

MYP Physical Education and Health

Grade 8

Criteria A: Knowing and understanding

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ul style="list-style-type: none">• recalls physical and health education factual, procedural and conceptual knowledge• identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations• applies physical and health terminology to communicate understanding with limited success.
3-4	The student: <ul style="list-style-type: none">• states physical and health education factual, procedural and conceptual knowledge• identifies physical and health education knowledge to describe issues and to solve problems set in familiar situations• applies physical and health terminology to communicate understanding.
5-6	The student: <ul style="list-style-type: none">• outlines physical and health education factual, procedural and conceptual knowledge• applies physical and health education knowledge to describe issues and to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations• applies physical and health terminology consistently to communicate understanding.
7-8	The student: <ul style="list-style-type: none">• describes physical and health education factual, procedural and conceptual knowledge• applies physical and health education knowledge to explain issues and solve problems set in familiar and unfamiliar situations• applies physical and health terminology consistently and effectively to communicate understanding.

Criterion B: Planning for performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student is able to <ul style="list-style-type: none">• outlines a plan for improving physical performance and/or health.• states the effectiveness of a plan based on the outcome.
3-4	The student: <ul style="list-style-type: none">• constructs and outlines a plan for improving physical performance and/or health.• outlines the effectiveness of a plan based on the outcome.
5-6	The student: <ul style="list-style-type: none">• constructs and explains a plan for improving physical performance and/or health.• describes the effectiveness of a plan based on the outcome.
7-8	The student: <ul style="list-style-type: none">• designs and explains a plan for improving physical performance and/or health.• explains the effectiveness of a plan based on the outcome.

Criterion C: Applying and performing

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ul style="list-style-type: none"> • recalls and applies skills and techniques with limited success. • recalls and applies strategies and movement concepts with limited success. • recalls and applies information to perform.
3-4	The student: <ul style="list-style-type: none"> • demonstrates and applies skills and techniques with limited success. • demonstrates and applies strategies and movement concepts with limited success. • identifies and applies information to perform.
5-6	The student: <ul style="list-style-type: none"> • demonstrates and applies skills and techniques. • demonstrates and applies strategies and movement concepts. • identifies and applies information to perform effectively.
7-8	The student: <ul style="list-style-type: none"> • demonstrates and applies a range of skills and techniques. • demonstrates and applies a range of strategies and movement concepts. • outlines and applies information to perform effectively.

Criterion D: Reflecting and improving performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ul style="list-style-type: none">• identifies strategies that enhance interpersonal skills.• lists goals to enhance performance.• summarizes performance.
3-4	The student: <ul style="list-style-type: none">• identifies and demonstrates strategies that enhance interpersonal skills.• identifies goals to enhance performance.• outlines and summarizes performance.
5-6	The student: <ul style="list-style-type: none">• outlines and demonstrates strategies that enhance interpersonal skills.• identifies goals and applies strategies to enhance performance.• outlines and evaluates performance.
7-8	The student is able to: <ul style="list-style-type: none">• describes and demonstrates strategies that enhance interpersonal skills.• outlines goals and applies strategies to enhance performance• explains and evaluates performance.