

HERE'S the SCOOP

Oct 4th to Oct 8th

Week at a Glance

Monday Oct 4th to Friday Oct 8th

Donations for Food Drive

Monday Oct 4th

Mask transition day

Tuesday Oct 5th

Mask transition day

Wednesday Oct 6th

Mask mandate in effect

Reminders:

On October 1st the provincial government announced a Mask mandate for students k – 12. If your child is unable to wear a mask, please ensure you pass this information along to your child's teacher and Mrs. Gallop. Please know that the new guidelines are clear that no student will be prevented from participating at school if they do not wear a mask. Thank you for your support in keeping our school safe.

SICK?

As we head into cold and flu season, we ask that you are diligent with your child's daily health assessment. If they are feeling unwell, please stay home.

Not sure if your child should attend?
Download the BC. K-12 Health Check app for free!

CONNECT

Follow us on twitter:

@FVFalcons42

Join our Fairview Elementary
PAC Facebook Page

DATES

Oct 11th Thanksgiving

Oct 19th FV PAC mtg 6:45

Oct 22nd Non Instructional Day

Oct 29th Halloween activities

Nov 1st PJ Day

Nov 11th Remembrance Day

Nov 12th Non Instructional Day

Dec 2nd Conferences 11:30am
dismissal

Dec 3rd Full day conferences

No school for kids

Dec 20th to Dec 31st

Winter Break

ANGER MONSTER



**This course is to teach children
8-12 yrs old about:**

- What anger is, and their triggers,
- Tools for learning to control their anger.

**OCT 16TH-NOV 6TH
SATURDAYS
3-5PM**

PRICE: \$90

NO CLASSES OCT 9TH
(based on a registration for one adult and one child)

The parents program features skills from Neufeld Institute including:

- Anger cycles, and goals of behaviour,
- How to support their child's efforts to tame their anger monster,
- Calming techniques.

FOR MORE INFORMATION, PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055 or www.familyed.bc.ca

**Please note the location of this
program is subject to change
as per the BC Provincial Health
guidelines regarding Covid-19.**



PARENTING RESILIENT CHILDREN



Understand better what resiliency is and how we
can foster it in our families.

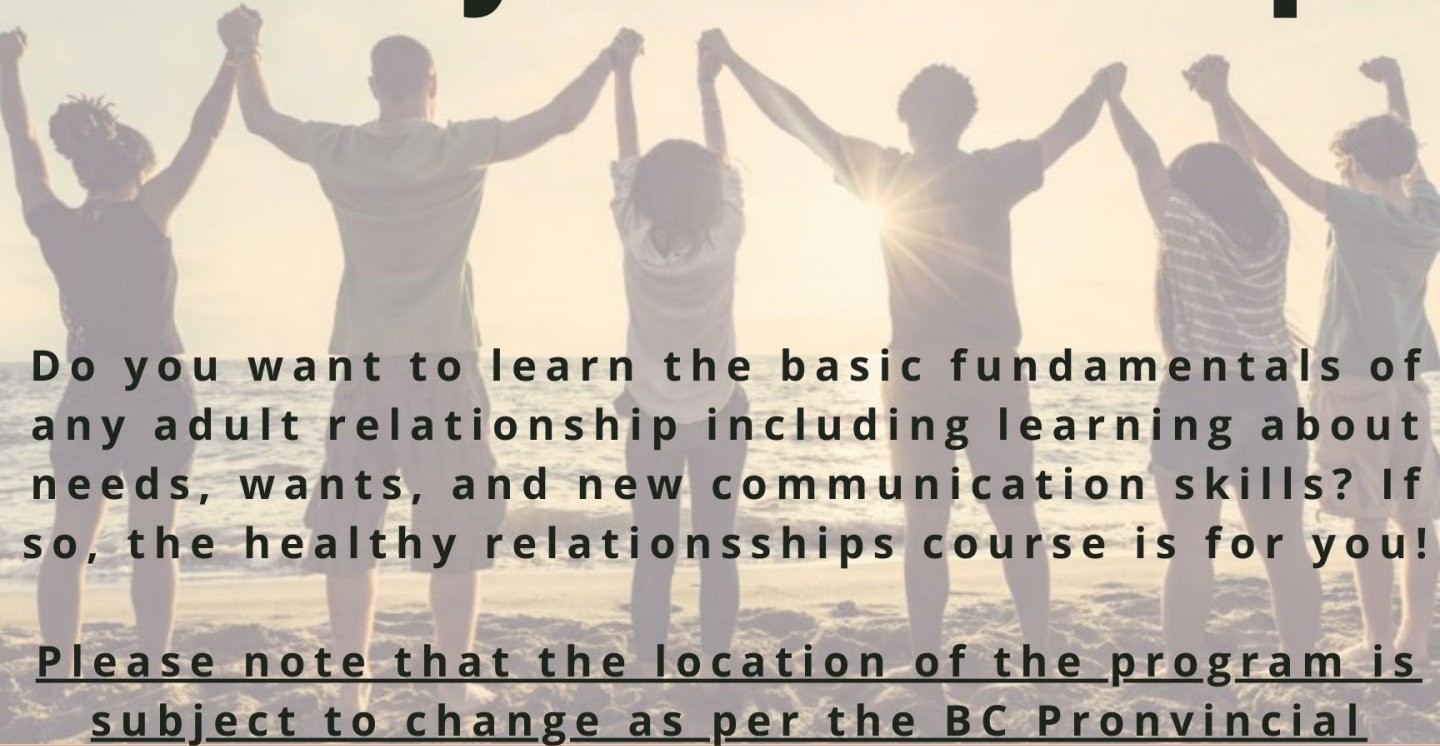
Please note this program will take place online,
via Zoom.

OCT 5TH (TUES) 10AM - 12PM
PRICE: \$15

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre
22554 Lougheed Hwy, Maple Ridge
(604) 467 - 6055
reg@familyed.ca

Healthy Relationships



Do you want to learn the basic fundamentals of any adult relationship including learning about needs, wants, and new communication skills? If so, the healthy relationships course is for you!

Please note that the location of the program is subject to change as per the BC Provincial Health guidelines regarding Covid-19.

Nov 12th from 6 - 9pm
Nov 13th from 10am - 1pm

OR

Pt. 2
Nov 19th from 6 - 9pm
Nov 20th from 10am - 1pm

Price:
\$90

Based on two participants for one part, at \$45 each



FOR MORE INFORMATION PLEASE CONTACT
THE FAMILY EDUCATION & SUPPORT CENTRE
22554 LOUGHEED HWY, MAPLE RIDGE
(604) 467 - 6055
REG@FAMILYED.CA



PARENTING WORKSHOP

Conflict Resolution

As parents and caregivers, do you want to learn about the following? If so, this conflict resolution workshop is for you!

- conflict management parenting styles,
- trigger scale,
- active listening,
- open questions for parents,
- how to use "I" statements.

Please note this program will take place online, via Zoom.

Nov 9th (Tues)
10am - 12pm
Price: \$15

FOR MORE INFORMATION PLEASE CONTACT

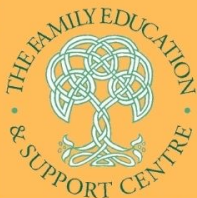
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Maple Ridge, BC

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FREE PROGRAM

STEP E

Parents and caregivers will learn developmentally appropriate parenting skills for children aged 0-6 years of age. Programming for children 0-6 is available.

**NOV 2ND-26TH
TUESDAY'S AND FRIDAY'S
1PM-3PM**

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Brave New You!

Are you missing the following in your life? If so, Brave New You is for you!

- ☒ Establishing healthy boundaries
- ☒ Healthy communication that works
- ☒ Understanding the role anger is playing in your life
- ☒ Discovering your core values

OCT 16TH ,17TH ,23RD ,30TH
9AM - 2PM

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Maple Ridge

www.familyed.bc.ca or call **(604) 467-6055**

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