

# Friday Blast

## Maple Ridge Elementary

Friday, October 8<sup>th</sup>, 2021

### DAILY HEALTH CHECK

Thank you for continuing to diligently monitor your child's health and completing the Daily Health Check each day prior to coming to school. The updated Daily Health Check is attached. This helps keep our school a safe and healthy place.

### HOT LUNCHES

Thank you to our PAC volunteers who have been working hard to plan and organize three upcoming hot lunch days!

Friday Oct 15<sup>th</sup> – Little Caesars (Order deadline **today**)

Thursday Oct 21<sup>st</sup> – Booster Juice

Friday Oct 29<sup>th</sup> – Subway

You can sign up to place your orders by visiting  
<https://munchalunch.com/schools/MapleRidge>

### SPIRIT WEAR

Please check the portal if you are interested in purchasing Spirit Wear. This year we are selling t-shirts in multiple colours that align with your child's school team. All purchases must be made through the portal. Spirit Wear orders will close on October 15<sup>th</sup>.

### LOST AND FOUND

Please remind your child to check in at the lost and found regularly. We currently have many items missing their owners.

### MESSAGES FROM OUR PAC

Our Next PAC Meeting is Monday, October 18<sup>th</sup> at 7:00 pm on Zoom. All parents and guardians are welcome. We look forward to seeing you there!

To access the meeting go to [www.zoom.com](http://www.zoom.com) and enter:

Meeting ID: 817 2367 8481

Passcode: 499270



### Current Fundraisers

We have several exciting fundraisers taking place at Maple Ridge Elementary right now. Fundraisers are a great way to support our school. See the list below:

#### **Maple Ridge Liquor Store**

Did you know that when you make a purchase at the Maple Ridge Liquor Store and mention MRE, they will make a 5% donation to our school?

#### **Save On Foods Receipts**

We are once again collecting Save-On-Foods receipts. Students can use the drop-off box near the office. After we have collected a certain number of receipts Save On Foods provides our school with gift cards.

#### **Purdy's Chocolates**

Grade 7s will be raising funds for their yearend leaving activities through Purdy's Chocolates Sales. Online orders for Maple Ridge Elementary can be found through this link: <https://fundraising.purdys.com/1364945-86000> Order through: Market place or Online Orders once you have created your account. To view the digital catalogue please click: [https://fundraising.purdys.com/gnfassets/resources/web/fundraising/2021\\_Christmas\\_Fundraising\\_Catalogue\\_Digital.pdf](https://fundraising.purdys.com/gnfassets/resources/web/fundraising/2021_Christmas_Fundraising_Catalogue_Digital.pdf)

The deadline for orders is November 30<sup>th</sup> and the pick-up date will be December 15<sup>th</sup>. If you have questions, you can email them to: [nekoalne@hotmail.com](mailto:nekoalne@hotmail.com)



## THE WEEK AT A GLANCE

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**Monday, October 11**

Thanksgiving Day – Classes Not In Session

**Tuesday, October 12**

**Wednesday, October 13**

**Thursday, October 14**

**Friday, October 15**

Last Day to Order Spirit Wear  
Hot Lunch Day – Little Caesar's Pizza





# DAILY HEALTH CHECK

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	<b>If yes to 1 or more of these symptoms:</b> Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	<b>If yes to 1 symptom:</b> Stay home until you feel better.
Loss of appetite	
Headache	<b>If yes to 2 or more of these symptoms:</b> Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<b>If yes:</b> Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a> .  Students, staff and other adults who are not <a href="#">fully vaccinated</a> and have travelled outside of Canada <b>CANNOT attend school for 14 days after arrival</b> , as part of <a href="#">federal requirements</a> .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	<b>If yes:</b> Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.