

Week at a Glance

September 16-20, 2024

Looks like a quiet week ahead as students get settled into the new routines of their classes.



Monday, September 16

Kleenex draw continues

Tuesday, September 17

Wednesday, September 18

Thursday, September 19

Friday, September 20

Highland Park Elementary School

Important Dates in September

Sept. 23

Wear Orange for Truth and Reconciliation

PAC meeting 7pm Zoom

Sept. 25

School photo day

Sept. 26

6-7 open house

Sept. 30

National Day for Truth and Reconciliation. No school.

Oct. 1

School Growth Planning Day – no school

Oct. 4

Terry Fox Run @ 12:40

Oct. 14

Thanksgiving

Oct. 17

Shakeout Drill

Oct. 31

Halloween

18961 Advent Rd, Pitt Meadows, BC V3Y 2G4

(604) 465-6737

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More Important News

All kindergarten families - CHEQ

Please complete the CHEQ questionnaire. Information was sent on the portal and given to parents at the intake meetings. If you have misplaced your password or need help, please reach out to the school.

Orange Shirt Day

We will be honouring Truth and Reconciliation as a school on Sept. 23. Please wear orange.

Terry Fox Run – volunteers needed

Please note the change of date. We are now doing the run on Oct. 4th. We need approximately 15 volunteers. Please contact Jennifer.walker@sd42.ca if you can volunteer to help with road crossings at the Terry Fox Run. All volunteers must complete a volunteer form at the office.

Breakfast

The structure of breakfasts has changed. Our breakfast will continue to be grab and go. If a student needs breakfast they can enter the front doors, grab a breakfast and take it to their class to eat.

Fully Funded Lunches from school – 5 days a week

The Salvation Army, Humble Roots, and fully funded Fuel Up lunch programs will begin September 16. If you would like to be supported by lunches being provided 5 days a week, please email Jennifer.walker@sd42.ca. Please see attached flyers.

Fuel Up Lunch -2 days a week - \$3 a meal

Information about Fuel Up will be coming next week. This program provides lunches to students on Tuesdays and Thursdays for \$3 a meal. Please see attached flyers.

Online consent forms

Please approve all online consent forms as soon as possible. The forms are on the parent portal. All students will need the walking field trip permission to be able to participate in our Terry Fox Run on October 4th. Students without the consent form will participate in the run on the school property.

Kleenex Draw

We are having our first tissue draw of the year. Bring in a box of tissue and get an entry into a draw for a prize!



lunch@simplyfoods.ca

604-620-5474

7621 Vantage Way Delta, BC

Simply School Lunch

This school year, Simply School Lunch will be servicing the Maple Ridge School District on Tuesday and Thursdays. Simply offers daily hot and cold lunches with options for Vegetarian, Gluten Free, Dairy Free, Egg Free, and Halal students. All lunches are made fresh for delivery by trained chefs, with a focus on local and seasonal ingredients.

[Menu Launch](#)

Your Order Site Opens: Monday, September 16 for Delivery Tuesday, September 24

Please be assured that we deeply respect your privacy. Any information regarding subsidy requests will be kept strictly confidential and will only be shared with the Principal, School Secretary, Feeding Futures Manager, and Simply Foods as necessary.

[More Info](#) →

(604) 465-6737

Simply School Lunch Order Site

Lunch Prices: \$3.00 Each

Place your orders up to 48 hours before delivery. For example, orders for Friday delivery can be placed up to noon on Wednesday.

Payment: Online with a Credit Card or E-Transfer payment@simplyfoods.ca

** please note the account First and Last Name in the e-transfer message box

Financial Assistance

Your well-being is of utmost importance to us, and we are here to provide assistance during difficult times. If your family is facing financial challenges, we want to extend our support by offering one \$0 lunch per child per day. Please don't hesitate to reach out to your school office for assistance.

Allergies

Simply School Lunches are prepared in a commercial nut-free facility. All lunches are free of nuts and seafood, and Simply can accommodate a variety of special diet and allergy requests. Disclaimer: Various ingredients obtained through external suppliers may have come into contact with nuts and/or other allergens. If your child has a severe allergy we recommend packing a lunch from home.

Cancellations

Cancellations can be done in your online account up to 48 hours before delivery. In the case your child falls sick, please contact lunch@simplyfoods.ca before 8:00 am the day of lunch service to receive a full credit.

We look forward to serving you! If you have any questions, suggestions, or concerns please email lunch@simplyfoods.ca or call 604-620-5474 and Jessie will be happy to assist you.

Get Started →

Simply School Lunch Program!

The Simply School Lunch Program has been supplying lunches since 2019! We are here to offer your children healthy and nutritious meals at school. Simply offers affordable lunches made from fresh, local ingredients. Entrées include a protein, grain, and vegetable component to ensure students receive a balanced meal. Vegetarian, Dairy Free, Gluten Free, Egg Free, and Halal dishes are offered daily. All items are nut and seafood free.

We look forward to servicing the Maple Ridge School District this school year.

QUESTIONS? Contact us at lunch@simplyfoods.ca or 604-620-5474

Option 1: I Will Pay Full Price for My Child's Lunches

Price: \$3.00 Per Lunch

Place Your Orders Starting Monday September 16 for Delivery Tuesday September 24:
<https://simplyfoods.ahotlunch.ca/login>

Option 2: I Require Financial Assistance for Lunches

One \$0 Lunch Per Child, Per Day for Families requiring Financial Assistance

Fill Out the Following Information and Return This Page to Your School:

Child's First Name _____ Child's Last Name _____

Child's Grade _____ Child's Division _____

Special Diet Requirements (Allergies/Vegetarian/Halal - Please Specify Below)

This information will be shared with Simply Foods for the purpose of ordering and labelling your child's lunch

Online Ordering →

(604) 465-6737

1

Create Account

1. To create an ordering account, visit <https://simplyfoods.ahotlunch.ca/login>
2. Select 'Click Here' to create an account
3. Fill in parent information
4. On the left panel, select 'Children'
5. Located at the top right corner, click 'Add Child'
6. Enter your child's full name, grade, and class division
7. Your Campus code is the first word of your school name
8. Save your child's profile

2

Place Order

1. Sign into your account and click 'Order'
2. Select the child you are ordering for
3. Select the month you are ordering for
4. Select your order from the calendar
5. Submit order and click 'Pay Invoice' (A confirmation email is sent automatically. If you did not receive an email, login to ensure your order has been paid for.)
6. If you've deposited credit to your account, click 'Pay Invoice' and select 'Use Available Credit' to confirm payment. (A order confirmation will be automatically emailed.)

FAQs

Q: When is the deadline to order/cancel?

A: All orders must be submitted two days before delivery at noon. For example, Monday's order must be placed by Saturday at noon. Online cancellations can be made through the order platform up to 48 hours before delivery.

Q: My child is unwell, can I cancel the day of delivery?

A: In the case of unexpected illness, we accept email cancellations up to 8:00 am the day of delivery. Please email us at lunch@simplyfoods.ca. If passed deadline, please notify the school on your child's absence and arrange to pick up your child's lunch before the end of the day.

Q: How do I know my order was confirmed?

A: If the order is successfully placed, there will be a green bar at the top stating "Payment Successful" and an email confirmation will be sent. Occasionally, orders are left unpaid and pending in the shopping cart and the order will not be delivered.

Please email lunch@simplyfoods.ca or call us at 604-620-5474 if you have any questions- We are happy to help!

Messages from the PAC

Hello HPE families,

Hope all of your kids had a great first week in their new classrooms. Now that kids are settling in it's time to hop on Munchalunch and update your kids' classroom info. Our first session has 1 date (TCBY froyo)! Froyo will be delivered to classes September 27th at the end of day. Please have your orders in by midnight on September 19th. On September 20th our full Fall menu will be live.

October 4th- Subway Day!

October 11th- Booster Juice!

October 18th- Pizza 64 (Pizza & Indian food) *New*

October 24th- Cobs @ snack time

November 1st- Go Grill *New*

November 8th- Subway

November 15th- Sushi House

November 22nd- Chopped Leaf

November 29th- Pizza 64 (Greek & Indian food)

December 13th- Boston Pizza (pizza & pasta) *New*

December 20th- Whole school lunch provided by PAC free for everyone :)

www.munchalunch.com/schools/highlandpark

If you need assistance with setting up your account please email us highlandpark.lunch@gmail.com

We will also be available to assist you in setting up your account at open house on September 26th!

Be sure to get your agenda items for our upcoming pac meeting in no later than September 19! Email them to pmhighlandparkpac@gmail.com



Foundry OpenHouse

Thursday, Sept 26th

Drop in 3-6 PM

- Meet the team
- Learn about our services
- Tour the space
- and much more

For Further Detail

604 380 3133

2-22932 Lougheed Hwy
Maple Ridge, BC

RIDGE MEADOWS
• FOUNDRY •
Operated by MRPM Community Services

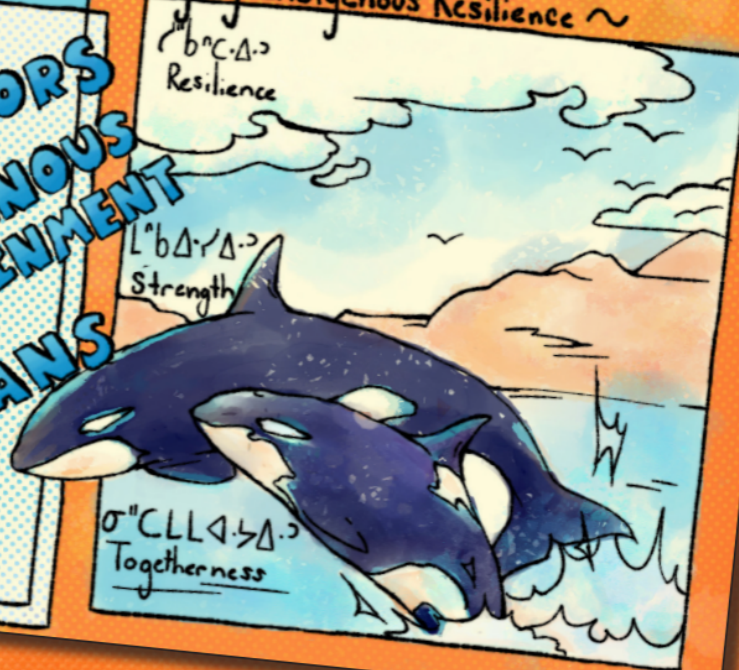


(604) 465-6737

NATIONAL DAY FOR TRUTH AND RECONCILIATION

~ Acknowledging Indigenous Resilience ~

FOOD VENDORS
INDIGENOUS ENTERTAINMENT
ARTISANS



Sunday, September 29, 2024 | 10am - 3pm
Memorial Peace Park, Maple Ridge

HOSTS



SPONSORS



(604) 465-6737

City of Pitt Meadows Fall Programs

Browse the City of Pitt Meadows Parks, Recreation & Culture [Fall Guide](#) for a variety of activities and programs for all age groups! Fall programs run from September through December. Register for fall programs at pittfitandfun.ca.

Low-Cost Activities at Pitt Meadows Family Recreation Centre

Parent & Tot Mini Gym 0-5Y

Looking for an indoor activity? PMFRC offers low-cost [Parent & Tot Mini Gym](#) in the gymnasium on Mondays and Wednesdays (10:05-11:45 am) and Saturdays (9-11 am) for only \$1 per child.

Value Times at the Fitness Centre

Work out at the fitness centre during our value times. It's only \$1 for youth (13-18Y) and seniors (60Y+) and \$2 for adults (19-59Y). Value times are: Tuesday 10-11:30am, Wednesday 8-9pm, Thursday 6-7am and Saturday from 3-6pm.

FREE Family Lounge Drop-In Program

Drop by the Constable Rick O'Brien Youth Lounge with your family! The Youth Lounge will open Sundays, starting September 22, from 3:00pm to 7:00pm for a time of unstructured activities for you and your children. Enjoy a variety of activities including billiards, ping pong, video games, retro arcade and board games. Our Recreation team will be on hand to supervise, but please remember that this is a parent-led program. Children must be accompanied by a parent or guardian at all times. Older siblings (11Y+) are also welcome, but must be accompanied by a parent/guardian.

FREE Workshops

Emergency Support Services Info Night - Join the Emergency Support Services (ESS) Volunteers and be a beacon of hope in times of crisis! Whether responding to house fires or opening Reception or Group Lodging Centres for larger disasters, our ESS volunteers play a critical role in providing immediate support to those affected by disasters. The Justice Institute of BC provides free comprehensive training, preparing volunteers for various roles such as ESS Management, Registration & Referrals, and even Meet and Greet and Pet Services plus many more. Learn more and become a part of our dedicated ESS team! Register at <https://pittfitandfun.ca/copm/public/booking/CourseDetails/13410>

Disaster Preparedness Workshops - Take control of your safety and well-being by learning essential disaster preparedness steps. Join us for a unique, in-person Disaster Preparedness Workshop that will empower you and your family to face any challenge that comes your way. You will learn what makes a great Disaster Plan, how to connect with your family when phone lines are down, essential supplies to have in your family and work