



Welcome to c'usqunela StrongStart

This is a drop-in program -- no sign-up required.

Monday–Friday 8:30am-11:30am regular school days

You can come and join for as long as it works for you and your child.

(We are closed when the school is closed including School Pro d days as well as for StrongStart staff meetings)



On your first day please bring your child/children's birth certificate. You will need to complete a registration form and a picture consent form (*unless you have emailed these 3 documents prior to attending*).

Our classroom is #144 and we are part of the Hummingbird Pod. Come to the right side of the school (if you are facing the main entrance) and you will find the Strong Start sign in our playground. We have a doorbell that you are free to ring after 8:30 am.

For the safety of babies attending our program we have an **indoor shoe rule**. Please ensure that you **bring a clean pair of shoes**, for you and your child, to change into once you have arrived, or be prepared to be in socks. There are cubbies in our hallway for shoes and jackets. **Wash your and your child's hands** and come into the classroom.

A healthy, light snack is provided but you are free to bring your child's own food (no nuts and no treats please) **Bring a water bottle** from home please. We encourage adult child interactions and therefore ask for cell phone use only in emergencies. The first part of the morning is free play followed by clean up time for snack and then circle time ending with outside time in the playground (always good to bring a jacket in case it rains). **When we have reached capacity there will be a pink full sign** and I encourage you to come back another time or visit one of the other 7 Strong Start locations that day.

Greetings,

Hanna Sekhon

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Early Childhood Educator
and StrongStart Facilitator

