy new online registration process, you can register your child from the comfort of your own home. Go to https://www.sd42.ca/, use the" parent" pull-down tab and go to "kindergarten registration."

Review the registration steps below to ensure you are ready for the big day. Complete steps 1-4 before registration to save time.

STEP 1: OPEN A PARENT PORTAL ACCOUNT

You must open an SD42 Parent Portal account to access registration. If possible, complete this step well before registration day at http://parents.sd42.ca

STEP 2: FIND YOUR REGISTRATION DATE – (to be posted soon)
Review the registration categories (SIBLING, CHOICE, GENERAL) to find your registration period.

Dates will be posted on the school district website. Registration for the 2023/24 school year will open in early January 2023.

STEP 3: REVIEW THE REGISTRATION FORM

Review a copy of the online registration form before registration day. (Available starting January 2023 at http://parents.sd42.ca)

STEP 4: REVIEW ACCEPTANCE CRITERIA

The order in which the district places new kindergarteners is determined by the Acceptance Criteria. Review these online.

STEP 5: REGISTER

Register your child at http://parents.sd42.ca

STEP 6: PROVIDE SUPPORTING DOCUMENTS
Once you receive email notification of your child's tentative placement, you must bring supporting documents to that school.



General Grade 8 Registration

Opens at 12:00 noon on the parent portal on February 2, 2023 and closes on February 17, 2023. Parents are notified of student placement prior to Spring Break. More information coming soon at www.sd42.ca

School Closures

On rare occasions schools may be cancelled due to extreme weather conditions. Public announcements affecting closure of schools will be made by the Superintendent of Schools. For the purpose of announcing emergency closures prior to the opening of schools, the radio stations listed below will be contacted by the district office. The announcements will be made between 6:15 and 7:00 a.m.

News 1130 AM CKNW - 980 AM CBC - 690 AM Global TV news

As well, you can check the school district website and district social media feeds for updates: www.sd42.ca SD42 Twitter feed (@sd42news) SD42 Facebook feed When schools are closed, we cannot make calls home to let you know; nor, can we answer all the phone calls to ask if school is open.

Careers

Have you thought about a career with our school district? To see the opportunities that are available, visit us at http://www.sd42.ca/careers/

DECEMBER

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				SANTA MALL	SANTA MALL	3		
4	5	6	7	Bring a mug for Hot Chocolate STUDENT INCLUSIVE CONFERENCES DISMISSAL AT 11:30	STUDENT INCLUSIVE CONFERENCES	10		
11	12	Dress your most "Christmassy"	14 CONCERT 9:00 A.M.	CONCERT 12:45 P.M.	LAST DAY BEFORE THE BREAK	17		
18	19	20	21	22	23	24		
	Winter Break - Happy Holidays!							
25	See you on Tuesday, January 3 rd , 2023							

COMMUNITY INFORMATION

Family Education Centre



The Family Education and Support Center is excited to have the following courses and workshops available for this winter.

For a full list of programs, see the winter program guide: <u>Family</u> <u>Education and Support Centre Winter Program Guide.</u> To register, call 604-467-6055 or visit https://www.familyed.bc.ca/.

Anger Monsters (8-12 years): This children's program is designed to teach children 8-12 yrs old what anger is. This program is designed to allow participants to be able to identify their triggers and learn tools to help control their anger. The parents program features skills from Neufeld Institute, including various anger cycles and goals of behavior. Participants will also learn how to help support their child's efforts to tame their anger, along with different calming techniques. Date: Feb 4-Mar 4 (Sat) Time: 330pm-530pm Cost: \$90 *price is for 1 child and 1 parent/guardian*

Anger Monsters (6-7 years): This children's program is designed to teach children 8-12 yrs old what anger is. This program is designed to allow participants to be able to identify their triggers and learn tools to help control their anger. The parents program features skills from Neufeld Institute, including various anger cycles and goals of behavior. Participants will also learn how to help support their child's efforts to tame their anger, along with different calming techniques. Date: Jan 7-Jan 28 (Sat) Time: 330pm-530pm Cost: \$90 *price is for 1 child and 1

parent/guardian*

I Am Awesome (Spring Break

Camp): This course is designed to help young people with communication styles, triggers, "I" statements, looking at their special inner qualities, how to deal with stress and how to be a friend. We are offering two sessions. Ages 7 - 11 Ages 6-8 years Date: Mar 13 - 17 Time: 8am - 12pm Cost: \$86/child Ages 9&10 years Date: Mar 20 - 24 Time: 8am - 12pm Cost: \$86/child

STEPE: Developmentally appropriate parenting skills for children aged 0-6. Programming for children 0-6 is available.

Date Jan 30- Feb 24 (Tues/Fri) Time: 1-3pm Cost: FREE

Parenting Resilient Children: Understand better what resiliency is and how we can foster it in our families. Please note, this workshop will take place via Zoom. Date: Feb 14 (Tues) Time: 10am - 12pm Cost: \$15

Conflict Resolution Parenting: Learn how to use "I" statements, conflict management styles, trigger scale, active listening, paraphrasing and open questions for parenting. This workshop will take place via Zoom. Date: Jan 10 (Tues) Time: 10am - 12pm Cost: \$15

Healthy Relationships: This 2-part course looks at the fundamentals of any adult relationship including the foundation, needs, wants, and

communication skills. Date: Feb 4 & Feb 11 Time: 9am-3pm Cost: \$90/per person *must register in pairs*

Men's Anger Management: Explores the complex nature of anger, recognizing triggers, alternative methods of expression, and how to defuse anger. Date: Jan 15- Feb 5(Sun) Time: 9am - 2pm Cost: \$90

Brave New You: Women learn about creating and keeping their boundaries, healthy communication, managing challenging conversations, expressing feelings and identifying personal needs. Date: Feb 4- Mar 4 (Sun) * no class Family Day weekend Time: 9am - 2pm Cost: \$90

More below





SD42 DPAC, in collaboration with SD42 Early Learning is pleased to announce an upcoming presentation on Transitioning to Kindergarten and K Registration Q&A information session!!

Open to all Parents, Guardians and Caregivers in Maple Ridge/Pitt Meadows registering a Kindergarten student for 2023/2024.

DATE: Thursday, December 1st, 2022

TIME: 7pm

LOCATION: Virtually on Zoom and Live on YouTube

FREE Zoom Registration is REQUIRED and is available to ALL Parents/Guardians of SD42. You must register in advance or you may not be able to access the Zoom portion.

Clink on the link below for more info and how to register.

SD42DPAC.FILES.WORDPRESS.COM

sd42dpac.files.wordpress.com

FREE online counselling and support for anyone from Ukraine

with an MA Counselling Psych Intern who speaks Ukrainian Online: free group and free individual (up 12 sessions)

Available across Canada

To Register:

krystyna.namolovan@gmail.com 289-643-5208





It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

TOPICS

Session 1 & 2:

How to Support a Safety Plan at Home

Session 3

How to Take Care of Yourself and Family After a Crisis

.....

Session 4: How to Find the Resources You Need

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Region: FRASER

Dates: December 7, 12, 14 and 19, 2022

Times: Time: 12:00-1:00 pm

Dates: December 1, 6, 8 and 13, 2022

Times: Time: 6:00-7:00 pm

Dates: January 9, 11, 16 and 18, 2023

Times: Time: 12:00-1:00 pm

Dates: January 3, 5, 10 and 12, 2023

Times: Time: 6:00-7:00 pm

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.



intheknow's Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

ADHD - The Real Deal

Join us as we listen to Dr. Don Duncan dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.

Come together with other families to watch this one hour video presentation followed by a 30 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.

Event Date(s):

Monday, December 5 at 6:30pm (PST) Tuesday, December 13 at 5:00pm (PST) Wednesday, December 14 at 12:00pm (PST) Thursday, December 15 at 6:30pm (PST) Tuesday, December 20 at 5:00pm (PST)

Registration required:

www.familysmart.ca/events

Cost: Free of Charge







