

Friday Blast  
Maple Ridge Elementary  
January 29, 2021

**PREPARING FOR VALENTINES DAY**

Please check with your child's teacher to see what their plan is for Valentine's Day. This year Valentine's card exchanges will be permitted as long as the cards are basic paper cards (cards with pens, stickers, candies, etc. are not permitted at this time).

If you are planning to contribute any treats or goodies to the class please be reminded that we cannot distribute homemade baked goods.



*To meet COVID protocols, only individually prepared and packaged commercial items can be accepted for sharing at school. If you wish to contribute goodies, they must come in an unopened box to the classroom teacher for distribution. (Classroom teacher will wash hands and distribute to each child if they are participating in such an activity.)*

**GR 7 BOTTLE DRIVE – PARENT VOLUNTEER NEEDED**

Our PAC is looking for a parent who could assist in managing an account at the Recycling Depot that would support raising funds for Grade 7s. If you are available to help with this project, please email Tanya Harrison: [tanya@veridamo](mailto:tanya@veridamo) for more information.

**ATTENDANCE**

Please let us know if your child is going to be late or absent from school through either the parent portal, by emailing [mre\\_reception@sd42.ca](mailto:mre_reception@sd42.ca) or by calling us at 604-467-5551. If you know your child will be absent multiple days in a row you can enter them all at once.



**INCLEMENT WEATHER / SNOW DAYS**

Closure of schools due to accumulating snowfall is one that is never taken lightly and must balance the safety of students, staff and parents with the need to provide learning. The decision to close schools is made by 6:15 am. In the event of inclement weather please check the following media outlets for updates on possible school closures:

- SD42 Twitter Feed (@sd42news)
- SD 42 website ([www.sd42.ca](http://www.sd42.ca))
- SD42 Facebook Feed (@SD42Facebook)
- News1130, CKNW, and CBC 690 radio stations

## ONLINE COURSES

Maple Ridge – Pitt Meadows School District is offering a variety of online Zoom courses this year for both parents and students. Please see the flyer below for more information!

## SPRING BREAK CAMPS

Please see the attached flyers below for various camps available over spring break.

## LOST AND FOUND

If your child has misplaced an article of clothing, please ask them to visit the Lost & Found located at the front entrance of our school. We also try to regularly post photos of the items in the Lost & Found to our school Facebook group and in the Friday Blasts. Here are some photos of current items in the lost and found:



**MRE Facebook Group Search: Maple Ridge Elementary SD42**

## MESSAGES FROM OUR PAC

Our next PAC meeting will be on February 7, 2021 at 7:00 pm on Zoom.

All parents of MRE students are welcome!

<https://us02web.zoom.us/j/88594786398?pwd=QINGWHdQRlgybERhTE4wNIE1Tk9zUT09>

**You can learn more about our PAC and get updates by following them on Facebook. Just search for: MRE Parent's Association!**

## MARK YOUR CALENDAR

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**Monday February 8** – PAC Meeting 7 pm

**Friday February 12** – Chinese New Year

**Sunday February 14** – Valentine's Day

**Monday February 15** – Family Day  
(No School)

**Tuesday February 16** – Pro D Day  
(No School)

**Wednesday February 17** – Kindness  
Counts Day  
Virtual Assembly



## Online Zoom Classes for Parents and Students

Maple Ridge – Pitt Meadows School District No. 42 is offering evening online Zoom courses this year for both parents and students. Class materials will be emailed to you before the session, so please print the materials or have them available on another device during the class. Pre-registration is limited to one parent/caregiver as spaces are limited, however more than one parent/caregiver may participate in the Zoom meeting. A 24-hour cancellation notice is required for a refund.

### CONFLICT RESOLUTION FOR PARENTS

Learn how to use 'I' statements, conflict management parenting styles, trigger scale, active listening, paraphrasing, and open questions for parenting.

*Tuesday, March 9 (6 to 8 p.m.)*

*Tuesday, June 8 (6 to 8 p.m.)*

*Registration Fee: \$15*

*To register: <http://schooldistrict42.perfectmind.com>. For more information, please contact Drea Owen, program manager, at 604.346.9815 or [drea\\_owen@sd42.ca](mailto:drea_owen@sd42.ca)*

### PARENTING RESILIENT CHILDREN

Understand better what resiliency is and how we can foster it in our families.

*Tuesday, February 16 (6 to 8 p.m.)*

*Tuesday, May 4 (6 to 8 p.m.)*

*Registration Fee: \$15*

*To register: <http://schooldistrict42.perfectmind.com>. For more information, please contact Drea Owen, program manager, at 604.346.9815 or [drea\\_owen@sd42.ca](mailto:drea_owen@sd42.ca)*

### HOME ALONE (PARENT/CAREGIVER PARTICIPATION IS MANDATORY)

This two-hour course is an opportunity for parents/caregivers who want to prepare their nine-year-old child for staying at home alone when they turn 10 years old and are legally allowed to do so. Topics covered include: dealing with emergencies, answering the door, snacks/cooking, and gauging your child's readiness to be home alone. Our evening workshops are open to all families in Maple Ridge and Pitt Meadows.

*Tuesday, January 19 (6 to 8 p.m.)*

*Tuesday, April 13 (6 to 8 p.m.)*

*Registration Fee: \$25*

*To register: <http://schooldistrict42.perfectmind.com>. For more information, please contact Drea Owen, program manager, at 604.346.9815 or [drea\\_owen@sd42.ca](mailto:drea_owen@sd42.ca)*

### DANCE PARTY JUNIORS (GRADES 1-3)

Join us for this fun and upbeat virtual dance class that will get your kids moving and burning off energy. No materials required, just a small space to dance in and comfortable clothes you can move in.

*Tuesdays, 3:30 to 4 p.m., Jan. 19 to Feb. 9 (#22651)*

*Tuesdays, 3:30 to 4 p.m., Feb. 16 to Mar. 9 (#22656)*

*Registration Fee: \$32/4*

*To register call Maple Ridge Parks and Leisure at 604.467.7422 or go online at [www.mapleridge.ca/1484](http://www.mapleridge.ca/1484). For more information call Lori at 604.476.2792.*

### DANCE PARTY SENIORS (GRADES 4-7)

In this virtual class for older children, students will become more expressive with their dance moves as they learn different skills and techniques. No materials required, just a small space to dance in and comfortable clothes you can move in.

*Tuesdays, 4:10 to 4:40 p.m., Jan. 19 to Feb. 9 (#22655)*

*Tuesdays, 4:10 to 4:40 p.m., Feb 16 to Mar 9 (#22658)*

*Registration Fee: \$32/4*

*To register call Maple Ridge Parks and Leisure at 604.467.7422 or go online at [www.mapleridge.ca/1484](http://www.mapleridge.ca/1484). For more call Lori at 604.476.2792.*

### PITT MEADOWS SHOTOKAN KARATE ONLINE

Pitt Meadows Shotokan Karate is offering online classes through Zoom. Shotokan is designed to teach self-defense, build self-confidence, stimulate a sense of well-being and provide a greater sense of self-awareness when faced with difficult situations. The primary goal of this program is to teach respect for one's self and others, as well as basic self-defense techniques. This program is taught in French, English and Japanese, giving students the opportunity to develop basic language skills.

*Mondays and Wednesdays, 5:30 to 6:30 p.m.*

*Registration Fee: \$70/month*

*To register call Amy Shaw at 604.314.5852 or [theninjalady@gmail.com](mailto:theninjalady@gmail.com).*

*\*Zoom class technical requirements: 2.5mbps internet download speed; a device that is HD video-capable, such as a smartphone (Android or iOS), tablet, laptop or computer; speakers and a microphone (built-in or USB plug-in or wireless Bluetooth). Optional: a webcam – built-in or USB plug-in.*

# I AM Awesome!

## SPRING CAMP

Designed to help young individuals with communication styles, triggers, looking at their special inner qualities, how to deal with stress and how to be a friend!

**MONDAY-THURSDAY  
8AM-12PM**

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**MARCH 15TH -18TH  
FOR 6-8YRS**

**MARCH 22ND TO 25TH  
FOR 9-10YRS**

**PRICE: \$86**

FOR MORE INFORMATION, PLEASE CONTACT  
THE FAMILY EDUCATION & SUPPORT CENTRE  
22554 LOUGHEED HWY  
604-467-6055  
[regafamilyed.ca](http://regafamilyed.ca)





## UNITED WAY SCHOOL'S OUT SPRING BREAK PROGRAM

UNITED WAY & THE FAMILY EDUCATION & SUPPORT CENTRE ARE PROUD AND EXCITED TO BE ABLE TO PROVIDE THIS PROGRAM FOR OUR COMMUNITY. THE PROGRAM WILL CONSIST OF ACTIVITIES SURROUNDING EMPATHY, OPTIMISM, RESILIENCY, GRATITUDE, CONFLICT RESOLUTION AND LEARNING ABOUT DIFFERENT CULTURES AND COUNTRIES.

MARCH 15-18TH (K-7)  
12PM-4PM

OR

MARCH 22ND-25TH (K-7)  
12PM-4PM

TO REGISTER PLEASE CONTACT OLIVIA OR GRACE AT  
[REG@FAMILYED.CA](mailto:REG@FAMILYED.CA) OR CALL 604-467-6055

