

COUNSELOR'S CORNER

A helpful Tool for Parents ☺

- Davie Jones Elementary -

Growth Mindset - Why is it Important?

As parents, you play a huge role in influencing the mindset of your child(ren). Kids are always listening and watching. They learn about mindset from the adults around them. Showing your child(ren) that you are excited by challenges, see mistakes as learning opportunities, and understand the value of practice and trying different strategies will go a long way in cultivating their growth mindsets!

*See the Counsellor CORNER bulletin board for handouts and look below for any books you may want to read at home.

Books to read for Fun at Home:

- The Most Magnificent Thing by Ashley Spires
- Your Fantastic Elastic Brain: Stretch It, Shape It by JoAnn Deak
- The Girl Who Never Made Mistakes by MARK Pett
- Giraffes Can't Dance by Giles Andreae

Books to Practice Skills at Home:

- My Book of Beautiful Oops!: A Scribble It, Smear It, Fold It, Tear It Journal for Young Artists by Barney Saltzberg (ages 5-8)
- Kids Big Life Journal for Kids (ages 7-11)

* If you can't find the book, see if there is a read-aloud on Youtube *



September Guidance Lessons:

Growth Mindset, Negative Self -
Talk, Negative Thinking