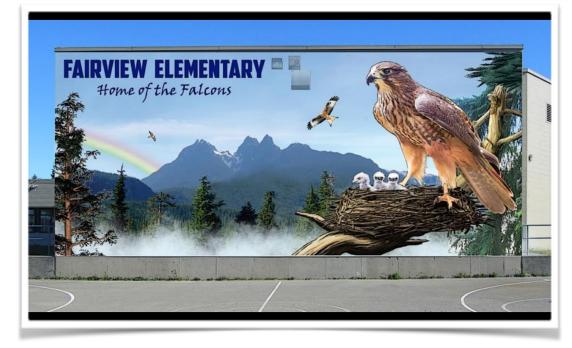
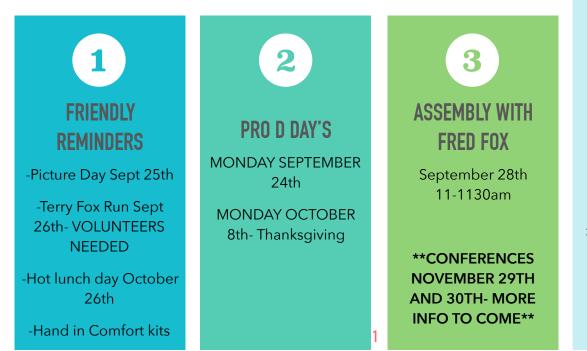
# FAIRVIEW | PAC NEWSLETTER



## **WELCOME BACK!**

Our doors are open and we have had a successful first two weeks back. All seismic upgrades to the school were done throughout the summer. Mission Accomplished! Thank you to everyone who worked so hard to get the job done in time. WELCOME TO ALL NEW FAMILIES AND STAFF





FALL IS IN THE AIR Dress FOR rain or shine



PAC approved new Water bottle refill Stations! Stay tuned for more details



BINGO NIGHT Come out and enjoy a fun night. All money raised goes towards the school. NOVEMBER 23RD

## **ENTERTAINMENT BOOKS**

Entertainment books were sent home with your child this week. All money raised goes towards helping our school. If we sell 175 books Mrs. Watkins will get

a PIE TO THE FACE! SELL SELL SELL



## FREE SNOW CONE DAY FRIDAY SEPTEMBER 28th

# entertainment.

SPIRIT WEAR We will be sending home order forms for your favourite 2018/2019 FAIRVIEW Spirit wear. Show your support and help the school raise money

### SCHOOL PSYCHOLOGIST COFFEE MEETINGS

Come talk with Marley our school Psychologist about interesting topics

#### NEED GIFT IDEAS?

PURDYS/POINSETTIA ORDERS WILL BE COMING UP. KEEP AN EYE OUT FOR PICK UP DATES AND MORE INFO





COFFEE WITH YOUR BCDOOL Psychologist	
Tuesday Mornings 8:30-9:00	
Navigating Mental Health & Community Services Sept 18th Back to School Routines (eat, sleep & play)Sept 25th Screen Time vs. Lean TimeOct 9th Special Education Designations and IEPsOct 16th Psychoed Assessments & Understanding ReportsOct 23rd Home Reading StrategiesOct 30th Evidence Based iPad Apps & Computer GamesNov 6th marley_morton@sd42.ca	



# The facts of lice

#### What are lice?

Lice are tiny wingless insects that live on a person's scalp and feed on their blood. About the size of a sesame seed, lice lay eggs called nits, which they glue to hairs, close to the scalp.

Each year, head lice get into the hair of **6 to 12 million kids**, ages 3 to 11.

#### **Symptoms of head lice** Your child may have head lice if he or she complains of:

- A tickling feeling in the hair, like something is moving
- An itchy scalp
- Sores on the head caused by scratching

#### How to check for lice

Carefully part your child's hair with a comb and look for the insect's eggs. Lice eggs, laid in the hair close to the scalp, look like tiny white or yellow ovals and often are mistaken for dandruff flakes.

#### How head lice are spread

Head lice are mainly spread by direct head-to-head contact, which can be common among kids during play at school, camp, day care or slumber parties.

#### How to reduce your child's risk

Encourage your child not to share items that touch the head, like hairbrushes, pillows and hats, and to avoid head-to-head contact while playing with other kids.

#### Head lice myths, busted!

- Head lice cannot jump or fly from head to head.
- Kids diagnosed with live head lice at school do not need to be sent home early. They can go home at the end of the day and return to class after treatment has begun.
- Getting head lice is not a sign of dirty hair or poor hygiene.

#### How to treat head lice

1. Kill the insects. Apply an over-the-counter or prescription medication that will kill lice and nits. Follow the instructions on the label. Comb dead and any remaining live lice out of the hair using a fine-toothed nit comb.

2. Check the hair of family members and close contacts, like babysitters and your child's close friends, for head lice. Keep checking family members for two weeks to be sure the lice are gone.

**3. Clean any items** your child has worn or used in the past 48 hours. Machine wash clothes and bedding in hot water. Also vacuum carpet and furniture.



# NEW HOT LUNCH INFORMATION

Our first Hot Lunch date has been set for **October 26th.** We will be having Dominos Pizza and Sushi from Halu Sushi. We will be doing online payments for hot lunch through Munch a Lunch. We will be providing more info in the next few weeks. Check out the link below

https://munchalunch.com/default



# PAC NEEDS VOLUNTEERS, PRIZES & DONATIONS!

The PAC needs class reps for all divisions. Its a simple job of coming to one PAC meeting per month and help report back to your child's teacher. This also allows your division to have a say in what can be discussed at the PAC meetings. Please come out and let your voices be heard. Below is a link to the PAC Facebook page

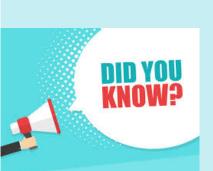
https://www.facebook.com/FairviewPAC/

If you have any questions, comments or have donations Please email <u>fairviewpac@hotmail.com</u> NEXT PAC MEETING TUESDAY OCTOBER 16th @7pm

# SAVE YOUR RECEIPTS!

Please bring in any SAVE ON FOODS RECEIPTS. There is an envelope on the PAC bulletin board across from the Office. SAVE ON FOODS (227th and 203rd locations) kindly give us Gift Cards for the school to spend on numerous items.





## **GRADE 5 ACTIVE PASS**

All Grade 5 students residing in the City of Maple Ridge are eligible for the opportunity to experience the positive benefits of leisure and recreation at no charge. Eligible students will have access to age appropriate drop-in services offered through Parks, Recreation & Culture at no cost.

https://www.mapleridge.ca/1474/Grade-5-Active-Pass