

Friday Blast

Maple Ridge Elementary

Friday, February 18th, 2022

IS YOUR CHILD FEELING UNWELL?

The BC Centre for Disease Control has updated its guidance on when to get a Covid-19 test, and when to self-isolate. **Please see flowchart attached to this blast for more information.** You can also consider printing a copy of this chart and keeping it in a visible place in your home, such as on your refrigerator or near your front door.

STAYING HOME?

If you know that your child will be absent for one or more days, please contact the school. There are several options for letting us know:

- Email mre_reception@sd42.ca
- Log into the portal and mark your child's absence(s)
- Call reception at 604-467-5551 (voicemail is available after hours)

This information helps us immensely as we must call every unexcused absence each day. If you are emailing your child's teacher directly, please also copy mre_reception@sd42.ca to the email as teachers may not communicate to the office before we begin our morning phone calls.

TRAVELLING?

Families must continue to follow federal requirements when returning from international travel. Please use this link to learn more: <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada#children>

STAFF PARKING LOT

We know that mornings are a busy time and finding parking at the school can be challenging. We ask that you **do not pull into the staff parking lots for drop-off or pick-up.** When cars pull in and out, it creates an unsafe situation for students and their families who are walking nearby. Recently, there have been several reports of near misses and we take this very seriously. Beginning on Wednesday, February 23rd the chain will be up on the West side parking lot.

We recommend arriving at school early to find street parking, or parking on a nearby side street and walking together. You can also use the drive-thru lane for a quick drop off if needed, but drivers must remain in their vehicles.



POETRY CONTEST

Is your child a poet? Check out the “Democracy and Me” Poetry Contest flyer attached below. This contest is co-sponsored by the Office of the Lieutenant Governor of British Columbia and is open to K-12 students. Contest closes February 28th.

KINDNESS COUNTS DAY

Kindness is a value that we believe in at Maple Ridge Elementary every day. On Kindness Counts Day, Wednesday, February 23rd, we highlight the importance of Kindness. Teachers will be doing special activities in their classrooms, and we will be having a school-wide assembly. On this day students and staff are encouraged to wear pink or to their Kindness Counts hoodies or t-shirts. If you ordered a pink shirt, they were received and distributed this week.

STUDENT PHOTO ORDERS

Did you know that you are still able to order your child’s school photo from this fall? Yes! If you’d like to place an order, or need your access code, please contact: studio@photoexpressions.ca and they will be glad to help you.

MASKS

Masks provide protection to the people wearing them and to those around them. They work best when everyone who can wear a mask is wearing one. Thank you for encouraging your child to wear a mask at school as much as possible.

Reusable cloth masks need to be washed regularly. Most masks can be handwashed or thrown into your washing machine with regular household laundry. Wearing a clean mask is so much more refreshing!

FOLLOW US ON FACEBOOK!

You can follow our school on Facebook by searching for: **Maple Ridge Elementary SD42**

Our Facebook group is a great place to get up to date information and alerts when the Friday Blast is posted. Check us out!

HOMESTAY INFORMATION

Are you interested in welcoming an international student into your home? If so, you may want to attend the information session being offered online March 1st



The flyer features a young woman with curly hair and glasses, wearing a white t-shirt and dark overalls, holding a tablet. The background is a light blue and white gradient. The text on the flyer includes the School District 42 logo, the event title 'SD42 HOMESTAY INFORMATION NIGHT', and contact information for an online session on Tuesday, March 1, 2022.

www.sd42.ca

School District 42
Maple Ridge & Pitt Meadows
Learning Today. Leading Tomorrow

SD42 HOMESTAY INFORMATION NIGHT

Are you are interested in welcoming an international student into your home?

Join us for an online information session on
Tuesday, March 1, 2022 (7 p.m.).

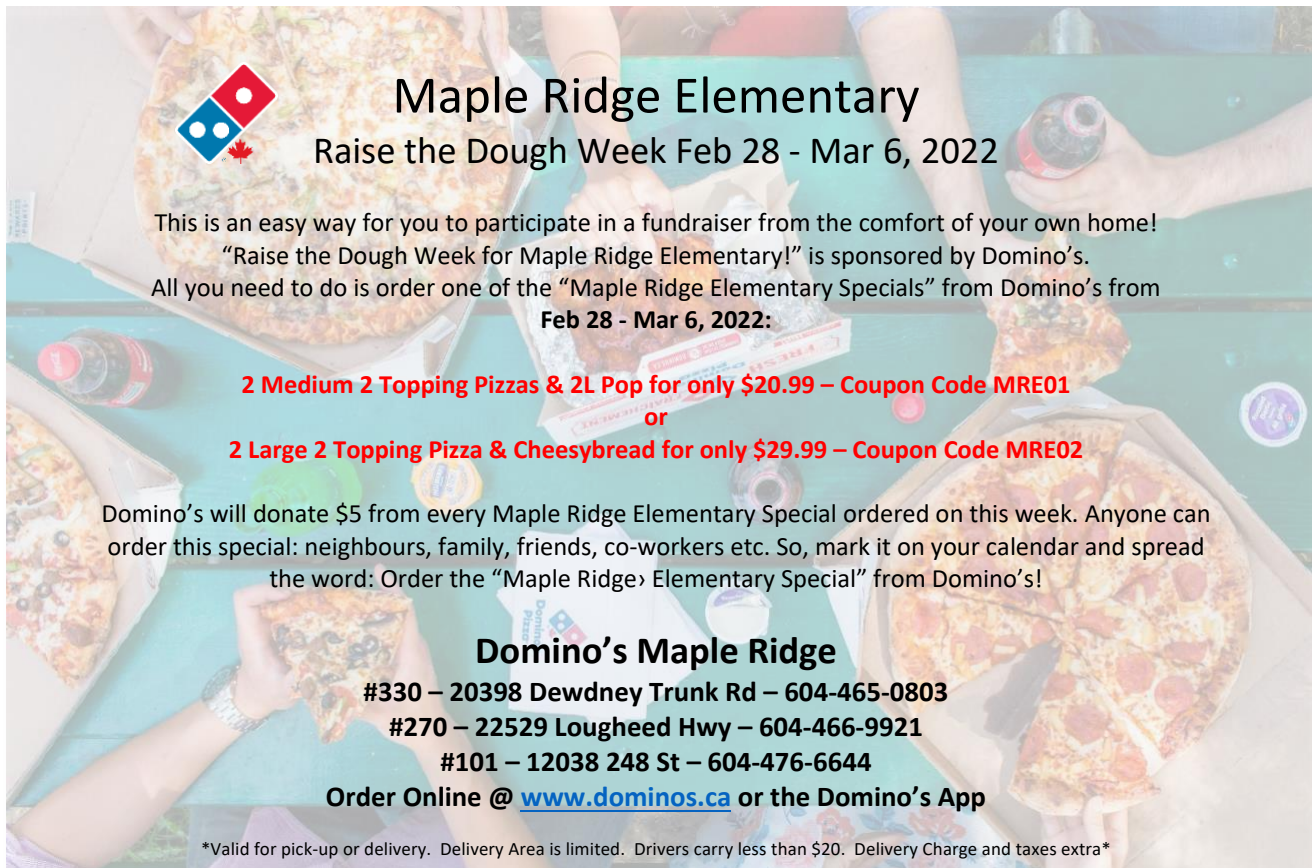
Call 604.466.6555 Ext. 3
or email inted@sd42.ca to register.

inted.sd42.ca

22225 Brown Avenue, Maple Ridge, BC V2X 8N6 Tel. 604.463.4200

DOMINOS PIZZA FUNDRAISER

Do you like pizza? Do you like supporting our school? We have a special deal for you! Our fundraiser with Domino's pizza will run from Feb 28th to Mar 6th. It is open to anyone so feel free to spread the word to friends and family or to share on your social media. Not only is this a deliciously good deal, but all \$5 will be donated to MRE for all "specials" ordered during this time frame.



Maple Ridge Elementary
Raise the Dough Week Feb 28 - Mar 6, 2022

This is an easy way for you to participate in a fundraiser from the comfort of your own home!
"Raise the Dough Week for Maple Ridge Elementary!" is sponsored by Domino's.
All you need to do is order one of the "Maple Ridge Elementary Specials" from Domino's from
Feb 28 - Mar 6, 2022:

2 Medium 2 Topping Pizzas & 2L Pop for only \$20.99 – Coupon Code MRE01
or
2 Large 2 Topping Pizza & Cheesybread for only \$29.99 – Coupon Code MRE02

Domino's will donate \$5 from every Maple Ridge Elementary Special ordered on this week. Anyone can order this special: neighbours, family, friends, co-workers etc. So, mark it on your calendar and spread the word: Order the "Maple Ridge Elementary Special" from Domino's!

Domino's Maple Ridge
#330 – 20398 Dewdney Trunk Rd – 604-465-0803
#270 – 22529 Lougheed Hwy – 604-466-9921
#101 – 12038 248 St – 604-476-6644
Order Online @ www.dominos.ca or the Domino's App

Valid for pick-up or delivery. Delivery Area is limited. Drivers carry less than \$20. Delivery Charge and taxes extra

UPCOMING DATES

Monday, February 21 ~ Family Day – Classes Not in Session

Tuesday, February 22 ~ Non-Instructional Day – Classes Not in Session

Wednesday, February 23 ~ Kindness Counts Day

Monday, February 28 ~ Domino's "MRE Special" week begins

Thursday, March 3 ~ Early Dismissal, 11:30 a.m. – Student Led Conferences

Friday, March 4 ~ Classes Not In Session – Student Led Conferences

Monday, March 7 ~ 7 p.m. – regular PAC meeting

Wednesday, March 9 ~ 7 p.m. – PAC Constitution and Bylaw meeting

LOST AND FOUND

Our lost and found is slowly filling back up! Please be sure to write your child's name inside their valuable belongings such as jackets, boots, or shoes. This helps us return items we find. See below for pictures of some items currently missing their owner. All leftover items will be donated to charity on the last day before the Spring Break (March 11).



MESSAGES FROM OUR PAC

Did you know we have a PAC section on our School Website? For information about the PAC, access to PAC meeting minutes and much more, please check our Maple Ridge School District Website by visiting: <https://elementary.sd42.ca/mapleridge/>

Our PAC also has a Facebook group which you can follow. Search for: **Maple Ridge Elementary PAC** on Facebook

Our Next PAC Meeting is Monday, March 7th at 7:00 p.m. on Zoom.
All parents and guardians are welcome. We look forward to seeing you there!
Use the following Zoom Link: Meeting ID: 817 2367 8481
Passcode: 499270



The MRE PAC **Constitution and Bylaw** meeting is Wednesday, March 9th at 7:00 p.m. on Zoom.

<https://us02web.zoom.us/j/81723678481?pwd=SS9rK0dFYVJrUm1SZ3pRSFNFWXQ2dz09>

Meeting ID: 817 2367 8481

Passcode: 499270

All parents and guardians are welcome.

Current Fundraisers

Fundraisers are a great way to support our school.

We have several ongoing fundraisers taking place at Maple Ridge Elementary.

See the list below:

Save On Foods Receipts

We are once again collecting Save-On-Foods receipts. Students can use the drop-off box near the office. After we have collected a certain number of receipts Save On Foods provides our school with gift cards.

Purdy's Chocolates

Please email mcmasterleanne@gmail.com for any questions. The deadline to place an order is March 16th. Use the MRE Purdy's link to view all the yummy springtime and Easter chocolates available:

<https://fundraising.purdys.com/1498765-93044>

Maple Ridge Liquor Store

Did you know that when you make a purchase at the Maple Ridge Liquor Store and mention MRE when you are checking out, they will make a 5% donation to our school?



✔ WHAT TO DO WHEN SICK

IF YOU HAVE SYMPTOMS OF ILLNESS, STAY HOME

Most people don't need testing for COVID-19. Use the BCCDC Self-Assessment Tool or contact 811 or your health care provider to find out if a COVID-19 test is recommended.

Symptoms of COVID-19 include:



- Fever or chills
- Cough
- Loss of sense of smell/taste
- Difficulty breathing
- Sore throat
- Loss of appetite
- Runny nose
- Sneezing
- Extreme tiredness
- Headache
- Body aches
- Nausea/vomiting
- Diarrhea

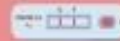


Go to emergency or call 911 if you:

- Find it hard to breathe
- Have chest pain
- Can't drink anything
- Feel very sick
- Feel confused

IF YOU HAVE MILD SYMPTOMS (OR HAVE TESTED NEGATIVE): STAY HOME

- For most people, testing is not recommended.
- Mild symptoms can be managed at home.



IF YOU TEST POSITIVE: SELF ISOLATE

- Complete an online form to report your test result.
- Manage your own symptoms.
- Let your household contacts know.



IF YOU ARE FULLY VACCINATED OR LESS THAN 18 YEARS OLD

You can end isolation and return to school / work when all conditions are met:

- 1 **At least 5 days** have passed since your symptoms started, or from test date if you did not have symptoms.
- 2 Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
- 3 Symptoms have improved.

You should avoid non-essential visits to higher risk settings such as long-term care facilities and gatherings for another 5 days after ending isolation

IF YOU ARE 18 YEARS OF AGE OR OLDER AND NOT FULLY VACCINATED

You can end isolation and return to school / work when all conditions are met:

- 1 **At least 10 days** have passed since your symptoms started, or from test date if you did not have symptoms.
- 2 Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
- 3 Symptoms have improved.

RETURN TO SCHOOL / WORK

Stay home until you feel well enough to return to your regular activities



IF YOU STILL HAVE SYMPTOMS



Continue to isolate longer if you still have a fever or are not feeling better. If you are unsure or concerned, connect with your health care provider or call 811.

WHAT TO DO IF SOMEONE IS SICK IN YOUR HOUSEHOLD

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)