It is spring, so its time to get cleaning! Do you have any gently used sporting equipment that just doesn't get used any longer? HHE would love to take it off your hands. Our students love playing with equipment at recess and lunch and your donation will keep our kids active and healthy. If you have items such as basketballs, soccer balls, footballs, tennis balls, whiffle balls, or any other equipment that is perfectly functioning, we will take it! Bring your equipment to the gym before school by Friday, April 19th. Thank you for donating to our school community!





"WEEK AT A GLANCE" Apr 8-12

Monday, April 8

- Subway Hot Lunch
- PAC meeting 7pm in the library

<u>Tuesday, April 9</u>

Wednesday, April 10

<u>Thursday, April 11</u>

Friday, April 12

Wacky Hair Day!

We are in the process of creating our yearbook. If you would like your child's picture in the yearbook, please complete the consent forms on the parent portal if you haven't already done so!







When is Vaisakhi?

This regional Indian holiday is celebrated on 13 or 14 April each year.

Also spelled Baisakhi, the holiday is one of the most important festivals for Sikhs and is marked by the millions of Sikhs in India and around the world.

Traditions of Vaisakhi

Vaisakhi is an ancient spring harvest festival that has been observed in the Punjab region for many centuries.

It became closely associated with Sikhism at the end of the 17th century, when Guru Gobind Singh, leader of the Sikhs, chose the date of the festival to create the highest order that can reached by Sikhs, known as the Khalsa Panth.

In 1699, Guru Gobind Singh summoned Sikhs from across India to the city of Anandpur Sahib, Punjab. There, in front of the massed crowds, he adorned five Sikhs with the distinguishing Khalsa identity of a Saint Soldier.

How is Vaisakhi Celebrated?

Many Sikhs mark the events that took place on Vaisakhi by making pilgrimages to holy sites. In some countries large public processions known as Nagar Kirtans take place. Cities across the world that have significant Sikh populations like London, Leicester and Vancouver will also hold public celebrations.

Conflict Resolution ZOOM Workshop for Parents

The Family Education & Support Centre is thrilled to present a workshop that will provide knowledge and skills for dealing with conflict as a parent/guardian. Some learning tools will include "I" statements, conflict management styles, trigger scale, active listening, paraphrasing, and open questions for parenting.

Date: April 17, 2024 Time: 6:00 to 8:00 p.m. Cost: \$10

Home Alone ZOOM Workshop

The Family Education & Support Centre is excited to present an opportunity for parents/guardians who want to prepare their nine-year-old child for staying at home when they turn 10 years old. This workshop looks at what works for your family unit in relation to safety and making wise choices when your child is home alone. We will look at topics such as earthquake preparedness, fire preparedness, power outage preparedness, key safety, door safety, phone safety, and much more. Parents/guardians must participate with the child.

Date: May 15, 2024 Time: 6:00 to 8:00 p.m. Cost: \$10

First Aid Pro: Red Cross Stay Safe for Youth (Ages 9-13)

Real-world scenarios often call on children to respond to challenges. The Stay Safe program teaches applicable and ageappropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe in a variety of different situations.

Location: Maple Ridge Elementary Date: Wednesday, May 15, 2024 (Pro-d) Time: 9:00am - 1:00pm Cost: \$65.00

Register at: https://schooldistrict42.perfectmind.com/SocialSite/MemberRegistration/MemberSignIn

For more information: Hannah Macdonald, 604.837.2384 or <u>hannah_macdonald@sd42.ca</u>.