

3.0 Pre-Planning with Staff and Students

3.1 Emergency Preparedness

Statistics have proven that those who are prepared for an emergency have a better chance of survival. The backbone of this emergency plan is dependent on staff's willingness to stay at school during a major emergency. Personal preparedness will form an integral asset to their capacity to do so.

Emergency Management BC recommends that children stay at school until a parent or guardian who is listed on the Student Information Verification, picks up the child. We have no idea, especially in an earthquake, how impacted our neighbourhoods may be. It will be vital that school staff is able to remain at school for this process to occur and this can only happen if they are prepared at home. They must feel that their family can activate their family's emergency plan without them.

72 Hours, Is Your Family Prepared?

If an emergency happens, it may take emergency workers some time to reach you. You should be prepared to take care of yourself and your family for a minimum of 72 hours.

It is recommended that staff members:

- Prepare their family and home for an emergency,
- Have a 3 to 5 day supply kit for home.
- Have a car kit with food, prescription medication, extra clothes and water.
- Have a plan to reunite with their family.
- Organize their neighbourhoods so that if they are at school, they will have the peace of mind that someone is checking on their family and their house.



Recommendations - Home Emergency Kits

Basic emergency kit items:

- Water — four liters of water per person per day.
- Food that won't spoil, such as canned items, energy bars and dried foods (replace once a year).
- Manual can opener.
- Wind-up or battery-powered flashlight (and extra batteries).
- Wind-up or battery-powered AM/FM radio (and extra batteries).
- First aid kit.
- Special items — pet food, prescription medications, infant formula or equipment for people with disabilities.
- Extra keys for your car and house.
- Cash — include smaller bills, such as \$10 bills and change for payphones.
- Emergency plan — include a copy in your kit as well as contact information.

Consider these additional emergency kit supplies:

- Two additional liters of water per person per day for cooking and cleaning.
- Candles and matches or lighter (place in sturdy containers).
- Change of clothing and footwear for each household member.
- Sleeping bag or warm blanket for each household member.
- Toiletries.
- Hand sanitizer.
- Toilet paper.
- Utensils.
- Garbage bags.
- Water purifying tablets.
- Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, pocket knife).
- Small fuel-operated stove and fuel.
- Whistle (to attract attention).
- Duct tape.

Learn how quick and easy it is to become better prepared to face a range of emergencies — anytime, anywhere.

Please find below the link to the website for more information.

<http://www.getprepared.gc.ca/cnt/rsracs/pblctns/yprprdnssgd/index-en.aspx>