

## Global Play Day

Global School Play Day is observed annually every first Wednesday in February and this year it will be held on February 7. This holiday promotes the importance of unstructured, regular play for children. The campaign was started by a group of six educators in 2015. They realized that playtime for children was decreasing both at home and in school, leading to negative consequences for the children's development. They immediately took action and initiated Global School Play Day, with over 65,000 children participating in its very first year.



## "WEEK AT A GLANCE" Feb. 5-9

### Monday, February 5

- Little Caesars Hot Lunch
- Girls Basketball Practice after school
- Boys Basketball Game at Glenwood

### Tuesday, February 6

- Girls Basketball Game at Alouette
- Div 1 & 2 to Maple Ridge Pool at 9:45am

### Wednesday, February 7

- Global Play Day (some teachers)

### Thursday, February 8



### Friday, February 9

- Last day to order Kernels
- Lunar New Year Parade: Wear RED, YELLOW or GOLD
- Dan visiting Divs. 21, 22, 23, 24 at 9am

## Registration Reminders:



Kindergarten General Registration closes Feb 6!



Grade 8 Registration begins on February 13 at 12pm.



**Lunar New Year**, Chinese **Chunjie**, Vietnamese **Tet**, Korean **Solnal**, Tibetan **Losar**, also called **Spring Festival**, festival typically celebrated in [China](#) and other Asian countries that begins with the first new moon of the [lunar calendar](#) and ends on the first [full moon](#) of the lunar calendar, 15 days later. The lunar calendar is based on the cycles of the moon, so the dates of the [holiday](#) vary slightly from year to year, beginning some time between January 21 and February 20 according to Western calendars. Approximately 10 days before the beginning of the new lunar year, houses are thoroughly cleaned to remove any bad luck that might be [lingering](#) inside, a custom called "sweeping of the grounds." Traditionally, New Year's eve and New Year's day are reserved for family celebrations, including religious ceremonies honouring ancestors. Also on New Year's day, family members receive red envelopes (*lai see*) containing small amounts of money. Dances and fireworks are prevalent throughout the holidays, culminating in the [Lantern Festival](#), which is celebrated on the last day of the New Year's celebrations. On this night colourful lanterns light up the houses, and traditional foods such as *yuanxiao* (sticky rice balls that symbolize family unity), *fagao* (prosperity cake), and *yusheng* (raw fish and vegetable salad) are served.



## Black History Month

The 2024 theme for Black History Month is: "Black Excellence: A Heritage to Celebrate; a Future to Build". This theme celebrates the rich past and present contributions and accomplishments of Black people in Canada, while aspiring to embrace new opportunities for the future. The term "Black Excellence" was born out of the civil rights movement in the 1960s and it is a way to celebrate the joy, resilience, and achievements of Black people around the world.

Check out the link for more about Black History Month.

<https://www.canada.ca/en/canadian-heritage/campaigns/black-history-month.html>

