Albion Community Centre

Some programs to highlight:

<u>Métis Floral Painting | Culture Days</u> – This is a free program for Culture Days being offered at Albion Community Centre

Métis culture through floral patterns, design and landscape. Métis beadwork is an important part of our culture. Beading is an art form that has been passed down from many generations in Métis families. During this workshop, you will create your own floral painted design using a technique by dotting the paint to represent a bead. This skill takes time and patience. You will leave with your own unique floral piece.

Register online: <u>Program Registration | Maple Ridge, BC</u> Barcode: 54257

Basketball is for 12yrs-18yrs





EVERYONE WELCOME!

STORY BLANKET

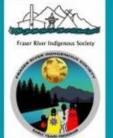
Age: 0Y-6Y

This playgroup is for all families with children from newborns to 6 years old and consists of free play, circle time, crafts, drumming, healthy snacks, and bus tickets, as well as toys and resources in a warm, culturally diverse environment. Story Blanket program focuses on traditional Indigenous cultural teachings, such as the Medicine Wheel and the Seven Sacred Teachings. A local Elder attends and provides traditional knowledge and support along with Fraser River Indigenous Society Aboriginal Infant Development Program/ Aboriginal Supported Child Development Consultants. This is a parent/caregiver participation program. Grandparents welcome!

> INSTRUCTOR | FRASER RIVER INDIGENOUS SOCIETY LOCATION | ALBION COMMUNITY CENTRE FEE | FREE TUESDAYS & WEDNESDAYS | SEPT 19 - DEC 13

11:00AM-1:00PM

FOR ALL THE DETAILS & REGISTRATION VISIT MAPLERIDGE.CA/1484



Drop-ins Welcome!



BeaYOUtiful Foundation -6 Week Confidence Program Age: 11 -14Y

BeaYOUtiful Foundation welcomes girls ages 11-14 years to join our interactive six-week confidence and self-esteem building program. Work with empowering female leaders and mentors as we cover various topics including gratitude, self-love, positive body image, media literacy and goalsetting in a fund group setting! Whether you come with a friend or leave making new ones, we promise this is a girls group you will want to be a part of. Wear something comfy! The program is free of cost but we ask if you are unable to make it to please withdraw your registration as soon as possible to provide the spot to another participant. Instructor: BeaYOUtiful Foundation Location: Albion Community Centre

Fee: FREE | Sessions: 6

Tu 6:30PM - 8:00PM Nov 7 - Dec 12 #53004





NEW PROGRAM

ACTIVE AFTERNOONS

Age | 0Y-5Y Drop-by for some fun and playful sessions eveyone can enjoy! A variety of active stations will be setup to enjoy. Parent Participation required.

Tue & Thur, September 19 - December 14 No Sessions: Oct 3 & 10 and Nov 30th Location | Albion Community Centre Instructor | PRC Children's Staff Fee | \$3.00 | Session: 1 Tue 12:30PM-2:00PM Thur 12:30PM-2:00PM

MORNING MOVERS

Age | 0Y-5Y Get your mornings moving! Start you day by dropping-in to play with our many active stations. Parent Participation required. Mon & Sat, September 18 - December 16 Sun, October 1 - December 10 No Sessions Sept 30, Oct 14, Nov 11 & 18, Dec 2 & 9 Location | Albion Community Centre Instructor | PRC Children's Staff Fee | \$3.00 | Session: 1 Sun 9:00AM-10:00AM Mon & Sat 9:00AM-11:00AM

UPCOMING EVENTS ALBION COMMUNITY CENTRE



https://wildandimmersive@ubc.ca https://mapleridge.ca



Meridian

Jen Baillie - She/Her/Hers **Recreation Coordinator – Partnerships & Development**



Maple Ridge Parks, Recreation & Culture 11925 Haney Place, Maple Ridge, BC V2X 6G2 Web Facebook