

# VOLLEYBALL BC

## Youth Indoor Club Handbook Appendix C – Implementation of Tripleball

- 2017 -

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## Tripleball Format (13U) (Volleyball BC, 2016)

Tripleball is the official competition format for all 12U Girls & Boys and 13U Girls Volleyball BC events. The goal of Tripleball is to promote better skill development, participation, meaningful competition and fun. Standard Volleyball rules apply with the following additions:

### **Sequence & Rotation**

- The game follows a sequence of three rallies (service, tossed ball 1, and tossed ball 2). The sequence will start once the server and the tosser tossing into the receiving team each have a volleyball from the scoretable.
  - 1st rally – introduced by the server
  - 2nd rally – introduced by a tossed ball to the receiving team
  - 3rd rally – introduced by a tossed ball to the serving team
- The service alternates between teams after each three-ball sequence.
- A team must rotate when it is their turn to serve.
- After each rally is complete, the ball must quickly be removed from the court so the next sequence can be started. Both teams must allow enough time for the ball to be removed from the court before starting the next sequence.
- Each team must designate one athlete that is not on the court as a “ball retriever”. The ball retriever is responsible for retrieving the ball after each rally and bringing it to the next tosser or server.
- The Fair Play Rule will be utilized.
- Only 12 athletes may be listed on the scoresheet.

### **The Toss**

- A competent volunteer may be the “tossers” and will introduce the tossed ball into their own team. The Head Coach cannot be the “tossers”.
- Feedback from the “tossers” must not interfere with the opponent.
- The “tossers” can step into the court to introduce the ball, but must immediately move a safe distance away from the court after the toss.
- Balls are tossed underhand, with two hands with little to no spin, above the height of the antennae to allow athletes time to play the ball.
- The free ball will always be tossed directly to the athlete in position six (6) and behind the attack line, otherwise a replay will occur.
- The free ball will be tossed once the front row players are at the net (ready to transition) and all athletes have been verbally told that the ball is being introduced, “Free Ball!”.
- Tossers encourage a fast paced transition between the end of a rally and the next toss.
- Athletes must take “free balls” introduced by the tosser with a forearm pass, otherwise a replay will occur.
- The tossed ball cannot be intentionally sent over the net by the player in position six, otherwise a replay will occur.



### Scoring & Game Interruptions

- Every ball introduced is worth one (1) point; a set can be won in the middle of a three-ball sequence.
- Requests for time-outs during the three-ball sequence will be considered improper requests; time-outs must be made before the introduction of a serve.
- Requests for substitutions during the three-ball sequence will be considered improper requests; substitutions must be made before the introduction of a serve. If there is an injury, substitutions will be allowed during the three-ball sequence.
- If an athlete becomes injured/ill, an Exceptional Substitution may be made. The injured/ill athlete may not return to the same set, but may return to play in subsequent sets in the match.
- During the 3<sup>rd</sup> set, teams will switch sides at the end of the three ball sequence where the eighth point is scored.

### Triple Ball Rules

- Switching to a different position from your service order during a rally is NOT ALLOWED.
- Each rotation will have a different designated setter. The player in position #2 or #3 in service reception will be the designated setter. This position must be noted on the scoresheet by the coach.
- Fair Play Rule: All players listed on the score sheet must start the first or second set. Substitutions are not permitted in the first or second set. In the case of injury, an Exceptional Substitution may be made. The injured/ill player may not return to the same set, but may return to play in subsequent sets. If there is a 3<sup>rd</sup> set, the coach has the choice of starting any player and there is no minimum number of points needed prior to substitutions being made.



