Dress for the weather!

Please send your child with at least one change of clothes (possibly 2 if they are kids who like to play in puddles!). This includes extra shirts, pants, underwear and socks! We do go out for recess and lunch when it rains. Umbrellas, boots and raincoats are suggested!



Created by Kids Art Card Fundraiser

We will accept art card orders until Tueday November 4! Order on line and then send your child's art work back to school!

Volleyball

This week is our final full week of games. Most of our teams only have two games remaining. Best of luck students!

Mon: Boys lunchtime practice | Coed vs ALE

Tues: Combined AM Practice

| Rec Girls @ ARE

<u>Wed</u>: Boys lunchtime practice | Comp Boys vs MRCS

<u>Thurs</u>: Combined AM Practice | Comp Girls vs FVE

Fri: Boys lunchtime practice

It's that time of year where we very quickly run out of Kleenex! For every box of Kleenex your child brings in, they will be entered into a draw to win a small prize!





"WEEK AT A GLANCE" Nov. 3-7

Monday, November 3

- PJ Day!
- Clothing Drive: bring in gently used clothing items
- Bowling Div. 16/17
- Forest Walk with Ross Davies Div. 19
- Sign up for student led conferences on the parent portal

Tuesday, November 4

- No morning clubs except breakfast club today
- Art Card Fundraiser orders due!

Wednesday, November 5

Me N Eds Pizza Hot Lunch

Thursday, November 6

Div. 4 and 5 skating

Friday, November 7

- K and K/1 Bear Aware with Dan 8:45
- Remembrance Day assembly 11:00

Harry Hooge Spirit Wear is on sale now!

T-shirts! Hoodies! Sweatpants!

Orders are made on the parent portal and are due November



Indigenous Veteran's Day: November 8th

Aboriginal Veterans Day was established in Manitoba in 1994 and has since spread across the country to other provinces and has been renamed Indigenous Veterans Day. Recognized annually on Nov. 8, Indigenous Veterans Day is a day to recognize and acknowledge the many contributions and sacrifices of Indigenous Peoples to Canada's war efforts and peacekeeping reputation.

You can find out more information at the following link: Canadian Indigenous Veteran's Day.

Parking Lot Reminders

*please share this information with anyone who may be picking up your child (Grandmas, aunties, friends...)

- 1. Do NOT leave your vehicle unattended in the parking lot unless you are in an actual parking stall!
- 2. Do NOT leave your vehicle unattended in the No Parking zones.
- 3. Do NOT park in the handicap parking spots without a decal.
- 4. Do NOT park infront of the yellow gate at any time.
- 5. Do NOT stop in the "through" lane. That is the lane in the parking lot closest to the road.
- 6. Never stop on the crosswalk.
- 7. Never get in a position where you need to put your car in reverse in the parking lot.

SLOW DOWN! This is for the safety of all of our students, including yours!





Bring in donations for a poppy this week!

Harry Hooge Boutique

Harry Hooge Elementary School is holding a clothing drive! Items can be brought in until November 24th. Items such as jackets, pants, shirts, dresses, shoes, scarves, and hats will be accepted. All sizes wanted.

During conferences on November 27 and 28, the Harry Hooge Boutique will be open for shopping in our gym. The best part, all items are free! Hello Harry Hooge Families from your HHE school Counsellor Ms. Nina!

As we settle into this school year and begin to approach the holiday season, I wanted to pass along some local resources for parents and caregivers. With the hustle and bustle of work, activities, chores, and life in general, we often focus our attentions on our kids and what they need, while neglecting our own wellbeing. This is just a friendly reminder that you are important, too, and we all need some help and support sometimes.

- Family Smart has workshops, videos, and peer support workers for parents whose children may be struggling with mental health, emotions, and behaviours. They often have free "In the Know" events, either in person or virtually, where they talk to people in the field about various topics, like ADHD, depression, school refusal, etc. Caregivers are invited to attend if they have questions or concerns about those topics. The talks are often recorded and then posted on to the Family Smart website for access afterward. https://familysmart.ca/
- The Foundry offers virtual parent and caregiver workshops on various topics, including Emotion Focused Family Therapy, raising neurodivergent youth, caregiver support groups, and more. This is also a free resource. https://foundrybc.ca/virtual/groups-workshops/
- The Family Education and Support Centre has a variety of programming for caregivers and kids, including parenting, anger and conflict resolution, personal growth, and support group programs. Most of the programs are low- to no-cost. https://www.familyed.bc.ca/
- Moving Forward Family Services is a low- to no-cost option that offers counselling and support groups in various languages. Most groups are virtual and can include topics such as parenting, stress management, life skills, and more. https://movingforward.help/counselling-service-request-form (scroll down to "Section 4: Additional Services" to see the group options available)

Additional details, like contact and registration information, can be found by following the above links.

Nina DeLucca, HHE school counsellor Nina delucca@sd42.ca