

## ALOUETTE ADDICTIONS SERVICES

201 - 22477 Lougheed Hwy  
Maple Ridge, BC  
t. 604.467.5179  
f. 604.467.8592  
<http://www.alouetteaddictions.org>

## ACT 2 CHILD AND FAMILY SERVICE

\* Sexual Abuse Counselling by self-referral; all other counselling services require MCFD referral  
Ridge Meadows Counselling Program  
203 - 11965 Fraser Street  
Maple Ridge, BC  
t. 604.463.0965  
f. 604.463.2416  
e. [info-mr@act2.ca](mailto:info-mr@act2.ca)  
<http://www.act2.ca>

## CHILD AND YOUTH CRISIS PROGRAM

\* Professional referral required  
600 - 205 Newport Drive  
Port Moody, BC  
t. 604.949.7765  
Intake Hours:  
Mon-Fri: 9:00 am - 9:00 pm  
Sat-Sun: 12:00 pm - 9:00 pm

## CYTHERA TRANSITION HOUSE SOCIETY

\* Children who witness abuse program  
22318 McIntosh Avenue  
Maple Ridge, BC  
t. 604.467.9939  
t. 604.467.9966 (24 hour crisis line)  
f. 604.467.5158  
<http://www.cythera.ca>

## EARLY PSYCHOSIS INTERVENTION

t. 604.777.8386  
crisis line: 1.877.820.7444  
[http://www.mcf.gov.bc.ca/mental\\_health](http://www.mcf.gov.bc.ca/mental_health)

## FAMILY EDUCATION AND SUPPORT CENTRE

\* Free program every Thursday, 1:00 pm - 2:30 pm  
22554 Lougheed Hwy  
Maple Ridge, BC  
t. 604.467.6055  
<http://familyed.bc.ca>

## FRASER HEALTH CRISIS LINE

t. 604.951.8855  
t. 1.877.820.7444

## FAMILY EDUCATION AND SUPPORT CENTRE

200 - 11965 Fraser Street  
Maple Ridge, BC  
t. 604.476.2821  
<http://www.kidstart.ca>

## HEALTHLINK BC

(Medically approved information)  
t. 811  
<http://www.healthlink.bc.ca>

## KIDSTART MENTORING PROGRAM

200 - 11965 Fraser Street  
Maple Ridge, BC  
t. 604.476.2821  
<http://www.kidstart.ca>

## MAPLE RIDGE / PITT MEADOWS COMMUNITY SERVICES

11907 - 228th Street  
Maple Ridge, BC  
t. 604.467.6911  
f. 604.463.2988  
<http://www.comservice.bc.ca>

## MCFD 24 HOUR HELPLINE FOR CHILDREN

\* Primarily for child protection  
t. 604.310.1234

## MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT

\* Walk-in Intake Clinic: Thursday, 9:00 am - 4 pm  
22323 - 119th Avenue  
Maple Ridge, BC  
t. 604.466.7300  
[http://www.mcf.gov.bc.ca/mental\\_health](http://www.mcf.gov.bc.ca/mental_health)

## MULTICULTURAL SERVICES

t. 604.467.6055 ext.108

## PLEA COMMUNITY SERVICES

3894 Commercial Street  
Vancouver, BC  
t. 604.871.0450  
f. 604.871.0408  
e. [info@plea.bc.ca](mailto:info@plea.bc.ca)  
<http://www.plea.ca>

## RCMP NON-EMERGENCY (24 HOURS)

T. 604.463.6251

## SUICIDE PREVENTION LINE (24 HOURS)

\* General crisis service  
t. 1.800.SUICIDE or 1.800.784.2433

## YOUTH ONLINE CHAT

12:00 pm - 1:00 am  
t. 604.872.3311 (24 hr distress line)  
t. 1.866.661.3311 (24 hr distress line)  
<http://www.youthinbc.com>