

Friday Blast

Maple Ridge Elementary

Friday, September 17th, 2021

TERRY FOX – COIN DRIVE

Terry Fox said, “Anything is possible if you try.” Inspired by his amazing example, MRE will be proudly taking part in this year’s Terry Fox Run on Friday, September 24th.

Please consider supporting this great cause and helping us raise much-needed funds for cancer research. Our school has set a goal of raising \$500. You can donate through this link: <http://www.terryfox.ca/MapleRidgeElementary>

We will also be having a coin drive next week. If you would like to contribute to the coin drive students can bring:

Monday – Dimes
Tuesday – Quarters
Wednesday – Loonies
Thursday – Toonies
Friday – Any cash



ORANGE SHIRT DAY

Orange Shirt Day will be held on Wednesday, September 29th. We encourage all staff, students, and family members to wear orange on this day to commemorate the residential school experience and honour the healing journey of survivors and their families. At school we will be holding an assembly in recognition of this day. If you would like to purchase an “official” orange shirt some local retailers such as London Drugs, UFV Bookstore, and Leading Edge Promo have them available for sale. To learn more about Orange Shirt Day and the history of residential schools please visit: <https://www.orangeshirtday.org/>

AUTHOR PRESENTATION

Join acclaimed author David A. Robertson on Zoom Thursday September 23rd for a discussion about residential school history. David will discuss how to talk about residential school history at an age-appropriate level, and the impacts of this history and how we can heal. He will read from one of his books about residential schools. This presentation is suitable for all ages.

To register please use this link:

<https://fvrl.bibliocommons.com/events/6130f425860f473a005d3e12>



FRUIT & VEGGIES PROGRAM

We are fortunate to be able to continue our fruit and vegetable nutrition program once again this year. This program is paid for in partnership with the BC Agriculture in the Classroom Foundation and the government of British Columbia. Each month classes will receive a sampling of different local fruits or vegetables and milk.

If you do not wish for your child to participate, please complete the reverse consent form located on the parent portal or attached to this Friday Blast.

PHOTO DAY

Student photo day is Wednesday, September 22nd. Photographers will be following strict Covid-19 protocols while visiting.

VERIFICATION FORMS

Green student verification forms will be going home today. Please complete them and update your information if necessary. You must also sign the second page. Once completed return to your child's classroom teacher.

STUDENT BELONGINGS

Please ensure that you have labelled your child's belongings, e.g., water bottle, shoes, jackets. This helps reduce lost items or accidental sharing. Thank you!

LOST AND FOUND

Items have started filling up our Lost & Found already! Please remind your child to check to see if any items belong to them. See below for photos of some items currently waiting for their owners:



FREE TRANSIT FOR KIDS

Starting Wednesday, September 1, children 12 and under will be able to ride TransLink services free of charge as part of a new provincial program. The program will make transit more affordable for families and help to encourage children to become lifelong transit riders.

Here's what you need to know about children 12 and under riding our different services:



Riding the bus

Children 12 and under will be able to ride buses free of charge without requiring a transit pass, identification or an accompanying fare paying customer.

Riding SkyTrain, SeaBus, and West Coast Express

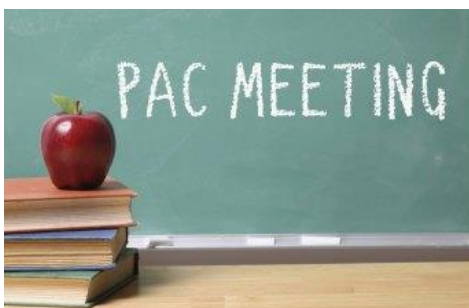
Children 12 and under will be able to ride on SkyTrain, SeaBus, and West Coast Express free of charge only if accompanied by a fare paying customer. A fare paying customer can accompany up to a maximum of four children through the fare gates.

Riding HandyDART

Children 12 and under who are registered HandyDART customers or children who are accompanying a registered HandyDART customer will be able to travel for free on HandyDART without requiring a fare product or identification.

While travel for children 12 and under will be free, parents and guardians are responsible for educating and making decisions about the safety and care of their children whenever travelling on transit. This includes when children are travelling unaccompanied where permitted and determining if their children can or should take transit independently.

Please visit translink.ca/kidsridefree for more information about the program. For resources and youth travel initiatives, please visit the [TravelSmart page](#) under the "TravelSmart for Schools" section.



MESSAGES FROM OUR PAC

PAC Meeting

Our first PAC meeting is scheduled for Monday September 20th at 7:00 p.m.

Please use the zoom link at the top of the next page.

<https://us02web.zoom.us/j/81723678481?pwd=SS9rK0dFYVJrUm1SZ3pRSFNFWXQ2dz09>

Meeting ID: 817 2367 8481

Passcode: 499270

Hot Lunch Program

We are looking for parents who are interested in collaborating with our MRE staff & admin as we are planning to start up our hot lunch program shortly. School staff will be handling order forms and distribution for Subway one Friday per month for students. The parent team would be handling 1-3 Fridays a month with other menu choices. If you think this is an area that interests you, please email our PAC (pac.mre@gmail.com). It's a great way to get involved in the MRE PAC community, get to know our parents/guardians and students. All parents/guardians are welcome. We want to thank our staff for joining our hot lunch program this year.

WEEK AT A GLANCE

Monday, September 20th

Coin Drive: dimes

Election Day

7:00 pm PAC Meeting – Zoom

Tuesday, September 21st

Coin Drive: quarters

Fire Drill

Wednesday, September 22nd

Coin Drive: loonies

Individual student photo day

Thursday, September 23rd

Coin Drive: toonies

Author presentation (registration info listed above)

Friday, September 24th

Coin Drive: any cash

Terry Fox Run





Date: _____

We are pleased to announce that our school has been accepted into the **BC School Fruit and Vegetable Nutritional Program**
(Administered by the BC Agriculture in the Classroom Foundation and supported by the Province of British Columbia and the Provincial Health Services Authority)

Our school is involved in a province-wide healthy living initiative. One of the goals is to encourage healthy eating by providing fresh BC fruits and vegetables to our students *during class time*. Our students will receive these healthy treats 12 times over the school year at **no charge!**

For students in grades K-5, there is also the option to have milk delivered along with the fruit and veggies, again, at **no charge**.

(A percentage of +Milk delivery will be fortified soy beverage for people with lactose sensitivities)

To ensure every student's health and safety please return this reverse consent form

ONLY

If you do **NOT** wish your child to participate

AND/OR

If you need to alert us to certain **FOOD ALLERGIES**.

Student's Name: _____

Teacher's Name: _____

Grade: _____

NO I do not wish my child to participate in the BC School Fruit and Vegetable Program +Milk (as applicable)

MEDICAL ALERT My child has food allergies you need to be aware of and therefore he/she may not be able to participate in every offering. To assist you, below is information on my child's "allergy profile".

Please list allergy(s) and define allergy profile(s):

For Example:

- It is airborne
- It is by ingestion only
- It can be contracted through touch – the skin.

If you need further guidance in this area, please contact me at: _____

Parent/Guardian's Name: _____
(please print)

Signature: _____