### Week at a Glance

### Dec. 16-Dec. 20, 2024



Happy 2025!



Monday, Jan. 6 Girls practice 230-4

**Tuesday, Jan. 7**Boys' Basketball practice 7-8am

Wednesday, Jan. 8 Girls practice 230-4

**Thursday, Jan. 9**Boys' Basketball practice 7-8am

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# Highland Park Elementary School

Jan. 13

PAC meeting – zoom @ 630

Div. 6, 9, 11 to movie

Jan. 22

Grade 7 Leaving Parent committee meeting in library 7pm

Jan. 28

Pro D Day – no school for students

Feb. 14

Pro D Day – No school for students

Feb. 17

Family Day

Feb. 28

Pink Shirt Day

Mar. 6

Conferences – 1130 dismissal

Mar. 7

Conferences – no school for students

Mar. 17-27 Spring Break

### Friday, Jan. 10

Girls basketball tiering tournament @ BME, GSS – please email Melanie sedergreen@sd42.ca if you have any questions.

### **MESSAGES FROM THE PAC**

## Happy New Year HPE families! Hope you all had a safe & happy holiday. We are looking forward to seeing all of you back at school Monday!

Sending out a huge belated THANK YOU to everyone that helped make our annual holiday lunch on the last day before the holidays a huge success! We couldn't have done it without ALL of your help, whether you donated chips or delivered pizza to classes day of we appreciate you.

\*A few things to note, the first PAC meeting of the year will take place next Monday (January 13th). The Zoom link & meeting agenda will be sent out via the portal later this week. If you'd like to add an item to be considered for the agenda please fill in this handy new google form using the link below! Agenda item submissions are needed by Monday (January 6th) evening.

https://docs.google.com/forms/d/1Rx0s71rEint2mcdhrRTv9ZwBI9lZn37GIKG3DZz4fL0/edit?ts =6763b736

Hot lunch ordering for January is open on Munchalunch! Subway ordering has now closed. Subway orders will be delivered at lunch this Friday for those that ordered.

### www.munchalunch.com/schools/highlandpark

\*HELP needed finding 350 red envelopes for a Lunar New Year gift for all students! If you have some to donate or know where to find them please let us know.

\*TOONIE TUESDAY is back for 2025, see you by the front doors after school with a fun treat.

### IN THE COMMUNITY

### **City of Pitt Meadows Winter Programs**

Our winter program guide is available online and in print. Browse the City of Pitt Meadows Parks, Recreation & Culture Guide for a variety of activities and programs for all age groups! **Registration for winter programs is open.** To view programs or register, visit <u>pittmeadows.ca/programguide</u> for details.

### **Low-Cost Activities at Pitt Meadows Family Recreation Centre:**

### Parent & Tot Mini Gym 0-5Y

Looking for an indoor activity? PMFRC offers low-cost <u>Parent & Tot Mini Gym</u> in the gymnasium on Mondays and Wednesdays (10:05-11:45 am) and Saturdays (9-11 am) for only \$1 per child.

### **Value Times at the Fitness Centre**

Work out at the fitness centre during our value times. It's only \$1 for youth (13-18Y) and seniors (60Y+) and \$2 for adults (19-59Y). Value times are:

Tuesday 10-11:30am, Wednesday 8-9pm, Thursday 6-7am and Saturday from 3-6pm.

### **Holiday Break Drop-In Gymnasium Programs**

Enjoy the additional Holiday Break Drop-In Programs available from **December 23 to January** 5! Visit <u>pittmeadows.ca/gymnasium</u> for full schedule.

### **Upcoming Pitt Meadows FREE Family Events**

The City of Pitt Meadows proudly hosts several signature and community events throughout the year, visit <u>pittmeadows.ca/specialevents</u>. For upcoming holiday events and activities visit <u>pittmeadows.ca/Christmas</u>.

### Winter Wonderland - A Holiday Skating Event - December 22 & 23

Enjoy this special family event, sessions will run as follows: 2:00 - 3:30 p.m., 4:00 - 5:30 p.m., 6:00 - 7:30 p.m. and 8:00 - 9:30 p.m. The cost for this event is \$2 per person/per session plus rentals. Skate rentals are \$3.95 and helmets are \$2.65.

When: Sunday, December 22 & Monday, December 23, 2024

Location: Pitt Meadows Arena, 11435 Bonson Road, Pitt Meadows, BC V3Y 2S3

For full details, visit pittmeadowsarena.com.

### FREE Family Lounge Drop-In Program – Sundays from 3-7pm

Drop by the Constable Rick O'Brien Youth Lounge with your family! The Youth Lounge will open Sundays, from 3-7pm for a time of unstructured activities for you and your children. Enjoy a variety of activities including billiards, ping pong, video games, retro arcade and board games. There is also a concession with food and drinks.

Our Recreation team will be on hand to supervise, but please remember that this is a parent-led program. Children must be accompanied by a parent or guardian at all times. Older siblings (11Y+) are also welcome but must be accompanied by a parent/guardian.

For questions or details about this program contact the Youth Lounge Supervisor at **abuckle@pittmeadows.ca** or 604.465.2456.

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### FREE Program - Community Services Let's Play (1Y - 5Y) - (Course ID# 13735)

Families will engage in a variety of play opportunities with their child, such as loose parts, sensory explorations, the wonder of art, music & movement, science discoveries and more. Registration is required. This FREE program has 8 sessions and runs from 10-11am, January 14 to March 4. Registration is required, register by phone at 604-465-2470, or visit pittfitandfun.ca

### **Board Meeting Highlights (December 4, 2024)**

Board meeting highlights from the December 4, 2024, public meeting can be found on the district website: https://www.sd42.ca/assets/media/2024-12-04-Board-Meeting-Highlights.pdf

### **SD42 Accessibility Form**

Maple Ridge – Pitt Meadows School District No. 42 is inviting feedback from students, staff, and families on accessibility barriers in the district. These barriers can range from access to a school program, building, or school information, to the ability to receive a needed service or support. Provide feedback at <a href="https://www.surveymonkey.com/r/SD42access">https://www.surveymonkey.com/r/SD42access</a>





## CONNECT PARENT GROUP

Supporting parents and caregivers with concerns about their pre-teens and teens behavior and emotional health

Date: Tuesdays Jan 14-March 18th 2025

Time: 6-730pm

Cost: Free

**Location: ZOOM** 



The Family Education and Support Centre 22554 Lougheed Highway Maple Ridge, BC Register through our website familyed.bc.ca OR reg@familyed.ca

# My Changing Family

This course is 2hrs a week for 5 weeks. There are separate groups children and parents taking place at the same time. Each group will learn tools and skills to help with divorce/ separation with a trained facilitator. The course will look at coping with grief and loss, children and divorce/separation, dealing with the divorce/separation, conflict resolution, co-parenting, and managing joint custody.

Date: Jan 11- Feb 8(Sat) 2025

Time: 330pm-530pm

Ages: Gr 1-Gr 6

Cost: \$120 Per family

\*Please note, there will be a max of 2 parents

and 2 children per family\*

To register, please call 604-467-6055 or email reg@familyed.ca 22554 Lougheed Hwy, Maple Ridge

