

MAPLE RIDGE ELEMENTARY
20820 River Road, Maple Ridge, BC V2X 1Z7
Phone 604.467.5551 / Fax 604.467.9825
<http://schools.sd42.ca/mre>
Reception email:
mre_reception@sd42.ca



Principal: Barbara MacKinnon
Barbara_Mackinnon@sd42.ca
Vice Principal: Chelsea Lendvoy
Chelsea_Lendvoy@sd42.ca

October Newsletter #2 October 4, 2021

Dear MRE Families,

It's always surprising how quickly a month passes by. The first weeks of the school year have been busy as people settle into new classroom environments. There's already a calm atmosphere of learning and friendship in the school.

A monthly school newsletter like this one comes out of the first school day of each month and contains general information. For weekly school-wide updates, please be sure to read the Friday Blast that is sent on the Parent Portal and posted on the website each week. Individual classroom teachers will have other ways of communicating with you. If you ever need more information, please reach out.

The recent update about mask protocols for children in grades K-3 can be found on our school website and in the October 1st portal message from the Superintendent. The district website <https://www.sd42.ca/coronavirus-district-response/> contains a wealth of information and is updated regularly. If you have any questions, please don't hesitate to contact us.

Students have been learning about Truth and Reconciliation. Last Wednesday, we held a school-wide virtual assembly to honour the lost children and Survivors of residential schools, their families and communities.

Recently, we held the Terry Fox Run. Students showed a high level of awareness and inspiration about Terry's life and legacy. We are still counting donations because contributions are still coming in! Our fundraising goal was \$500.00. The current total is \$5000.00! Thank you for your generosity, MRE community!



Each year, school staff meets to review and revise the School Growth Plan. The focus for MRE continues to be improving literacy and building skills around social and emotional learning (SEL). Aside from bringing learning and enjoyment, being able to read and write connects us with each other and with the world. SEL builds a foundation for safe and positive learning and well-being and enhances students' ability to succeed in school, careers, and life. The Growth Plan is posted on the school website under the "About" tab.

We hope you are enjoying the early fall weather while it lasts. Enjoy the long weekend this month with your family. Happy Thanksgiving!

Barbara MacKinnon
Principal

Chelsea Lendvoy
Vice Principal



Monday, October 11th, 2021 —Thanksgiving Day – School not in session

Friday, October 15th, 2021 — Pizza Hot Lunch (see details in PAC info below)

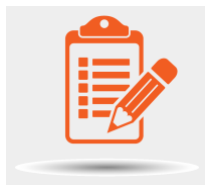
Thursday, October 21st, 2021 — Earthquake Drill

Friday, October 22nd, 2021 — Provincial Pro-D Day - School not in session for students

Tuesday, October 26th, 2021 —Photo retakes

Staffing

We are pleased to welcome three new staff members. Ms. JoJo Mayne is the teacher for our new grade 3/4 division, Ms. Laura Belsey joins us as a collaboration teacher three days a week and Ms. Melanie MacKenzie will be at MRE on Wednesday mornings as a prep teacher.



Student Verification Information Forms

Student Verification forms were sent home with all students at the end of September. It is essential that all parents fill this form out as accurately as possible and return it to the school promptly. In the event of illness or an emergency we need accurate information about how to contact you. Your immediate attention to this matter is greatly appreciated.



PARENT PORTAL CONSENT FORMS

Please complete consent forms that are listed on the portal as soon as possible. We require consents in order to publish any student photos in newsletters, on our website, in our yearbook, or to share with the School Board. We also require consent for classes that do nature walks off school grounds. Your earliest attention to this allows us to enhance publications that share all the wonderful things that are happening at MRE!



If you are not yet on the parent portal, please call the office or email mre_reception@sd42.ca and we will help you do this as it's the most efficient way for parents and guardians to get current information from the school.

SCHOOL SUPPLIES

Thank-you for submitting fees for supplies and planners. If you haven't completed this, we appreciate you attending to this as soon as possible. Fees can be paid on the portal. Please contact the office if payment is a currently a challenge.

STUDENT SAFETY

Students must wear a helmet when rollerblading, riding bikes or scooters. During the busy time 10 minutes before and after the bells, students must walk bikes and scooters.





STUDENTS LATE OR ABSENT

If your child is going to be absent from school or late for any reason, please remember to call the school at **(604) 467-5551**. An answering service is available 24 hours a day 7 days per week for your convenience. You can also report your child's absence on the parent portal, or by emailing: "MRE Reception" mre_reception@sd42.ca. If we do not have confirmation of absence from home, the office will contact the numbers we have available.

The updated Daily Health Check is included near the end of this newsletter.

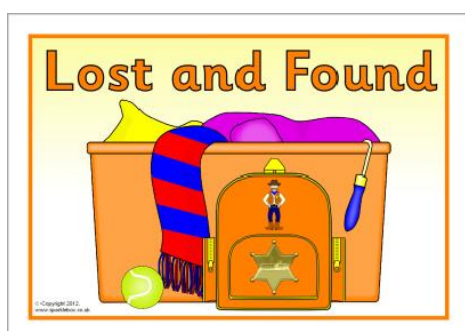


British Columbia is located in a seismically-active region where a few thousand earthquakes occur each year. Although only a small number of these earthquakes are large enough to cause damage, the threat of a major earthquake in the province is real. On the third Thursday in October a locally driven, province-wide "Drop, Cover, and Hold On" drill will take place. It's called "The Great British Columbia ShakeOut." All residents across British Columbia are encouraged to take part in this largest earthquake drill in Canadian history! The website: <https://www.shakeoutbc.ca/> provides information that you may find useful.

We will be having our **Earthquake Drill on Thursday, October 21st**.

Westcoast Recess and Lunch – Dress for the Weather

A reminder that MRE students play outside even when it is cold, rainy, or even snowy. Only on rare occasions will we keep students inside. We would ask that you send your child/ren to school dressed for the weather (boots, coats, mitts, umbrella, etc.). If your child has a tendency to get wet playing on the slides or in the field, **please send an extra set of clothing.**



Lost and Found

Please remind your child to take a moment to check the rack near the office. The rack is already almost full! If we find names on items, we deliver them back to the child (hint, hint). Unclaimed items will be donated to local charities before the winter break.



Medical Alert Forms - A reminder that if you have a child that uses an Epipen, or has other health related issues, proper paperwork is required to be updated each year. If you require a paper copy of these forms, please pick it up at the office and complete and return the paperwork with the medication as soon as possible. If the medication is to be kept with the child or in the classroom, please make a note of this on your form. Thank you.



Legal Issues:

In order to be enforced, the office must have the *latest* copy of custody/visitation agreements. Please inform the office and we will make a copy for our records.



A message from the PAC

To find the PAC Facebook page, search MRE Parents Association

You will also find general information about the MRE PAC on the school website at:
<https://elementary.sd42.ca/mapleridge/pac/>

PAC meeting dates for the year are listed below. We will let you know the location (virtual or in person) as we get COVID guideline updates

October 18, 2021
November 8, 2021
December (no meeting)
January 10, 2022
February 14, 2022

March 7, 2022
April 11, 2022
May 9, 2022
June (no meeting)

The PAC is working together with teachers to bring the **Pumpkin Patch** to MRE. This event is scheduled for October 25th, subject to availability of pumpkins.



Hot lunches are back!! Please sign up with Munch a Lunch to order your hot lunches for October. <https://munchalunch.com/schools/MapleRidge>



Thank you to our hot lunch coordinator team Janna, Randi, and Tanya for setting up and launching hot lunches. Thanks also for all the inquiries from parents who are interested in helping. The first pizza day is on October 15th.

Thank you to the volunteers who came out and helped with photo day - Tanya, Leanne , Amanda, Christine and Adela.

Mention Maple Ridge Elementary at the checkout of the **Maple Ridge Liquor Store** (by Townhall) and they will make a 5% donation to the school.

Save your **Save on Foods receipts** and please submit in our drop box in the office hallway for pick up.

Art Cards will start October 25th and will be delivered back to students the week of December 13th. (This is not a contest.) Money from this fundraiser will go toward the Outdoor Nature Nook.



MAPLE RIDGE ELEMENTARY

2021-22 Calendar

School opening day for students (12:30 – 2:25 p.m.)	Tuesday, September 7, 2021
Photo Day (Individual photos)	Wednesday, September 22, 2021
MRE Terry Fox Run	Friday, September 24, 2021
National Day For Truth and Reconciliation (school not in session)	Thursday, September 30, 2021
Non-instructional day (School Growth Planning Day)	Friday, October 1, 2021
Thanksgiving Day	Monday, October 11, 2021
Non-instructional day (province-wide)	Friday, October 22, 2021
Remembrance Day	Thursday, November 11, 2021
Non-instructional day (district-based)	Friday, November 12, 2021
Student Inclusive Conferences – (dismissal at 11:30)	Thursday, December 2, 2021
Student Inclusive Conferences – (classes not in session)	Friday, December 3, 2021
Christmas Concert (proposed dates) Families choose one concert to attend	Wednesday, December 15, 9:00 a.m. Thursday, December 16, 1:00 p.m.
Schools close for break	Friday, December 17, 2021
Winter break	Monday, December 20, 2021 to Friday, December 31, 2021
Schools reopen after break	Monday, January 3, 2022
Non-instructional day (school-based)	Monday, January 24, 2022
Family Day	Monday, February 21, 2022
Non-instructional day (school-based)	Tuesday, February 22, 2022
Student Inclusive Conferences – (dismissal at 11:30)	Thursday, March 3, 2022 11:30 dismissal
Student Inclusive Conferences – (classes not in session)	Friday, March 4, 2022
Schools close for break	Friday, March 11, 2022
Schools not in Session	Monday, March 14, 2022 to Friday, March 18, 2022
Spring break	Monday, March 21, 2022 to Friday, March 25, 2022
Schools reopen after break	Monday, March 28, 2022
Good Friday	Friday, April 15, 2022
Easter Monday	Monday, April 18, 2022
Non-instructional day (district-based)	Wednesday, May 11, 2022
Victoria Day	Monday, May 23, 2022
Last day for students – (dismissal at Noon)	Thursday, June 23, 2022
Year-end administrative day	Friday, June 24, 2022

Get on Board – Kids 12 and Under Ride Free starting September 1, 2021

Starting Wednesday, September 1st, children 12 and under will be able to ride TransLink services free of charge as part of a new provincial program. The program will make transit more affordable for families and help to encourage children to become lifelong transit riders.

Here's what you need to know about children 12 and under riding our different services:

Riding the bus

Children 12 and under will be able to ride buses free of charge without requiring a transit pass, identification or an accompanying fare paying customer.

Riding SkyTrain, SeaBus, and West Coast Express

Children 12 and under will be able to ride on SkyTrain, SeaBus, and West Coast Express free of charge only if accompanied by a fare paying customer. A fare paying customer can accompany up to a maximum of four children through the fare gates.


Children 12 and under will continue to be able to access the gated system by themselves with the purchase of a fare to tap through fare gates.

Riding HandyDART

Children 12 and under who are registered HandyDART customers or children who are accompanying a registered HandyDART customer will be able to travel for free on HandyDART without requiring a fare product or identification.

While travel for children 12 and under will be free, parents and guardians are responsible for educating and making decisions about the safety and care of their children whenever travelling on transit. This includes when children are travelling unaccompanied where permitted and determining if their children can or should take transit independently.

Please visit translink.ca/kidsridefree for more information about the program. For resources and youth travel initiatives, please visit the [TravelSmart page](#) under the "TravelSmart for Schools" section.

<div></div> <div>DAILY HEALTH CHECK</div>	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of federal requirements .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.

ANGER MONSTER



**This course is to teach children
8-12 yrs old about:**

- What anger is, and their triggers,
- Tools for learning to control their anger.

The parents program features skills from Neufeld Institute including:

- Anger cycles, and goals of behaviour,
- How to support their child's efforts to tame their anger monster,
- Calming techniques.

Please note the location of this program is subject to change as per the BC Provincial Health guidelines regarding Covid-19.

**OCT 16TH-NOV 6TH
SATURDAYS
3-5PM**

PRICE: \$90

NO CLASSES OCT 9TH
(based on a registration for one adult and one child)

FOR MORE INFORMATION, PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055 or www.familyed.bc.ca



Brave New You!

Are you missing the following in your life? If so, Brave New You is for you!

- ☑ Establishing healthy boundaries
- ☑ Healthy communication that works
- ☑ Understanding the role anger is playing in your life
- ☑ Discovering your core values

OCT 16TH ,17TH ,23RD ,30TH
9AM - 2PM

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 lougheed hwy
Maple Ridge

www.familyed.bc.ca or call **(604) 467-6055**

Please note the location of this program is subject to change as per the BC Provincial Health guidelines regarding Covid-19



PARENTING WORKSHOP

Conflict Resolution

As parents and caregivers, do you want to learn about the following? If so, this conflict resolution workshop is for you!

- conflict management parenting styles,
- trigger scale,
- active listening,
- open questions for parents,
- how to use "I" statements.

Please note this program will take place online, via Zoom.

Nov 9th (Tues)
10am - 12pm
Price: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy
Maple Ridge, BC
(604) 467- 6055
reg@familyed.ca



Healthy Relationships



Do you want to learn the basic fundamentals of any adult relationship including learning about needs, wants, and new communication skills? If so, the healthy relationships course is for you!

Please note that the location of the program is subject to change as per the BC Provincial Health guidelines regarding Covid-19.

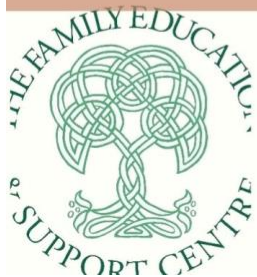
Pt. 1
Nov 12th from 6 - 9pm
Nov 13th from 10am - 1pm

OR

Pt. 2
Nov 19th from 6 - 9pm
Nov 20th from 10am - 1pm

Price:
\$90

Based on two participants for one part, at \$45 each



FOR MORE INFORMATION PLEASE CONTACT
THE FAMILY EDUCATION & SUPPORT CENTRE
22554 LOUGHEED HWY, MAPLE RIDGE
(604) 467 - 6055
REG@FAMILYED.CA



PARENTING RESILIENT CHILDREN



Understand better what resiliency is and how we
can foster it in our families.

Please note this program will take place online,
via Zoom.

OCT 5TH (TUES) 10AM - 12PM
PRICE: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055
reg@familyed.ca

FREE PROGRAM

STEP E

Parents and caregivers will learn developmentally appropriate parenting skills for children aged 0-6 years of age. Programming for children 0-6 is available.

**NOV 2ND-26TH
TUESDAY'S AND FRIDAY'S
1PM-3PM**

Please note the location of the program is subject to change as per the BC Provincial Health guidelines regarding Covid-19.

FOR MORE INFORMATION PLEASE CONTACT

**The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055
reg@familyed.ca**

