

MAPLE RIDGE ELEMENTARY
20820 River Road, Maple Ridge, BC V2X 1Z7
Phone 604.467.5551 / Fax 604.467.9825
<http://schools.sd42.ca/mre>



Principal: Barbara MacKinnon
Barbara_Mackinnon@sd42.ca
Vice Principal: Chelsea Lendvoy
Chelsea_Lendvoy@sd42.ca

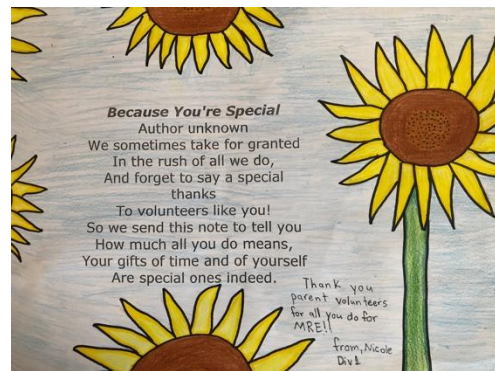


MRE Newsletter - May 2021

Hello MRE Families,

As I am writing this, it's "snowing" cherry blossoms. The months and seasons go by so quickly! The sunshine and warm weather certainly bring good cheer.

May is usually the time to formally show appreciation for our volunteers with tea and a treat. We want to acknowledge the volunteer work that is being done quietly behind the scenes. This year, students have made posters and displayed them on the outside-facing windows at the front of the school. We value everything you do for our school community!



Yours sincerely,
Barbara MacKinnon
Principal

Chelsea Lendvoy
Vice Principal

Here's a spring riddle for you:

Q: I don't have wings, but I can fly. I have a tail. I am very colorful. I am not a bird. What am I?



A: kite

Body Science/Sexual Health Workshop

The MRE PAC is sponsoring Body Science/Sexual Health talks. There is a Parent Workshop on June 1st from 6:30 – 8:00 p.m. and student sessions will take place on June 7th and 9th.

There will be a detailed portal message later this week.

Bike to School Week

Bike to School week is from May 31st – June 14th. Our school is joining 90 other schools in 14 municipalities across Metro Vancouver. Students are encouraged to ride their bikes any day, but during Bike to School Week, we will be tracking numbers of riders and giving out stickers.

- Bikes **must** be locked if they are left at school during the day
- Helmets are mandatory
- Once on the schoolground, students must walk their bikes (and scooters)



Lost and Found – on display outside May 3-7



Missing a sweater? A hat? A water-bottle? Chances are that it's at the lost and found. The rack will be set out at the front of the school from May 3rd – 7th. We will continue to post photos of Lost and Found items on the MRE Facebook page and in the Friday Blast. Labeled items are delivered back to their owners. Unclaimed items are donated to charities.

Student Absences

If your child will be away from school, please let the office know at by entering the absence on the portal, emailing mre_reception@sd42.ca or leaving a message at 604 467 5551.

Student Information



Please remember to let the school office know if any of your child's information changes, i.e. home phone number, cell phone number, work phone number, address, emergency contact information, email address, etc. It is very important that the school has updated information about your children in case of emergency. Thank you.

Appropriate Dress

Just a friendly reminder as we begin to get beautiful weather to please dress appropriately. No undergarments showing, no short shorts and no T-shirts with inappropriate language/pictures. Flip-flops are strongly discouraged because they do not provide support and protection. As always, students need proper footwear for sports and active play.

Are You Moving?



This is the time when we begin to look toward the next school year. Preliminary staffing for the fall will begin very soon and it is important that we are as accurate as possible about the number of students who will be here next year. If you know that you will be moving or changing schools, please let the office know as soon as possible.



Student Transfers

Grade 1-6 students wishing to transfer schools for September must complete a Student Transfer Request Form that can be obtained by contacting the office or the principal. Please make sure this is done as early as possible so that the new school can consider your request. Due to space limitations, many schools are only able to consider students within their catchment. Proof of address is required. Visit the district website at <https://www.sd42.ca/student-registration/> for information and transfer deadlines.

Class Placements for September 2021

We are beginning to create our classes for next year. Please be assured that staff devote considerable time, care and attention to this process. This very complex and lengthy responsibility occurs over several weeks and continues into September when class placements are finalized.

Throughout the year, there have been many opportunities for parents and teachers to discuss each child. Staff work together to consider the following criteria very carefully: **social emotional skills and relationships**, as well as **learning styles, strengths and needs**. Our goal is to create safe and engaging inclusive classrooms that balance these factors, as equitably as possible.

If you feel there is further information to consider about your child, you may submit input to the principal by email at barbara_mackinnon@sd42.ca by **May 28, 2021**. *Please refrain from requesting specific teachers or peers by name.*

Kindergarten Registration

Kindergarten registration for the 2021/22 school year is open to children who are 5 years old on or before December 31, 2021 (born in 2016). Visit the district [website](#) for detailed information. Late registration is open until July 31st for parents who may have missed previous phases. Parents will receive an email to

advise them of their child's tentative placement and be asked to send all supporting documentation to the school.

For more information, download the [kindergarten registration brochure](#) or visit the school district [kindergarten registration page](#)

Ready, Set, Kindergarten!

We are so excited to welcome MRE's kindergartners of 2021!

Current kindergarten students will be dismissed at 11:30am on May 11th to allow the upcoming students will take part in a COVID friendly event in the courtyard on the afternoon of May 11th.



Mark Your Calendar



Tuesday, May 11 - Ready-Set-Kindergarten! Current Ks dismissed at 11:30

Wednesday, May 12 – Professional Development Day - School Not in Session for Students

Monday, May 24 – Victoria Day – No school.
Wishing you a lovely long weekend.

Message from the MRE PAC

Our next PAC meeting will be on Monday, May 10th, 2021 at 7:00 pm on Zoom. All parents/guardians of MRE students are welcome! Here's the link:

<https://us02web.zoom.us/j/88594786398?pwd=QINGWHdQRlgybERhTE4wNlE1Tk9zUT09>



We are always encouraging new parents to check out our meetings for more information and to become a part of a parent community with our kids' best interest at heart.

Please see our PAC Facebook page (search MRE Parents Association) and the weekly Friday Blast for information on events, fundraisers and updates. If you have any questions or inquiries please email us at mre.pac@gmail.com.

Thanks to all of you who have supported the PAC fundraisers that have taken place this year. As always, please contact us if you have any questions, concerns or feedback.

Current Fundraisers

(details can be found in the weekly Friday Blasts and on the MRE Parents Association Facebook page)

Bottle Drive to support the Grade 7 Leaving Ceremony

Kernels Popcorn

Duck Race Tickets

Town Hall and Meridian Meats

Domino's Pizza

Nurturing Young People's Resilience - Presentation for Parents/Caregivers

Parents/guardians are invited to join Dr. Michael Ungar as he presents **Nurturing Young People's Resilience** hosted by the District Parent Advisory Council as part of Convention 2021 next month. (The DPAC is the District Parent Advisory Council and all SD42 parents and guardians are members.) Dr. Ungar is the speaker who is giving the keynote address to district staff on the May 12th Pro D Day.



Registration is now underway for the hour-long talk, which takes place on Wednesday, May 12, between 7 and 8 p.m. It will be broadcasted virtually on Zoom and over the DPAC YouTube page.

- While the event is free, registration is required and can be found here: <https://bit.ly/3gJcQBN>
- The presentations will be broadcast on the SD42 DPAC YouTube Channel: <https://cutt.ly/obrsAin>

Health and Safety

Thank you for all you are doing to follow COVID guidelines. Please continue to do the daily health check with your children and keep them at home if they are not well. COVID protocols at school remain in place and it is important to remain vigilant. Current information specific to our school district can be found at: <https://www.sd42.ca/announcement/health-families-superintendent-dhillon/>



The BC Centre for Disease Control has a very helpful and easy-to-navigate new online resource for B.C.'s education community. Built for parents, students, and school staff, the <http://www.bccdc.ca/school> website has a wealth of valuable information about COVID safety. It is updated regularly.

Donations to MRE

Did you know that our school benefits from the generosity of President's Choice Charity? Their very generous donation allows us to buy food for students who need breakfasts, lunches and/or snacks.



The Ridge Meadows Soccer Club recently donated 20 lightly used soccer balls to the school.

These are just two examples of the many contributions that contribute to the well-being of our students.

Generation Health – free health lifestyle program

The YMCA of Greater Vancouver in partnership with the Childhood Obesity Foundation is delivering a virtual program for children ages 8-12 and their families. The next cohort starts in a few weeks.

Generation Health is a **FREE and VIRTUAL 10-week healthy lifestyle program** for children and their families, delivered through the YMCA of Greater Vancouver and in partnership with the Childhood Obesity Foundation. Program participants will meet online once a week to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more! There will be 4 programs days to choose from: Mondays, Tuesdays, Wednesdays or Fridays from 6:30-8:30pm. This program requires prior registration and screening through these details: phone 1-888-650-3141 or send an e-mail to info@generationhealth.ca.

Family Education Center

Have a look at the many workshops that are offered by the Family Development Center. Posters are included at the end of this newsletter.



Continued on next page...



MAY 2021



SUN MON TUE WED THU FRI SAT

02	03	04	05	06	07	08
	Star Wars Day – dress as your favourite character 			Wear your House Team Colours or Spirit Wear		
09	10	11	12	13	14	15
	<u>PAC meeting on Zoom,</u> 7:00 p.m.	Ready-Set-Kindergarten! Current Ks dismissed at 11:30	Non-Instructional Day Parent Resiliency Talk		Wear your House Team Colours or Spirit Wear	
16	17	18	19	20	21	22
	Virtual assembly	Grade 7 group photo 		Wear your House Team Colours or Spirit Wear		
23	24	25	26	27	28	29
	Victoria Day No School			Wear your House Team Colours or Spirit Wear		
30	31	1	2	3	4	5
	Bike to School Week					

✓ DAILY HEALTH CHECK

All parents, guardians, and/or caregivers **MUST** conduct a *Daily Health Check* of their child(ren) before sending them to school. The Daily Health Check is also available online at <https://www.k12dailycheck.gov.bc.ca/>

SYMPTOMS

- Fever (above 38°C)
- Chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing



WHAT TO DO

1 or more of these symptoms:

- Stay home.
- Contact a health care provider or 8-1-1 about your symptoms and next steps.

SYMPTOMS

- Sore throat
- Loss of appetite
- Headache
- Body aches
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea



WHAT TO DO

1 symptom:

- Stay home until you feel better.
- Contact a health care provider or 8-1-1 about your symptoms and next steps.

2 or more of these symptoms:

- Stay home and wait 24 hours to see if you feel better. If symptoms don't improve or if they get worse, get a health assessment. Contact a health care provider or 8-1-1 about your symptoms and next steps.

CLOSE CONTACT

If you are a close contact of someone who has COVID-19 and have any of the symptoms listed above:

- Get tested and stay home.
- Fraser Health will advise you if you are a close contact. For more information on close contacts, go to <http://www.bccdc.ca/covid19closecontacts>.
- If you are unsure, please call 8-1-1.

INTERNATIONAL TRAVEL

Have you returned from travel outside Canada in the last 14 days?

- All students and staff who have travelled outside of Canada are required to self-quarantine for 14 days after arrival under both provincial and federal orders.



If your child develops severe symptoms, such as difficulty breathing (eg. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

PARENTING WORKSHOP

Conflict Resolution

Parents and caregivers will learn about: conflict management parenting styles, trigger scale, active listening, open questions for parents, and how to use "I" statements.

Please note this program will take place online, via Zoom.

May 18th (Tues)
10am - 12pm
Price: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy
Maple Ridge, BC
(604) 467- 6055
reg@familyed.ca



feeling healthy is a slam dunk.



A FREE 10-week program to inspire healthier BC families.

Learn how families with children ages 8-12 can make small changes to feel better inside and out, and have fun doing it!

Delivered through the YMCA of Greater Vancouver
VIRTUAL Programs Starting May 2021

4 Programs to choose from: Mondays, Tuesdays,
Wednesdays or Fridays from 6:30-8:30pm

Ph: 1-888-650-3141

info@generationhealth.ca

generationhealth.ca

Call or email to register for one today!

Healthy Relationships

Learn the basic fundamentals of any adult relationship. Includes learning about needs, wants, and new communication skills.

Please note that the location of the program is subject to change as per the BC Provincial Health guidelines regarding Covid-19.

Pt. 1

May 7th from 6 - 9pm

May 8th from 10am - 1pm

OR

Pt. 2

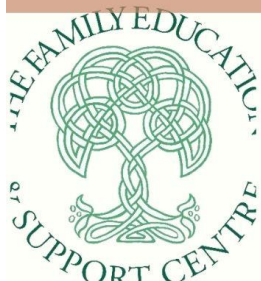
May 14th from 6 - 9pm

May 15th from 10am - 1pm

Price:

\$90

Based on two participants for one part, at \$45 each



FOR MORE INFORMATION PLEASE CONTACT
THE FAMILY EDUCATION & SUPPORT CENTRE
22554 LOUGHEED HWY, MAPLE RIDGE
(604) 467 - 6055
REG@FAMILYED.CA

