

Elementary Athletics Volleyball and Basketball Uniform Guidelines:

- Players need to be wearing a school jersey with a number on the back.
- Players should be wearing well-fitting and well laced athletic shoes.
- Players should be wearing athletic pants/shorts and athletic shirt.
- Players should not be wearing any extra items that may fall and cause a tripping hazard or impair their vision, such as hats.
- Players should not be wearing jewellery that may cause injury to the player or another player. If the jewellery cannot be removed (such as new piercings) one option is to securely tape the piercing so that it cannot be accidentally lost or ripped out.
- Long hair should be tied back if possible.