

...COMING NEXT WEEK!

"WEEK AT A GLANCE" Mar. 11-15

Monday, March 11

- Ramadan began yesterday, March 10th.
- Div. 5 and 6 swimming
- Div. 15 Bowling
- Smencils on sale every day this week at lunch in Ms. Vergara's room \$2

Tuesday, March 12

Wednesday, March 13

Thursday, March 14

- Basketball Skills Competition: Players vrs Staff
- Concession Stand open after school to raise money for Gr. 7 events. All items are \$2

Friday, March 15

- Basketball team Pizza lunch
- PJ Day!
- Concession Stand open after school to raise money for Gr. 7 events. All items are \$2

Lost and Found

Our lost and found is very full!
Come have a look. Whatever is not collected will be donated on Friday after school!



Basketball Update

Thank you to all players and parents this season. Both teams had great success and now have a strong foundation moving into next season at HHE and grade 8 basketball for the grade 7 students.

Please return your jerseys this week!

AFTER-SCHOOL SPRING PROGRAMS 2024

Harry Hooge Elementary

REGISTRATION is open from March 5 at 9 a.m. to April 4

NAUGHTY KNIGHTS CHESS PROGRAM (GRADES 1-5)

Ideal for players who would like to explore the amazing and limitless world of chess – which is undoubtedly the most popular board game in the world. This program nurtures logical thinking, concentration and helps form the habit of making calculated and informed decisions.
*No session May 15

FVCE

Wednesdays
2:30 p.m. to 3:30 p.m.
April 17 to June 12
Location: MPR
\$160

KIDS INNOVATIVE: INTRO TO CODING (GRADES 2-4)

A fun and interactive learning space where kids dive into the basics of coding principles through game-style activities. Experience your child's coding growth while building friendships in vibrant and engaging gaming activities.

KIDS

Thursdays
2:30 p.m. to 4:00 p.m.
April 18 to June 6
Location: MPR
\$170

ALBION FC AFTER-SCHOOL SOCCER (GRADES K-7)

Students will participate in fun and engaging activities that will develop their soccer skills at all levels. There will be an emphasis on building confidence and teamwork through a variety of soccer drills, games, and fun challenges. This is an outdoor program, rain or shine.

ALBION

Fridays
2:30 p.m. to 3:30 p.m.
April 19 to May 24
Location: Field/Gym
\$60

Students will go straight to the program at the bus.
All registrations are on a first come, first serve basis. Programs could be cancelled due to low registration.

To register, go to schools@isre422.perfectind.com.
For more info, Harishah Macdonald, 904 527 2284 or harishah_macdonald@isre422.ca.

Celebrating RAMADAN

What schools should know about Ramadan?

March 10th to April 9th, 2024



Ramadan is the Muslim month of fasting that takes place every 9 months at the sighting of the crescent moon. Fasting means NO FOOD and NO WATER from dawn to sunset for 29 to 30 days.



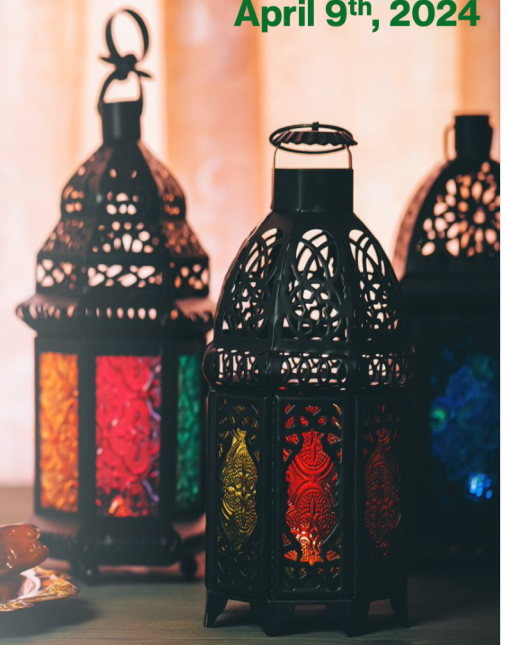
In this month, Muslims pray, focus on self reflection, self improvement, and give back to those in need through charitable work. They might stay up until midnight for prayers and wake up at dawn to eat and pray.



Muslim students that are fasting might feel tired, hungry and dehydrated, especially in the afternoons. One way to support this is to lessen strenuous activities during gym blocks.



Muslims understand that everyone is not fasting. At the end of Ramadan, there is a 3-day celebration to express gratitude and strength for the past month. This is called Eid Al-Fitr.



**Ramadan Mubarak!
Eid Mubarak!**

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For more information on Ramadan, please visit

<https://www.isre.org.au/wp-content/uploads/2014/07/Simple-Guide-to-Ramadan.pdf>