



# AFTER-SCHOOL PROGRAMS

*“Our vision is for every individual to feel valued and for all learners to reach their potential.”*

## Glenwood Elementary



WINTER 2019



## **AFTER-SCHOOL PROGRAMS GLENWOOD ELEMENTARY WINTER 2019**

*The Maple Ridge - Pitt Meadows School District, in partnership with United Way of the Lower Mainland, has embarked on an exciting new path for our community, focusing on sustainable, educational and fun after-school programs.*

*The after-school programs we offer provide expanded learning opportunities both educationally and emotionally to enable our children and youth to be ready, able and motivated to learn.*

### **BRICKS4KIDZ (GR. K-7)**

Brick City Engineers, let's build a city! In this fun, interactive class, students will build the structures and vehicles we see throughout our city: police cars, fire trucks, construction machinery, a library, park and houses! There will also be time for free building structures too!

*Thursdays, 2:30 pm – 3:45 pm, library  
February 7 – March 7 (no class Feb. 14)*

*Registration Fee: \$20 (4 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*



**HIP HOP (GR. 1-7)**

Dance your heart out at this fun and exciting after school program. Hip hop and jazz will be the focus of this program. Students will learn new dance choreography and get moving to some of their favourite pop songs. Training steps for hip hop and jazz will be taught along with a fun combo that will be ready to perform by the end of the course. All levels welcome in this active and innovative dance class.

*Mondays, 2:30 pm – 3:30 pm, Multi-Purpose Room*

*January 14 – March 11 (no class Feb. 18)*

*Registration Fee: \$60 (8 sessions)*

*Course Code: #2274*

*To register: contact Maple Ridge Parks & Leisure at 604-467-7422 or [recreg4u.ca](http://recreg4u.ca)*

**JIU-JITSU (GR. 3-7)**

The Brazilian Jiu-Jitsu-based Functional Physics Program designed for kids incorporates both physical and educational components in a fun, non-competitive environment. Children will have the chance to learn about the human body, mathematics, and science while getting hands-on training for self-defense. Functional Physics incorporates the basic principles of Jiu-Jitsu, a grappling form of self-defense, in combination with learning fundamental concepts of anatomy, physics, and health.

*Thursdays, 2:30 pm – 4:00 pm, Multi-Purpose Room*

*January 10 – March 7 (no class Feb. 14)*

*Registration Fee: \$40 (8 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*

**MINDFUL MOVEMENTS YOGA (GR. 1-7)**

Yoga classes can have far-reaching positive benefits both physically and mentally. Meet new friends as you improve your strength, flexibility, balance and focus in a non-competitive, non-judgmental environment. Gently breathing exercises, calming techniques and relaxation designed for children form an integral part of each class.

*Tuesdays, 2:30 pm – 3:30 pm, Multi-Purpose Room*

*Session 1: January 8 – February 5*

*Session 2: February 19 – March 12*

*Registration Fees:*

*Session 1: \$25 (5 sessions)*

*Session 2: \$20 (4 sessions)*

*To register visit: <http://schooldistrict42.perfectmind.com> to create your account, register and pay*

## REGISTRATION INFORMATION

**Reminder:** The registration process for Maple Ridge – Pitt Meadows School District after-school programs has changed. Register for Winter 2019 programs at <https://schooldistrict42.perfectmind.com>.

Once you have created an account, here's how to register your child for a program:

1. Click on the "My Info" tab in the upper menu and create a profile for your child by selecting "Add Family Member";
2. Click on the "Schedule" tab in the upper menu;
3. Select the location (e.g. Harry Hooge Programs) of the program in which you want to register your child;
4. Select the program (e.g. Bricks4Kidz);
5. Select the name(s) of the child(ren) you would like to register in the program.

*Please note: Register for all arts programs by contacting Maple Ridge Parks & Leisure at 604-467-7422 or online at [recreg4u.ca](http://recreg4u.ca).*

## CONTACT

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