

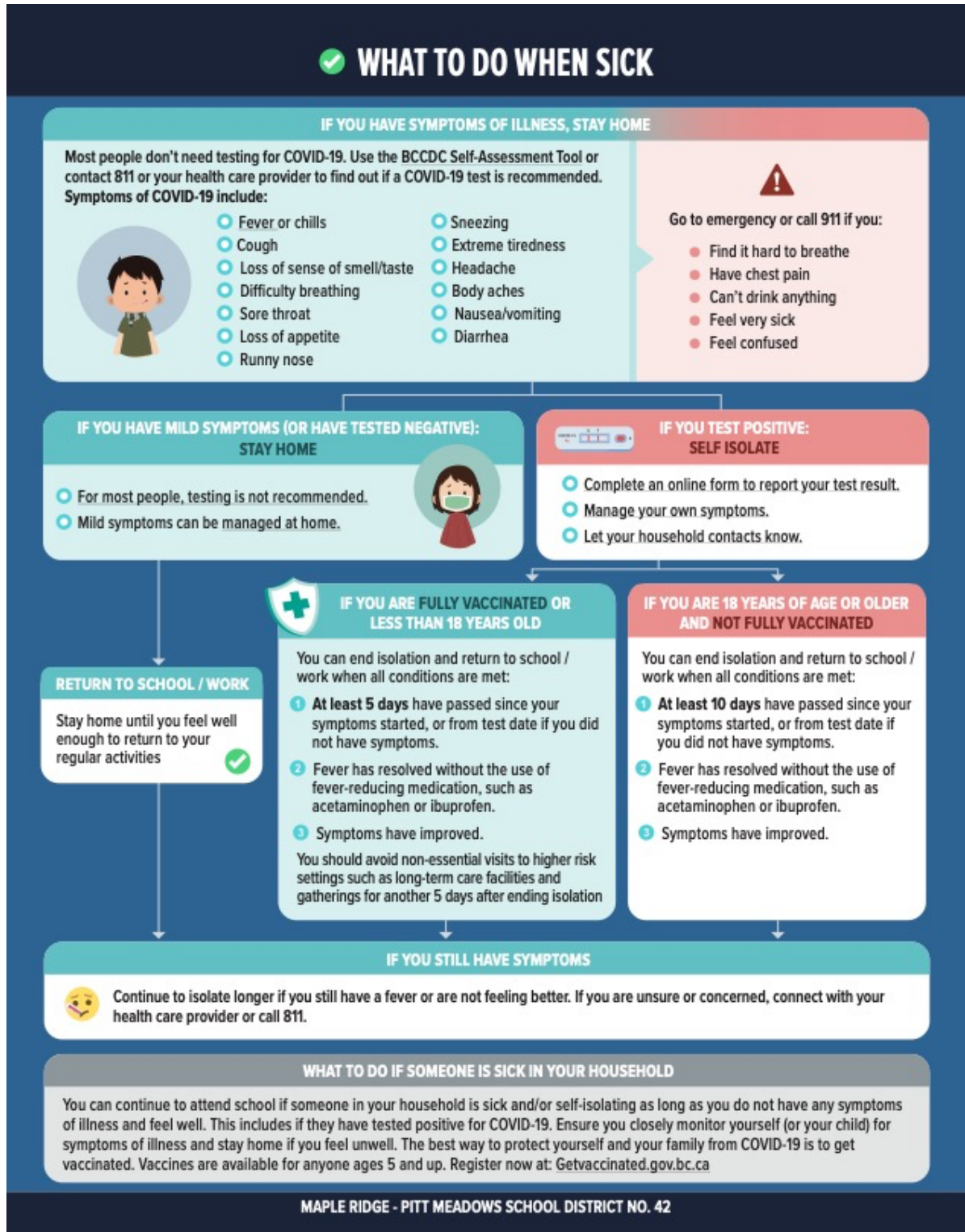
Friday Blast

Maple Ridge Elementary

Friday, January 28th, 2022

WHAT TO DO IF SICK

The BC Centre for Disease Control has updated its guidance on when to get a Covid-19 test, and when to self-isolate. Please see flowchart below for a summary of this guidance:



INTERNATIONAL TRAVEL

Families must continue to follow federal requirements when returning from international travel. Please use this link to learn more: <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada#children>

STUDENT ABSENCES

If you know that your child will be absent for one or more days, please contact the school. There are several options for letting us know:

- Email mre_reception@sd42.ca
- Log into the portal and mark your child's absence(s)
- Call reception at 604-467-5551 (voicemail is available after hours)

This information helps us immensely as we must call every unexcused absence each day. If you are emailing your child's teacher directly, please also copy mre_reception@sd42.ca to the email as teachers may not communicate to the office before we begin our morning phone calls.

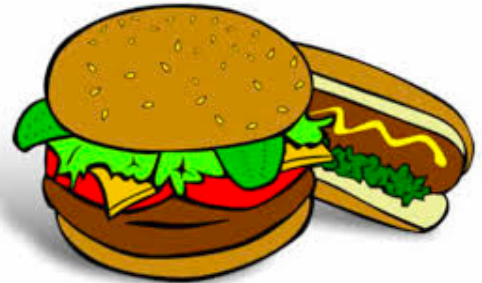
HOT LUNCHES

We will be having a hot lunch on Thursday February 3rd.

If you would like to place an order for Fuel hotdogs, burgers, or other yummy items please visit

www.munchalunch.com

If you have credits from previously postponed hot lunches, you will be able to apply them to this order at check out. COVID guidelines will be strictly followed.



VALENTINE'S DAY

Valentine's Day is Monday, February 14th. Many classrooms will be celebrating by exchanging cards and having small class celebrations. If you plan on sending treats or snacks, they must be **commercially prepared, individually packaged** items. Teachers will distribute these for students. Homemade baked goods or treats are not accepted at this time.

RIDGE MEADOWS BALL HOCKEY ASSOCIATION

The 2022 ball hockey season for children ages 5-19 will be starting up again soon. Please see the flyer attached to this blast for more information on how to sign up.

MASKS

Masks provide protection to the people wearing them and to those around them. They work best when everyone who can wear a mask is wearing one. Thank you for encouraging your child to wear a mask at school as much as possible.

If you have questions about what types of masks your child should be wearing, or what alternatives exist, please see the attached photo from the BC CDC at the end of this Blast. We have a small supply of shields at the office that we can give to students.

We often find masks outside or on the floor in the school. To prevent your child losing, misplacing, or getting their mask dirty, please consider labeling it with their name and attaching it to a lanyard.

GRADE 8 REGISTRATION

If your child will be in Grade 8 in the fall, please check the registration timeline for General and Special Programs.

| Registration phase | Registration Starts on Parent Portal 12:00 noon | Registration Ends on Parent Portal for parents 11:59 pm | Registration End date on Portal 11:59 pm | Parents notified? |
|--------------------|--|--|---|---------------------------------|
| General Grade 8 | Feb 3, 2022 | Feb 18, 2022 | March 31, 2022 | March 4 - prior to Spring Break |
| Cyberschool | Jan 27, 2022 | Feb 7, 2022 | Feb 28, 2022 | Prior to Spring Break |
| Wheelhouse | Jan 27, 2022 | Feb 7, 2022 | Feb 28, 2022 | Prior to Spring Break |
| Late French | Jan 27, 2022 | Feb 7, 2022 | Feb 28, 2022 | Prior to Spring Break |

KINDERGARTEN REGISTRATION

If your child will be starting Kindergarten in the fall, registration is already open and ongoing. MRE offers both English and French Immersion Kindergarten programs.

| Registration phase | Registration Starts on Parent Portal 12:00 noon | Registration Ends on Parent Portal for parents | Documentation due by parents |
|--------------------|--|--|---|
| Enviro Sibling | January 3, 2022 | Jan 4, 2022 | Jan 14, 2022 |
| Sibling | Jan 5, 2022 | Jan 11, 2022 | Jan 21, 2022 |
| Enviro | Jan 12, 2022 | Jan 14, 2022 | Jan 21, 2022 |
| Choice | Jan 19, 2022 | Jan 24, 2022 | Feb 4, 2022 |
| General | Feb 2, 2022 | Feb 8, 2022 | Feb 25, 2022 |
| Late | Feb 23 2022 | July 31, 2022 | Sept 2, 2022(for summer registrations) |
| Open | August 17, 2022 | June 15, 2023 | As registrations are assigned by school |

FAMILY SMART ONLINE EVENTS

Family Smart has a number of upcoming events offered online. Family Smart offers help to families on a variety of topics such as how to talk to your child or teen, ADHD, and much more. See their flyers attached to this blast for more information and how to register for their programs.



UPCOMING DATES

Monday February 7

6:00 pm – Grade 7 Leaving Meeting on Zoom – grade 7 students and their parents

<https://sd42.zoom.us/j/66962226523?pwd=bDJoSERKeXdPLzdjck9WN1IKVXBqQT09>

Meeting ID: 669 6222 6523

Passcode: 485817

Monday February 14

Valentine's Day

7:00 pm PAC meeting

Friday February 18

School Spirit Day – Twin Day

Monday February 21

Family Day – Classes Not In Session

Tuesday February 22

Non-Instructional Day – Classes Not In Session

Wednesday February 23

Kindness Counts Day



MESSAGES FROM OUR PAC

Did you know we have a PAC section on our School Website? For information on the PAC, access to PAC meeting minutes and much more please check our Maple Ridge School District Website by visiting: <https://elementary.sd42.ca/mapleridge/>

Our PAC also has a Facebook group which you can follow. Search for: **Maple Ridge Elementary PAC** on Facebook

Our Next PAC Meeting is February 14 at 7:00 pm on Zoom.

All parents and guardians are welcome. We look forward to seeing you there!

Use the following Zoom Link: Meeting ID: 817 2367 8481

Passcode: 499270

Current Fundraisers

Fundraisers are a great way to support our school.

We have several ongoing fundraisers taking place at Maple Ridge Elementary.

See the list below:

Purdy's Chocolates

Please email mcmasterleanne@gmail.com for any questions. The MRE Purdy's link is open now for ordering: <https://fundraising.purdys.com/1498765-93044>

Maple Ridge Liquor Store

Did you know that when you make a purchase at the Maple Ridge Liquor Store and mention MRE when you are checking out, they will make a 5% donation to our school?

Save On Foods Receipts

We are once again collecting Save-On-Foods receipts. Students can use the drop-off box near the office. After we have collected a certain number of receipts Save On Foods provides our school with gift cards.

Face masks: How are they different?

Physical distancing, hand washing and staying at home if you are sick are the most effective ways to prevent the spread of COVID-19. Masks do not replace these actions but when worn properly offer protection. Masks are particularly important in indoor settings and when you are not able to keep a two metre distance from others. For work settings, refer to specific workplace guidance on masks.



Cloth masks (homemade or bought)

- May be used by the public to reduce the spread of large respiratory droplets
- Can be made from various types of machine-washable and dryable cloth. Should be constructed with three layers
- If homemade, use clean woven cotton or linen (for example a tea towel, bedsheet, pillowcase or t-shirt)
- Must be designed and worn to fully cover nose and mouth
- Should fit snugly, let you breathe easily, and attached securely with ties or ear loops
- Re-usable and need to be washed regularly
- A bandana, neck gaiter or scarf do not offer the same protection



Face and mouth shields

- Face shields do not replace non-medical masks and are not recommended as a substitute
- They may block some droplets or spray but should be worn with a mask underneath for full protection
- Non-medical clear masks are an option when visual communication is necessary but they have not been assessed for effectiveness
- Mouth shields offer even less protection than face shields



Industrial N95 respirators

- Used to protect workers from inhaling dust, fumes, and hazardous aerosols
- Available in hardware stores
- These masks are not recommended to prevent COVID-19 because if they have a valve and you cough or sneeze, you may spread a stream of germs through the valve

Personal protective equipment (PPE)



Medical/surgical masks

- Required for patients, clients, staff and visitors in healthcare settings
- Protect against large droplets
- Flat, pleated or cup shaped with a looser fit
- Water resistant; and may come with visor
- Meant for one-time use



Medical N95 respirators

- Used by healthcare workers for specific procedures. Not for use by the general public
- Protect against inhaling and exhaling very fine droplets
- Fits closely over the nose and mouth to form a tight seal
- Must be custom fit and worn properly

RMMBHA

RIDGE MEADOWS MINOR BALL HOCKEY ASSOCIATION

REGISTRATION NOW OPEN!

BALL HOCKEY 2022 SEASON FOR ALL DIVISIONS



MAPLE RIDGE - PITT MEADOWS - MISSION RMMBHA.COM

REGISTER NOW FOR THE 2022 BALL HOCKEY SEASON! (AGES 5-19)

Tykes Program:
Open to 5 & 6 year olds

U8 - U19 Program:
Open to all 7-19 year olds

RMMBHA has been committed to offering an organized and affordable house youth ball hockey experience in the Pitt Meadows, Maple Ridge and Mission areas since 2003. Our league's volunteers strive to create an inclusive community with a focus on building a fun, competitive athletic atmosphere that helps all players learn and develop their ball hockey skills. We encourage sportsmanship and fair play, while instilling a passion for the game. RMMBHA is a co-ed league and we are always looking to expand the involvement of girls in our sport.

Through BCBHA and CBHA there are opportunities to challenge our skilled, minor ball hockey players in tournaments against other teams throughout BC, other provinces and at an international level.

These include:

- The Western Challenge Cup Tournament
- Team BC Ball Hockey Tournament
- The Worlds Ball Hockey Tournament

Proudly sponsored by:



SCAN TO REGISTER NOW!



Follow us on:



REGISTER AT RMMBHA.COM



Connect and Learn with Us

An online event for families and caregivers

ADHD - The Real Deal

Speaker: Dr. Don Duncan

Dr. Duncan will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.

FEB
16

What to Say to Kids (and Teens) When Nothing Seems to Work

Speaker: Dr. Ashley Miller

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships.

FEB
23

(1 hour Presentation and 1 hour Q & A)

Cost: Free

Required Registration: familysmart.ca/events

