

Friday Blast

Maple Ridge Elementary

Friday, November 26th, 2021

STUDENT CONFERENCES

Please ensure you sign up for a time to meet with your child and their teacher for Student Led Conferences on Thursday, December 2nd or Friday, December 3rd. Conferences are an opportunity to celebrate your child's learning and set goals for the future. Thursday, December 2nd is an early dismissal day at 11:30 a.m. to allow afternoon conferences to take place. Friday, December 3rd classes will not be in session as teachers will be in conferences all day. Please connect with your child's teacher if you have any questions.



INTERNATION TRAVEL INFORMATION

Please see below the attached guidelines for international travel and unvaccinated students. This document provides clarification of what your unvaccinated child can and cannot do upon returning from an international trip. Thank you for taking a moment to review this document.

REMINDER: AMMENDED SCHOOL CALENDAR

As winter break is approaching, we want to remind everyone of the amendment which was made to the 2021/2022 school calendar. The return date after the winter break is **January 3rd, 2022**. We are one of a small number of school districts returning from winter break on January 3rd rather than January 4th so that we can meet the minimum required annual minutes of instruction.

DAILY HEALTH CHECK

Thank you for continuing to diligently monitor your child's health and completing the Daily Health Check each day prior to coming to school. The updated Daily Health Check is attached. This helps keep our school a safe and healthy place.

MASKS

Thank you for sending your child to school with two reusable masks each day. By reusing cloth masks we are not only keeping our school safe, but aiding the environment. Please remember to wash cloth masks each time they are worn.

KINDNESS COUNTS SHIRTS

Kindness Counts Day is February 23rd, and although that may seem far away, due to ongoing shipping delays we will be placing our order early this year. The parent portal is open now to place an order. Unfortunately, the supplier cannot provide pink hoodies so this year we are offering pink and black t-shirts, and black hoodies with pink writing. Please email Mrs.

Lendvoy if you have any questions: chelsea_lendvoy@sd42.ca



CHRISTMAS HAMPERS

We will be collecting non-perishable items for Christmas hampers from now until December 13th. If you have donations, they can be brought to the black bins outside the office. If you are interested in helping support the PAC to purchase gift items for the hampers, please contact nekoalne@hotmail.com

MESSAGES FROM OUR PAC

Did you know we have a PAC section on our School Website? For information on the PAC, access to PAC meeting minutes and much more please check our Maple Ridge School District Website by visiting: <https://elementary.sd42.ca/mapleridge/>

Our PAC also has a Facebook group which you can follow. Search for: **Maple Ridge Elementary PAC** on Facebook

Our Next PAC Meeting is January 10th at 7:00 pm on Zoom.

All parents and guardians are welcome. We look forward to seeing you there!

Use the following Zoom Link:

Meeting ID: 817 2367 8481

Passcode: 499270

Volunteers Needed

The PAC needs you! We are looking for parents who would be interested in helping coordinate a French Book Fair in the Spring of 2022.

If you are interested in volunteering your time, please email: pac.mre@gmail.com

Current Fundraisers

We have several exciting fundraisers taking place at Maple Ridge Elementary right now. Fundraisers are a great way to support our school. See the list below:

Maple Ridge Liquor Store

Did you know that when you make a purchase at the Maple Ridge Liquor Store and mention MRE, they will make a 5% donation to our school?

Save On Foods Receipts

We are once again collecting Save-On-Foods receipts. Students can use the drop-off box near the office. After we have collected a certain number of receipts Save On Foods provides our school with gift cards.



Book Fair

The online French Book Fair is still open! It will remain open until December 6th. The link to access the online French fair is: <https://virtualbookfairs.scholastic.ca/fr/pages/5166640>

Purdy's Chocolates

Grade 7s continue to raise funds for their yearend leaving activities through Purdy's Chocolates Sales. To order online visit: <https://fundraising.purdys.com/1364945-86000>

Order through: Market place or Online Orders once you have created your account.

To view the digital catalogue please click:

https://fundraising.purdys.com/gnfassets/resources/web/fundraising/2021_Christmas_Fundraising_Catalogue_Digital.pdf

The deadline for orders is November 30th and the pick-up will be at the back gym doors on December 15th from 2:00-2:40 If you have questions, you can email them to: nekoalne@hotmail.com

UPCOMING DATES

Tuesday Nov 30

Last day for Purdy's orders

Wednesday Dec 1

Fuel Pasta Day (date changed due to Student Led Conferences)

Thursday Dec 2

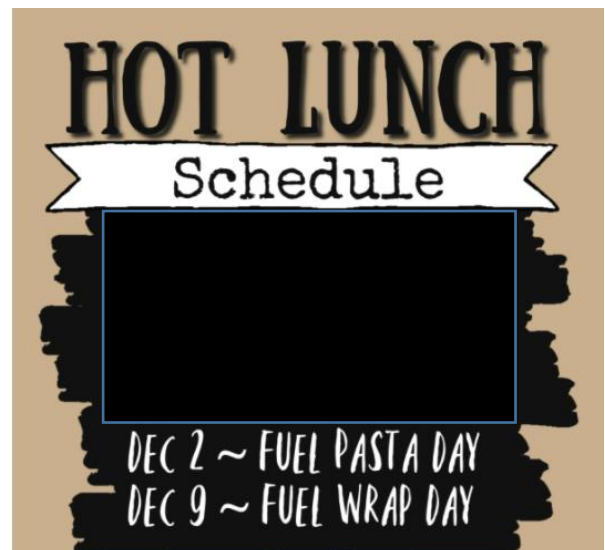
11:30 am dismissal – Student Led Conferences

Friday Dec 3

Student Led Conferences All Day (classes not in session)

Thursday Dec 9

Fuel Wrap Day
Reading Blast



Coronavirus disease (COVID-19)

Mandatory Requirements FOR UNVACCINATED CHILDREN UNDER 12 YEARS arriving in Canada without COVID-19 symptoms and TRAVELLING WITH FULLY VACCINATED PARENTS OR GUARDIANS



The Government of Canada has put in place emergency measures under the Quarantine Act to slow the introduction and spread of COVID-19 and variants in Canada. Symptoms can take up to 14 days to develop and the virus can be transmitted to others. To help keep others safe, you must meet the requirements under the *Minimizing the Risk of Exposure to COVID-19 in Canada Order (Quarantine, Isolation and Other Obligations)*.

Unvaccinated CHILDREN LESS THAN 12 YEARS OF AGE who enter Canada with their fully vaccinated parents, step-parents, guardians or tutors, are not required to quarantine upon entering Canada if both the child and the parents, step-parents, guardians or tutors, meet certain requirements in the Order and comply with the conditions imposed on them by the Minister of Health.

Public Health Measures

You must follow the public health measures listed below which set out the requirements under the Order and conditions imposed by the Minister of Health for your child and monitor their symptoms carefully for their own health and the safety of others.

These measures apply only if the child does not develop symptoms, is not exposed to anyone with COVID-19 symptoms, or test positive for COVID-19. Provincial and territorial measures are guided by local epidemiology and local circumstances may require stricter measures. If your local jurisdiction requires additional measures, these must be followed.

For the next 14 days You MUST:



LIMIT CONTACT WITH OTHERS

- Stay in an acceptable place that allows the child to avoid all contact with persons who meet the following conditions:
 - has an underlying medical condition that makes the person susceptible to complications related to COVID-19;
 - has a compromised immune system from a medical condition or treatment; or
 - is 65 years of age or older.
- Make sure the child remains with their fully vaccinated parent and/or guardian, as much as possible.
- Make sure the child enters public settings only in accordance with the instructions below, and wears a well-constructed, well-fitting mask to minimize the risk of introducing or spreading COVID-19.



TAKE COVID-19 TESTS

- Have the child take COVID-19 molecular tests as instructed (see separate handout for instructions), unless you have evidence that the child had a positive COVID-19 test taken 14 – 180 days prior to arrival in Canada OR the child is under 5 years of age.
 - Should the child develop signs or symptoms or test positive, isolate them immediately, call the local public health authority, and follow their instructions.
- Keep a copy of travel-related COVID-19 molecular test results for the next 14 days.
- Upon request, provide the child's test results to the Government of Canada or government of the province or territory where you are staying or residing, or to the local public health authority.



REPORT AND MONITOR

- Monitor the child's health.
- Maintain a list of names and contacts with whom the child came into close contact during the 14-day period.
- For the next 14 days after entry to Canada if the child develops sign or symptoms or tests positive for COVID-19, you must:
 - Report it immediately to PHAC by calling 1-833-641-0343, and
 - Follow all local public health requirements, including quarantine or isolation.



WARNING: Your compliance with this Order is subject to monitoring, verification and enforcement. If you or your child do not comply, your child may not be exempted from quarantine. You and your child may also be transferred to a quarantine facility, face fines, tickets, and/or imprisonment.

Symptoms

Should any of the following symptoms appear, or the child receive a positive result for a COVID-19 molecular test before the expiry of the 14-day period that begins upon entry into Canada, immediately isolate the child away from others and call your local public health unit for further instructions.

- › new or worsening cough
- › shortness of breath/difficulty breathing
- › muscle or body aches, fatigue, weakness
- › feeling very unwell
- › new loss of smell or taste
- › feeling feverish, chills, or temperature equal to or over 38°C
- › skin changes or rashes
- › headaches
- › gastrointestinal symptoms like abdominal pain, diarrhea, or vomiting

What your child CANNOT DO for the next 14 days

- › Attend a setting where they may have contact with vulnerable people (e.g. long term care facility), including with people who are immune compromised, regardless of that person's vaccination status or public health measures in place.
- › Attend school, camp or day care.
- › Travel on crowded public transportation that does not ensure physical distancing and masking (e.g. crowded subway).
- › Attend large crowded settings, indoors or outdoors, such as an amusement park or sporting event.

What your child CAN DO for the next 14 days

- › Visit uncrowded public settings such as parks, beaches or going for a walk while wearing a mask unless physical distancing can be maintained.
- › Gather on your own property with people from multiple households provided the child wears a mask and maintains physical distance.
- › Take uncrowded public transportation such as a taxi, or rideshare provided masks are worn at all times.
- › Gather with a small group of people from outside the household who are all known to be fully vaccinated while your child wears a mask and maintains physical distancing.
- › Accompany you to essential settings such as a grocery store or pharmacy, provided the child wears a mask and maintains physical distancing.

Public health authorities

Provinces and territories	Telephone number	Website
British Columbia	811	www.bccdc.ca/covid19
Alberta	811	www.myhealth.alberta.ca
Saskatchewan	811	www.saskhealthauthority.ca
Manitoba	1-866-626-4862	https://manitoba.ca/covid19/estartmb/
Ontario	1-866-797-0000	www.ontario.ca/coronavirus
Quebec	1-877-644-4545	www.quebec.ca/en/coronavirus
New Brunswick	811	www.gnb.ca/publichealth
Nova Scotia	811	www.novascotia.ca/coronavirus
Prince Edward Island	811	www.princeedwardisland.ca/covid19
Newfoundland and Labrador	811 or 1-888-709-2929	www.gov.nl.ca/covid-19
Nunavut	1-867-975-5772	www.gov.nu.ca/health
Northwest Territories	811	www.gov.nt.ca/covid-19
Yukon	811	www.yukon.ca/covid-19



DAILY HEALTH CHECK

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of federal requirements .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.