

Alouette Elementary

22155 Isaac Crescent,
Maple Ridge, BC V2X 0V9
<http://schools.sd42.ca/alouette>
T: 604-463-8730 F: 604-463-3281

Principal: Mrs. Donna Servant
Vice Principal: Ms. Melissa Ferris

FEBRUARY 2023 NEWSLETTER.

A while ago, my son Justin, picked up the book titled *Why We Sleep* by Matthew Walker. He read it in about two days and then his brothers read it. (It's so funny how hard it was to get them to read when they were little and now, they read so much for pleasure!). Although I haven't yet read this exciting book, my sons have become sleep advocates and keep telling me how critical it is for all of us to get a good night's sleep. Research discusses how sleep is connected to learning, managing emotions, and health. While it was very difficult to get my boys to go to bed on time when they were young, this particular book has convinced them that they should have listened to their mother. Now they are all reading and going to bed early! It took many years to achieve this.

All of this made me consider how sleep certainly contributes to children's well-being at school and their ability to develop healthy relationships. Every day, educators and families teach children to negotiate peaceful resolutions to conflicts, to attend to instruction, and to manage emotions in acceptable ways. Given how busy a school day is, it's important for all of us to arrive refreshed and able to be our best. Sleep contributes to starting the day in a good mood. This can help us to get along better, learn more, and have more compassion.

February is a special month where we celebrate Global Day of Play (February 1st), Valentine's Day, Family Day, and finish off with Kindness Counts Day. It seems to me that it is all about relationships. Alouette is organizing a special *Kindness Counts* assembly for students, on February 22nd and all are invited to wear pink. We wrap up the month with our 1st Family Dance on February 24. It is important to note that as a *Family Dance*, all students must be accompanied by a parent/guardian. Thanks to our PAC for organizing this exciting community event!



Registration for many programs occurs this month. Please read the information carefully in this newsletter as it contains important dates regarding Wheelhouse, Cyber, Late French Immersion, Grade 8 registration and Kindergarten registration.

Let's enjoy the month ahead and take advantage of the longer nights with good sleep. According to the book it will help us stay positive during the rainy, dark months. Hopefully, this will make us all a little kinder. We wish you a wonderful Family Day.

Mme Servant
Principal

Ms. Melissa Ferris
Vice Principal

Kindergarten Registration 2023-24

Kindergarten registration for the 2023/2024 school year is open to children who are **5 years old on or before December 31, 2023**. Visit the district website for detailed information on the five phases (sibling registration, choice registration, general registration, late registration, open registration) and other important information: <http://www.sd42.ca/kindergarten-registration/>

Registration phase	Registration Starts on Parent Portal <i>12:00 noon</i>	Registration Ends on Parent Portal for parents <i>11:59 pm</i>	Documentation due at school by parents <i>12:00 noon</i>
Enviro Sibling	January 3, 2023	Jan 4, 2023	Jan 13, 2023
Sibling	Jan 4, 2023	Jan 10, 2023	Jan 20, 2023
Enviro	Jan 11, 2023	Jan 13, 2023	Jan 20, 2023
Choice	Jan 18, 2023	Jan 23, 2023	Feb 3, 2023
General	Feb 1, 2023	Feb 7, 2023	Feb 24, 2023
Late	Feb 22, 2023	July 28, 2023	Sept 1, 2023(for summer registrations)
Open	Aug 21, 2023	Sept 15 2023	Within 5 business days. If they reg in the summer, doc due within 5 business days of school opening

GENERAL GRADE 8 REGISTRATION

Grade 8 registration for the 2023/2024 school year opens at 12:00 noon on the parent portal on February 2 and closes at 11:59 pm on February 17. **All students in Grade 7 are required to register for high school.** Parents are notified of student placement prior to Spring Break. More information about registration and transfers can be found at <https://www.sd42.ca/student-registration/>

Some ‘at a glance’ information:

- The electronic date/time stamp for a registration is created when the family initiates the on-line application. Families do not have to rush through the application and get it completed to achieve the electronic date/time stamp.
- Please follow the orange button pathway for in-district students. By using this pathway, it allows the portal to access existing portal profile data and helps to streamline the application process.
- The acceptance criteria aligns with our district placement procedure (<https://www.sd42.ca/assets/media/9200.1-Student-Placement-revised-June-6-2017.pdf>)

Grade 8 and Additional Registration Periods 2023-24

Registration phase	Registration Starts on Parent Portal <i>12:00 noon</i>	Registration Ends on Parent Portal for parents <i>11:59 pm</i>	Parents notified?
General Grade 8	Feb 2, 2023	Feb 17, 2023	March 1 - prior to Spring Break
Wheelhouse	Feb 15, 2023	March 10, 2023	Prior to Spring Break
Late French Immersion	Feb 15, 2023	Feb 24, 2023	Prior to Spring Break
Early Enrolment for September	March 8, 2023	July 28, 2023	
K-12 Open Enrolment	August 21, 23	June 2024	
Alouette Cyberschool (Open only to Alouette Students in Grade 6 or 7 in September 2023)	Paper registration only. Office will accept registrations as of April 3 rd .		Prior to May 1st

WHEELHOUSE AT ALOUETTE

The Wheelhouse is a classroom where **grade 6 and 7 students** are both challenged and supported in becoming life-long learners and responsible citizens. Some of the highlights of the program include:

- Weekly Field Study Days where students learn outside the regular class setting.
- A classroom of care and discovery that is well supported by staff, parents, and community mentors.
- Leadership activities that improve confidence, citizenship, and social responsibility.
- Wheelhouse students are also part of the school district 1-to-1 program, where each student is assigned an iPad for use throughout the school year.

Online information sessions took place in January. For more information, including a more in-depth look at the program, dates and times for student interviews, and details on how to become a Wheelhouse student, please visit The Wheelhouse online at <https://wheelhouse.sd42.ca/>.

Eligibility

District Wheelhouse is open to all SD42 students who will be in Grade 6 or 7 in September 2023. Students may begin the program in either Grade 6 or 7.

REGISTRATION for the District Wheelhouse Program begins at **noon** on **February 15, 2023**.

Registration occurs on the parent portal. All students registering for Wheelhouse must be in Grade 6 or 7 in September 2023. *The Wheelhouse program runs out of Alouette Elementary (22155 Isaac Crescent, Maple Ridge).*

LATE FRENCH IMMERSION

The SD42 Late French Immersion program is an excellent opportunity for students who want to learn a second language or are looking for a challenge. Students who are currently in Grade 5 are eligible to begin Late French Immersion in September 2023, at Golden Ears Elementary. This two-year elementary program continues at Maple Ridge Secondary School.

For more information about our French Immersion program, please contact Jennifer Simon at Jennifer_simon@sd42.ca

REGISTRATION for Late French Immersion opens on the Parent Portal at **noon, February 15th, 2023**, and closes at **11:59 p.m. on February 24th, 2023**. *The Late French Immersion program runs out of Golden Ears Elementary (23124 – 118 Avenue, Maple Ridge*



Cyberschool Program 2023/2024 for Grade 6/7 Alouette Students.

Cyberschool offers the traditional school curriculum using technology as a 21st century tool to enhance and extend student learning.

Flexibility and choice, collaborative learning, time management, inquiry, and knowledge building are elements of this program. On the cyberday students will interact with other students and their teacher, utilize the resources of the internet, and discuss issues online while still being able to retain the personal contact that traditional face-to-face learning allows. Students in this program will attend school four days a week (Mon, Tues, Wed, Fri) and work from home on Thursdays.

To learn more about our program please visit. <https://cyberschool.sd42.ca>

A parent information night will be held on **Wednesday, March 1st @ 6:30 p.m. in Room 1056.**

Eligibility

Cyberschool is open to students who attend Alouette Elementary and will be in Grade 6 or 7 in September 2023.

Registration will begin on April 3rd, limited spots are available and will be based on first come, first serve basis. Please drop off your registration form to the office, and it will be time stamped. Registration form is included at the end of this newsletter.

HEALTH & SAFETY

The school district has created an opportunity to have any health questions related to the recent health assessment at Alouette answered by health experts. As mentioned in the update of January 25, you can submit your question(s) anonymously at <https://www.surveymonkey.com/r/alouette>. We will share these questions with BCCDC and Fraser Health and will provide the school community with the answers as soon as we receive them.

We also remind everyone that Alouette is a scent-free school. There are members in our Alouette community who have scent sensitivities. Thank-you for reminding your children to avoid using scented products at school.

VALENTINE'S DAY AND TREATS

The SD42 Communicable Disease Prevention Guidelines require that only commercially prepared foods be distributed in classrooms. Thanks for your support!

STUDENT INCLUSIVE CONFERENCES

Please be sure to sign up for a zoom conference with your teacher toward the end of this month. Teachers will advise when timetables are prepared. Conference days are Wednesday, March 8 (early dismissal at 11:30) and Thursday, March 9 (no school for students). This time is dedicated for these meetings that are important for student growth and celebrating accomplishments. Please mark your calendar as these opportunities are very important for our children.

STUDENTS LATE OR ABSENT

If your child is going to be absent from school or late for any reason, please remember to input the absence on the parent portal or call the school at **(604) 463-8730**. An answering service is available 24 hours a day 7 days per week for your convenience. If we do not have confirmation of absence from home, the office will contact the numbers we have available.

LOST AND FOUND

Items will be displayed in the lobby the week of March 6. Please have a look for items that have gone missing. Items not collected will be donated to charity on March 10.

Family Day, Monday, February 20st
Non-Instructional Day, Tuesday, February 21st

WEST COAST RECESS

It has been very cold and soggy outside and often the field can be quite muddy. Please ensure your child has a change of clothes at school, boots, and a suitable coat for the wet/cold weather. Research shows that students benefit from daily opportunities to play outside in the fresh air. After being outside, students are better able to focus, and it also strengthens their immune system. There are more open spaces outside for children to be physically active. Students also have a chance to socialize with students from other classes. Thanks for helping so that all children have the opportunity to enjoy the outdoors!

PARKING LOT SAFETY AND ROUTINES AT ALOUETTE

Traffic issues surrounding Alouette are a safety concern to all. Congestion during arrival and pick-up times lead to poor traffic circulation.

Suggestions to help keep the area safer:

- Consider parking away from the school (on a nearby adjacent street) and walking your child to school.
- Please pull up as far as possible in the designated drop-off circle. This is simply for dropping off and picking up. If it is necessary to leave your vehicle, please park on a nearby street.
- Ensure all pedestrians use the designated crosswalk.
- Please respect our neighbours and do not block their driveways.

We appreciate your continued cooperation as it helps everyone during these busy times of the day.

Kindness
 Counts!

FEBRUARY 22, 2023, IS PINK SHIRT DAY!

KINDNESS STARTS HERE....

On Wednesday February 22nd everyone is encouraged to wear something pink to emphasize that kindness can change the world!

Cyberschool Program Registration 2023/2024



This program is limited to:

- Students who will be in Grade 6 or 7 in September 2023.
- Students who are currently attending Alouette or assigned to Alouette School for the 23-24 school year.

Student Surname: _____ First Name: _____

Grade in September 2023: _____

Parent/Guardian (1) Full Name: _____

Cell Number: _____ Home Phone Number: _____

Parent/Guardian (2) Full Name: _____

Cell Number: _____ Home Phone Number: _____

Early registrations will only be accepted from students who are in the program for the 22-23 school year and would like to continue. New enrollment is limited, and acceptance is based on the timestamp and date of this form. You will be notified by May 1st if accepted into the program. Once maximum enrollment is reached, students are placed on a waitlist, and you will be notified as spaces become available. Your child will remain in the regular stream programming at Alouette while on the waitlist.

Once accepted into the Cyber program, it is necessary to complete a transfer request should you wish to return to regular stream. Returning to regular stream will be based on space available.

By signing this registration form, you agree that your child will be supervised by an adult on Thursdays when working from home.

Parent/Guardian Signature: _____

Office Use Only – **New Registrations are Not Accepted Prior to April 3rd.**

Date Received: _____ Time: _____

Accepted: _____ or Waitlist: _____

Administrator Signature: _____

Alouette Elementary
presents

Glow

FAMILY DANCE



ALOUETTE ELEMENTARY
GYMNASIUM

FEBRUARY
24
6-8 PM

**ENTRY \$5 INCLUDES GLOW STICK.
TICKETS PURCHASED ON
ALOUETTE.HOTLUNCHES.NET**

**All students must be accompanied by parent/guardian.
Concession will be open. Tickets are limited, don't delay.**

Community Information

FAMILY SMART — HELP FOR THE HARD TIMES

Open house information session for professionals

The Help for the Hard Times workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. The workshop includes practical strategies, tips and tools that support caring, connected relationships. Join this information session to learn more about Help for the Hard Times, and how you, as a Health Care Provider, Service Provider, Educator, Police and RCMP can help connect families to this free workshop.

Dates: Thursday, January 26th Time: 12:00pm – 1:00pm

Join us on Zoom. To Register: <https://familysmart.ca/event/open-house-information-session-for-professionals-2/>

Questions? Email: info@familysmart.ca

FAMILY SMART — CONNECT AND LEARN

Self Harm: There is Always Help, there is Always Hope

Learn with us! Hear Kim Leifso a clinical counsellor and Ciara, a young person with lived experience; talk about what they know and have experienced with self-harm. Come together with other families to watch this 30-minute video presentation followed by a facilitated discussion by a FamilySmart Parent Peer Support Worker.

Cost: Free of Charge Date(s):

- Monday January 9, 2023 (12-130pm)
- Thursday January 12, 2023 (5-630pm)
- Tuesday January 17, 2023 (630-8pm)
- Monday January 23, 2023 (630-8pm)
- Wednesday January 25, 2023 (930-11am)

Registration required: www.familysmart.ca/events

MEADOW RIDGE FOOTBALL ASSOCIATION

Spring Flag Football

Ages 8 to 18

Registration starts February 1, 2023

Season: April - June

Practices are two weeknights 6pm – 8pm (Starting March)

Games (Jamborees) are on Saturdays

Required Gear: Cleats and Mouthguards

www.meadowridgeknights.com

email: mrkregistrar@gmail.com

MEADOW RIDGE FOOTBALL ASSOCIATION

Fall Tackle Football

Ages 8 to 18

Fall Flag

Ages 5 - 7

Registration starting: March 15, 2023

Season: June - November

Practices are two weeknights 6pm – 8pm (Starting Last Tuesday in June)

Games are on Saturdays

Required Gear: Cleats (all other equipment provided)

www.meadowridgeknights.com

email: mrkregistrar@gmail.com

RIDGE MEADOWS MINOR BALL HOCKEY ASSOCIATION

Registration is now open for the tykes program (5 to 6 year olds) and U8 to U21 Programs (7 to 21 year olds)

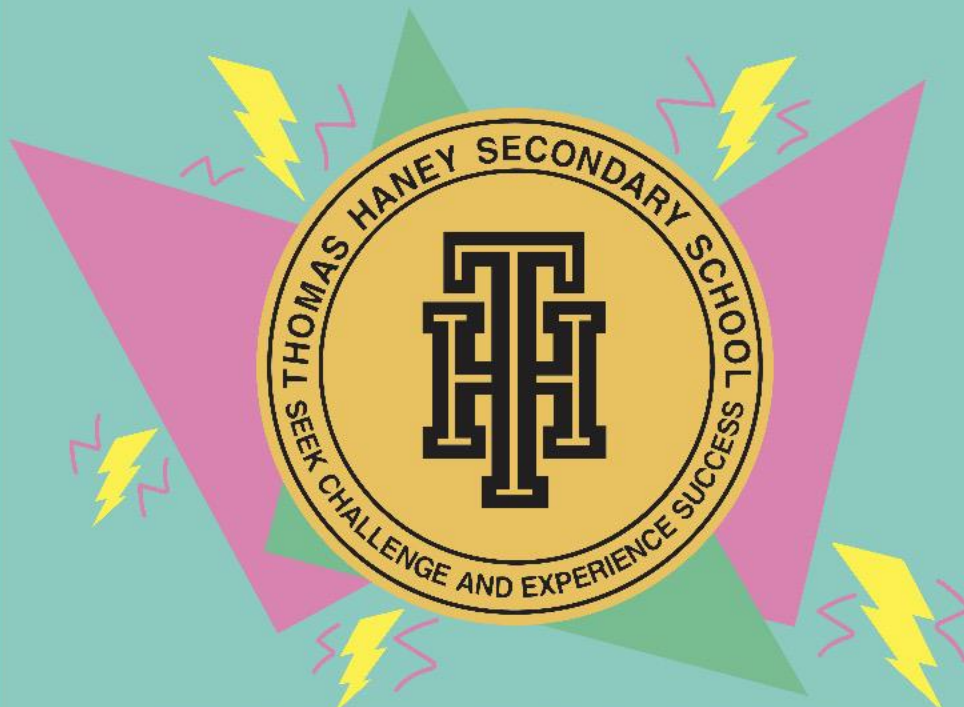
RMMBHA has been committed to offering an organized and affordable house youth ball hockey experience in the Pitt Meadows, Maple Ridge, and Mission areas since 2003. Our league's volunteers strive to create an inclusive community with a focus on building a fun, competitive athletic atmosphere that helps all players learn and develop their ball hockey skills. We encourage sportsmanship and fair play, while instilling a passion for the game. RMMBHA is a co-ed league, and we are always looking to expand the involvement of girls in our sport. Through BCBHA and CBHA there are opportunities to challenge our skilled, minor ball hockey players in tournaments against other teams throughout BC, other provinces and at an international level.

These include:

- The Western Challenge Cup Tournament
- Team BC Ball Hockey Tournament
- The Worlds Ball Hockey Tournament

Register at RMMBHA.com.

THUNDERFEST
FEBRUARY 8TH
4:00 PM - 7:00 PM
ADMISSION BY DONATION



TICKETS AVAILABLE
FOR GAMES,
BOUNCY CASTLES AND PRIZES
CONCESSION AVAILABLE

KNOW THE WARNING SIGNS OF SCIENCE / STEM



HEIGHTENED CURIOSITY



TRYING NEW THINGS



THINKING OUTSIDE THE BOX



DOING STUFF



CONFIDENCE



Fraser Valley Regional Science Fair
"Celebrating Young Scientists"



APRIL 6, 2023

Serving students from Grades K – 12 in the Fraser Valley
(Langley, Chilliwack, Abbotsford, Hope, Mission & Maple Ridge)

University of the Fraser Valley
Abbotsford, BC

For more information, please visit:
www.ufv.ca/science-fair

Families can register their child individually. **Registration Deadline:** Wednesday, March 17, 2023



READY, SET, LEARN SERIES

READY, SET, SPROUT (BIRTH-18MONTHS) 3 SESSIONS

READY, SET, GROW (18MONTHS-36MONTHS) 3 SESSIONS

READY, SET PLAY (3YEARS-4 YEARS) 3 SESSIONS

The Family Education and Support Centre and School District 42 are offering Parent/Child PLAY and INFORMATION Sessions. Each session will provide families with activities they can continue to do at home, age-appropriate developmental information, a take-home toy or book and resource connections within the community.

Early Years Centre @ Webster's Corner Elementary

REGISTER ONLINE:

<https://www.familyed.bc.ca>

(604) 467-6055

- Use link or QR Code
- Scroll to Parenting and Personal Growth Workshops
- Locate Ready, Set Learn Series
- Register for age-appropriate sessions

SESSIONS:
JANUARY
FEBRUARY
APRIL





READY, SET, PARENT

INFORMATION ZOOM SESSION

The Family Education & Support Centre and School District 42 would love to connect with you as you begin your new and exciting journey as a parent. Learn about locally offered free early years play opportunities and family services from infancy to 5 years! Join us for an information zoom session for expecting parents!

JANUARY 19
FEBRUARY 2
APRIL 6


REGISTER ONLINE:
<https://www.familyed.bc.ca>
(604) 467-6055

- Use link or QR Code
- Scroll to Parenting and Personal Growth Workshops
- Locate Ready, Set Learn Series
- Register for Ready, Set, Parent





Alouette Elementary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Global Day of Play! Kindergarten Registration Opens at noon	2 Grade 8 Registration opens at noon (All Grade 7 students must register for high school) Groundhog Day	3	4
5	6	7 Kindergarten registration closes	8	9	10	11
12	13	14 Valentine's Day	15 Wheelhouse & Late French Imm. Registration opens at noon	16	17 Last Day Grade 8 Online Registration	18
19	20 Family Day Schools Closed 	21 NID No School for Students (School based)	22 Kindness Counts Day! All invited to wear pink. Cotton Candy (More info coming on portal)	23	24 Family Dance 6:00 - 8:00 pm. All students require a parent/guardian in attendance.	25
26	27	28				