

# COUNSELOR'S CORNER

A helpful Tool for Parents ☺

- Davie Jones Elementary -

Children learn kindness through listening, watching and imitating caring actions and words - at school, at home and in the community. Learning to show kindness and compassion for others is a critical and ongoing developmental process and an important part of young children's evolving social competence (Zeece, 2009).

## 2 Suggestions For At Home:

- 1) Encourage helping behaviours. Whether that is assigning chores, using stories or looking for opportunities to help others such as holding a door open or "paying it forward". Expect kind choices.
- 2) Guide friendship. Outlaw name calling / gossip, label kindness when you hear or see it and model compassion for others.

**February Guidance Lessons:**  
Kindness

