

Ćəsqənelə News

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Website: <https://elementary.sd42.ca/cusqunela/>

PRINCIPAL: Mr. W. Reamsbottom

VICE PRINCIPAL: Ms. T. Meyer



"Walk Together as One, Learn Together as One"

Newsletter #1 - October

PRINCIPAL'S MESSAGE

As we move into October, I want to begin by expressing heartfelt thanks to everyone who participated in our Truth and Reconciliation Gathering. Your presence, reflections, and thoughtful engagement helped create a meaningful space for learning, healing, and honouring the journey toward reconciliation. It was a powerful reminder of the strength and compassion within our school community.

I also want to give a big thank you to our PAC for organizing Pancake Day! Though the weather wasn't great, spirits were high and students really enjoyed the experience!

October is always one of my favourite months. Now that routines are well established, I'm pleased to share that our building feels calm, focused, and settled. Students are engaged in their learning, volleyball season has just begun, and we are settling in to a great start for another great year at Ćəsqənelə!

NEWS AND ANNOUNCEMENTS

Breakfast Club: Food is available in Thunderbird Pod for students to have breakfast from 8:00-8:20am.

Spirit Wear: We are using a new vendor for Spirit Wear this year. All ordering can be completed online at <https://cusqunela2026.itemorder.com> Ordering deadline is October 13th!

Photo Day: Individual school photos are October 20th. Get those smiles ready!

Parking Lot: Please note that the parking lot will be very busy on October 7, 14, 15 & 17 due to Municipal Election Voting taking place at the Albion Community Centre. Please plan accordingly and walk if you are able.

Spirit Day: Our first spirit day is October 16th, Wear Your Favourite Colour Day!

Volleyball: The school has four volleyball teams this fall: two co-ed recreational teams, one competitive boys' team, and one competitive girls' team. The season is now underway, good luck to all the teams!

Fine Arts: This year CQE Fine Arts will be performing Shrek the Musical JR! Auditions are due on October 5th. Performance dates are tentatively scheduled for the week of May 17-21st, confirmation coming later.

Halloween: Many classes will be doing special activities on Halloween. We ask parents to provide their children with guidance around costumes that are appropriate for an elementary school setting. If your costume has a weapon(s), please be sure to leave it (them) at home. Please note, we do not have room for parents to attend.

Upcoming Events

- Oct 1-6 Ordering open hot lunch #2
- Oct 5-19 Sports Equipment Drive
- Oct 5 Auditions for musical due
- Oct 7 Fire Drill @ 11:30
- Oct 12 Thanksgiving – No School
- Oct 13 PAC Meeting 7:30 via Zoom
- Oct 14 Student vote Grades 4-7
Hot Lunch #2
Subway & OPA!
- Oct 15 Great Shake Out @ 9:45
- Oct 16 **Spirit Day!**
Wear your favourite colour
- Oct 20 Individual Photo Day
Created By Kids artwork due
- Oct 22 Treat Day
- Oct 23 Non-Instructional Day
No School for Students
- Oct 26 Hot Lunch
- Oct 29 PAC Halloween Dance
6:30-8:00 pm
Neufelds Delivery @ 2:00
- Oct 30 Gathering
- Nov 2 Fire Drill @ 1:45
- Nov 10 Remembrance Day
Gathering @ 10:45
Hot Lunch
- Nov 11 Remembrance Day
No School
- Nov 12 Individual Photo Re-takes

Students Make Professional Art... ...School Makes Money!



**Student art is coming home!
Please watch the backpacks for it and
consider ordering.**

**This year our school has the opportunity to raise funds in a fun and
meaningful way!**

**We are running the “Created By Kids” art fundraiser. Each student has
the opportunity to make a piece of artwork. Families can then order
from an online catalog of over 3 dozen personalized items:
Greeting cards, mugs and drinkware, canvas prints and posters for the
wall, bookmarks, shopping totes, Christmas ornaments, puzzles,
blankets, notebooks and more.**

**Each item has your child’s artwork on it, and many items include
student name, age and grade (optional). There are also product
bundles available.**

**And the best part? Our school makes 30% on every item purchased!
So be on the lookout for your child’s artwork to come home soon, and
the link to order is on the back of the art page.**

Orders & artwork due back October 20th


WWW.CREATED BY KIDS.CA



Ćəsqənelə Elementary PAC

October Newsletter

September Review

What a great first month of school!

We loved seeing your photos with the "Welcome Back" lawn sign and hope that made for some great first day of school memories!

Pancake Day was a hit with the students. Thanks to everyone who spent time volunteering!

During our first PAC meeting of the year, we discussed our fundraising goals and some new ways we can support our students and staff as the year goes on.

Upcoming Events

PAC Meeting - Zoom

Tuesday, Oct 13th, 7:30pm

Hot Lunch (Subway/OPA!)

Wednesday, Oct 14th
Ordering closes Oct 6 @9pm

Halloween Dance

Thursday, Oct 29th, 6:30-8pm

Costumes optional
(school rules apply - no weapons or masks, please!)

Concession and
Halloween/glow gear
available for purchase

Neufelds Fundraiser

Order online until Oct 21st
Delivery Oct 29 @2pm

Meet Your 2026/2027 CQE PAC Executive

- Chair: Kaitlin Delmonico
- Vice Chair: Corina Keates
- Treasurer: Tracy Yang
- Secretary: Chrystal Akiyama
- Fundraising: Laurie Reilly
- Hot Lunches: Arly Beck
- Communications: Nicky MacDougall
- Sunshine: Nicole Wazny
- Emergency Prep: Chris Rayner
- DPAC Rep: Paulina Larrain
- Members at Large: Puja Gandhi and Krista Baird

Connect with us!

Our PAC Facebook page is where you can stay up to date on Hot Lunches, fundraisers, and PAC/school events!
"Ćəsqənelə - cusquenela - Elementary Parent PAC Page"

Email us:

cusqunelapac@gmail.com

cusqunelahotlunch@gmail.com

cusqunelafundraising@gmail.com



AFTER-SCHOOL FALL PROGRAMS 2026

Ćəsǵənelə Elementary



REGISTRATION IS OPEN FROM SEPTEMBER 15 AT NOON TO OCTOBER 6 AT 11 PM

KIDS YOGA AND MINDFULNESS (GRADES 1–5)

Join Jessica for playful games, calming yoga, creativity, and connection! This program blends fun yoga flows, breathing exercises, and mindful games to help little ones build confidence, body awareness, and emotional resilience. All levels welcome, no yoga experience needed!



Mondays
2:25 p.m. to 3:30 p.m.
Oct. 19 to Nov. 30
Location: Drama Room
\$125

**No session Oct. 12*

Students will go straight to the program at the bell.

All registrations are on a first come, first served basis. Programs could be cancelled due to low enrolment.

To register, go to schooldistrict42.perfectmind.com.

For more info: Shannon Brundrett, (604) 837 2384 or shannon_brundrett@sd42.ca.

SOME FRIENDLY REMINDERS...

Arrival and Departure: Please ensure your child is going in their pod door in the morning and leaving through pod doors in the afternoon. Students must check in at the office after 8:40 am. ***Parents should never be in the building or going to classrooms without first checking in at the office, this includes the portables.***

Parking Lot: Please remember that our parking lot is **one-way with designated lanes for parking, kiss and go drop-off/pick-up, and thru traffic**. It typically takes 10-15 minutes for the congestion to dissipate in the morning and afternoon. If we all remain patient and kind this will go much faster. Please see the attached map if you are unsure of the parking lot guidelines.

Litter-less Lunches: To help teach the students how to better take care of the environment C  sq  nel   has a litter-less lunch policy. As part of this process students are asked to pack out whatever they don't eat from their lunch each day including wrappers from packaged goods. Please note: There are no utensils, and no microwaves in the school for student use. Please send items that need to be hot in a thermos and send utensils.

Bikes and Scooters: Students have been asked to walk, not ride, scooters and bikes on school property and we request they get locked up on the bike racks found around the school. E-bikes and e-scooters are not allowed on school property. Please note, the school is not liable for any lost or stolen bikes or scooters.

After School Arrangements: To minimize phone calls to the office and class disruption, please ensure that your children are aware of lunch and/or after school arrangements when they arrive to school in the morning. Notes in your child's planner or emails to the teacher are great communication options as well. All teacher emails can be located under the staff tab on the school website. We are pleased to be of assistance when unexpected problems arise, however, we do appreciate your efforts to keep those occurrences minimal. Thank you for understanding.

  sq  nel   Tuesday: Wear your   sq  nel   Spirit Wear, shirts with kind messages, Terry Fox or orange shirts on Tuesdays to help your class win a visit from Spark, our resident eagle.

PAC:   sq  nel   PAC meets on the second Tuesday of each month, with a few exceptions, please come to a meeting, let your voice be heard and help do good things for our students! The PAC also has a Facebook group that is updated frequently, you will need to ask to join and fill out questions prior to approval, this ensures the safety of our staff and students. Email: cusqunelapac@gmail.com
Facebook group: <https://www.facebook.com/groups/2769354153092188>

Parent complaints: If a parent is concerned about a decision made by a teacher, the parent first has an obligation to raise the concern with the teacher directly. If the concern is not resolved, the parent may request a meeting with the teacher and the principal to discuss the issue. If after this meeting, the parent is still dissatisfied with the decision made or action taken, a meeting with the principal and the assistant superintendent may be requested to resolve the matter. This information can be found in your child's planner as well as on the SD42 website: <https://www.sd42.ca/appeal-process/>

Lost and Found: The lost and found boxes are located by the gym doors. Please feel free to come look through the bins to find your child's missing belongings. Please be sure to label clothing, especially coats, to help ensure items find their way home!

Medical Alerts: Just a reminder that if you have a child with health-related issues that may need medical intervention while at school, this includes any short-term medication, proper paperwork is required to be updated *each year*. Please drop by the office to complete the necessary forms.

Parent Portal: It is easy to "unsubscribe" from portal communications, if you stop receiving regular messages please check your status.

Dress for the Weather: It is important your child is sent to school dressed appropriately. As well, an extra set of clothes kept at the school will enable your child to change should they get wet or muddy while playing during recess or lunch. Please encourage students to dress appropriately for the weather.