**2024 SD42 Elementary Track & Field Consent form**

Dear Parent or Guardian:

Congratulations, your child has been chosen to represent *(insert school name)* on the Track and Field team on

**Wednesday, June 12th for Gr. 4 & 5, or Thursday, June 13th for Gr. 6 & 7.**

The meet will take place at Maple Ridge Secondary School; it starts at 8:30 a.m. and finishes at approximately 2:30 p.m.  We ask that the children be at MRSS at 8:10 a.m. in order to warm up and get organized.  **Parents are responsible for getting their children to the track meet and home afterwards.**  **Teachers cannot leave until all students are picked up, so please be prompt.** Your children are training hard so that they can achieve their individual best in each event in which they are entered.  Please continue to encourage your child(ren) in this regard.

Maple Ridge Secondary School will be in full session on both meet days.  The parking lots at either end of the school are for staff and students and may not be used by visitors.  Parking will not be available at the north end of the former Mt. Crescent Elementary.  Please try to car pool to help cut down on the traffic in the area.   Your help and cooperation with the parking situation is much appreciated.

Plenty of spectator seating is available in the grandstand and you are welcome to bring lawn chairs to sit closer to events that are taking place in the various areas around the track. **The infield area will be used for marshaling and first aid, and is therefore out-of-bounds to spectators.** There may be a concession where snacks can be purchased.  **Please feel free to come and watch your child participate and to cheer on your child’s school.**

The meet will be a '**rain or shine'** event.  Please be sure that your child is dressed appropriately for the weather.  Please send snacks/lunch, a water bottle, sunscreen, a hat, track pants and sweatshirt and a waterproof coat in case of rain.   **No valuables should be brought to the track meet, as their security cannot be guaranteed.**  All students must wear running shoes for all events.  No spikes or bare feet are permitted.  Students must wear their numbers on the front of their shirts.  There will be a school banner and tent for the children to gather around.

Track and Field events may run ahead of designated times (or behind).  As a result, **participants should be at the meet one hour before their track and field event.**  It is the participant's responsibility to be aware of scheduled times in the event schedule. (see event schedule attached) Please remember that the meet is run by volunteers and that mistakes do happen at times. Your consideration is much appreciated by meet organizers and volunteers.

Students are expected at all times to behave in a safe and appropriate manner by following the School’s Code of Conduct and a parent may be called to pick up their child if any problems occur.

As you know, accidents can be the result of the nature of any activity and can occur with or without any fault on either the part of the student or the School Board or its employees or agents or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that the activity, as described above, is suitable for your child.

Inherent risks of this activity may include but are not limited to:

• Foot injuries (e.g., blisters, sprains) or leg/knee injuries;

• Injuries related to trips and falls;

• Injuries related to collisions with other students;

• Injuries related to collisions with immovable objects (e.g., walls);

• Sunstroke due to hot weather, inappropriate clothing or insufficient hydration

• Hypothermia due to insufficient clothing;

• Allergic reactions to natural substances (e.g., bee or wasp stings);

• Becoming lost or separated from the group or the group becoming split up;

• Injuries related to the physical demands of the activity and/or lack of activity skill

• Personal conduct/horseplay/not following rules/the conduct of other group members.

• Possibility your child may not heed safety instructions or restrictions given to the group.

• Other risks normally associated with participation in the activity and environment.

For more specific information on the kinds of possible injures related to this sport, please speak to *(insert school contact name here).*

**\*\*\*\*\* If you have any questions, please contact (insert name here). Please return the permission form on the following page as soon as possible. Thank you for your help and consideration.**

**TRACK MEET PERMISSION FORM**

Based on my understanding, acknowledgement, and consents as described herein, I agree that

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has my permission to participate at the 2024 School District 42 Track and Field Meet.

 (Student Name)

Name (*Please print*): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name (*Please print*): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**NOTE**: This consent and waiver must be signed by **all** custodial parents or guardians of a child who is under the age of 19.

BC Medical Services Plan Personal Health No.: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student School Accident Insurance:🞏 Yes 🞏 No

Allergies (e.g., specific drugs, certain foods, insect stings, hay fever) Specify:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Reaction(s) to above?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Carries Epi pen? 🞏 Yes 🞏 No Carries Ana Kit? 🞏 Yes 🞏 No

Medical/physical conditions that may affect participation in the stated program/activity (e.g., recent illness or injury, recent hospitalization or surgery, chronic conditions, phobias, etc.). Be specific:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contacts:

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: (H) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (W) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (C) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: (H) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (W) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (C) \_\_\_\_\_\_\_\_\_\_\_\_\_\_