School District 42
Maple Ridge & Pitt Meadows

EDITH MCDERMOTT ELEMENTARY

12178 Bonson Rd. Pitt Meadows, B.C. V3Y 2L5
Phone: 604-460-9993 Fax: 604-460-9983
Principal: Mrs. Christina Crump

October 2026

Fall District Primary Cross Country Race
Tuesday, October 20th!

Dear Parents/Guardians:

This year the District Primary Country race will be held on **Tuesday October 20, 2026,** at the Albion Sports Complex. The race is approximately 1 km and there will be spotters marking the course. Your child is encouraged to practice some running on their own time. Parents are responsible for transporting their own children to and from the race; **no rides will be organized or provided by EME staff**.

The first race will begin promptly by 3:10pm. Please be aware that traffic may be congested so please give yourself extra time.

1. Please have your child dress in appropriate clothing and footwear for running (shorts, t-shirt, running shoes). Students should **wear their Cedar shirts** and bring a water bottle.
2. Runners are to be picked up by their parents at the school and transported to and from the race site.
3. When arriving at Albion Sports Complex, look for the EME school awning. Escort the children you are driving to the area and remain with them until a teacher organizer has checked in your arrival.
4. When children have finished the race and you wish to leave with them, please ensure you have let a teacher organizer know of your departure.

Approximate Race Start times (please arrive early to avoid missing your race. **Races may start early**).

3:05 pm Grade 1 Girls	3:15pm Grade 1 Boys
3:25 pm Grade 2 Girls	3:35 pm Grade 2 Boys
3:45 pm Grade 3 Girls	3:55 pm Grade 3 Boys

PLEASE COMPLETE THE BOTTOM PORTION OF THIS FORM AND RETURN IT TO YOUR CLASSROOM TEACHER BY Wednesday October 14th

I give permission for my child _____ in grade_____ in _____'s class to participate in the District Cross Country race. I understand that my child may be exposed to certain risks while participating in this activity. Accidents and injuries may occur.

Inherent risks of this activity may include but are not limited to:

- twisted ankle/falls
- risks involved with traveling in an automobile

As you know, accidents can be the result of the nature of any activity and can occur with or without any fault on either the part of the student or the School Board or its employees or agents or the facility where the activity is taking place. By allowing your child to participate in this activity, you are accepting the risk of an accident occurring, and agree that the activity, as described above, is suitable for your child.

☐ **My child has permission to participate in the Cross Country Race at Albion Sports Complex on Tuesday October 20, 2026.**

☐ **I understand that it is my responsibility to:**

- **bring my child to and from the race**
- **inform a teacher organizer before leaving**

_____ Signature of Parent/Guardian

_____ Printed name of Parent/ Guardian

_____ Date

_____ Phone Number and Email Address