

Elementary School Counselling



Services

At elementary school level the purpose of counselling is to help students with personal and social issues through:

- Providing individual and group sessions with students
- Conducting classroom sessions
- Consulting with teachers, parents and community partners
- Providing parent and teacher education
- Working with school based teams and serving as school contact person for outside agencies



Referral Process

- Student's teacher or parent speak to the Support Teacher regarding concerns and concerns are then brought to the School Based Team (SBT)
- If school counselling was recommended by the SBT, then school staff contact parent to discuss possible referral for school counselling
- A "Referral for Counselling Assistance" form is completed by school staff
- School Counsellor contacts parent after the referral form was received to obtain parent's consent and inform parent when counselling will commence and what the format and goals will be
- Students may also request a visit with the counsellor

Contact Details

- E-mail is often the best way to contact the school counsellor as phone calls cannot be received during sessions and the counsellor is not at the school every day
- The counsellor at your school this year is Shona Wood
E-mail address: shona_wood@sd42.ca
- This school year I will be at Laity View on Monday, Tuesday and Friday afternoon

