



11849 – 238B Street, Maple Ridge, BC V4R 2T8  
Phone: 604-463-3035  
<http://elementary.sd42.ca/alexanderrobinson>

Principal: Mr. Ramin Mehrassa  
Vice Principal: Mr. Rob Sheridan

## **Newsletter #9 – May 2026**

### PRINCIPAL'S MESSAGE

April was filled with activities and events such as the Flashlights and Forts in the library, Public Speaking, Make-a-Wish fundraiser and the start of track and field training for intermediate students. A big thank you to Mrs. Gowan for organizing the training sessions.

With May upon us, we look forward to the 5Km/Colour run, the PAC Fun Fair and many field trips. A heartfelt thank you in advance to all the parents that have volunteered to help out at these events, we could not do them without your help.

As the end of the school year approaches, I would like to share that I will be concluding my time as principal of Alexander Robinson Elementary at the end of June.

It has truly been a privilege to serve this wonderful school community. Over the past years, I have been continually inspired by our students' enthusiasm for learning, the dedication and professionalism of our staff, and the strong support and partnership of our families. Together, we have built a caring, inclusive, and vibrant school community, and I am deeply grateful to have been a part of it.

I am confident that Alexander Robinson Elementary will continue to thrive, and I look forward to seeing all that the future holds for the school. Thank you for the trust, kindness, and support you have shown me during my time here.

## READY, SET, KINDERGARTEN

On **Friday, May 22, 2026 at 12:45pm**, we will be hosting our annual Ready, Set, Kindergarten event to welcome our new Kindergarten friends for September. Detailed information will be sent to new Kindergarten parents.

**\*Current Kindergarten students will be dismissed at 11:00am\***

## GROUP CLASS PHOTO DAY

Class and panorama photos will take place on **Friday, May 8, 2026**



## IMPORTANT DATES

May 8 – Class and Panorama photos

May 13 – Non-Instructional Day – NO SCHOOL



May 22 – Ready, Set, Kindergarten – Kindergarten dismissal @ 11 am

May 18 – Victoria Day – NO SCHOOL

May 20 – Grade 8 Day

May 22 – Ready, Set, Kindergarten – Current kindergarten students dismissed @11



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1 9am</b> -Alouette Addictions Presentation - <b>12:15</b> -6/7 Drama Meeting - <b>1pm</b> -Outdoor reading (Read-a-Palooza)
<b>4 SPIRIT DAY-Star Wars Day</b> District Speech Competition Grade 4 ( <b>9am</b> ) & 5 ( <b>12:45pm</b> )  <b>1pm</b> -Div 2 Alouette Addictions Presentation	<b>5</b> District Speech Competition Grade 6 ( <b>9am</b> ) & 7 ( <b>12:45</b> )  <b>12:15</b> Intermediate Chess Club	<b>6</b> <b>10:45</b> -Div 21 Seniors Visit  <b>12:15</b> Crochet Club	<b>7</b> <b>9am</b> -Div 14,5 Alouette Addictions Presentation  <b>12</b> -Gr.3 Chess Club	<b>8 <u>Class Photo Day</u></b> <b>9am</b> -Div 2,3 Alouette Addictions Presentation <b>10:45</b> -Div 19,20 Poetry Recital <b>12:15</b> -6/7 Drama Meeting
<b>11</b> <b>SPIRIT DAY-Jersey Day</b>	<b>12 10:45</b> Div 1,2,4 Walnut Grove-swimming <b>-12:15</b> Intermediate Chess Club	<b>13</b> <b>Non-Instructional Day (No School)</b>	<b>14 9am</b> -Div 23,5 Alouette Addictions Presentation <b>- 12</b> -Gr.3 Chess Club	<b>15</b> <b>9am</b> -Div 1,4 Alouette Addictions Presentation <b>- 12:15</b> -6/7 Drama Meeting
<b>18</b> 	<b>19</b>  <b>12:15</b> Intermediate Chess Club  <b>3:00</b> Intermediate Cross Country	<b>20</b>  Grade 8 Day  <b>12:15</b> Crochet Club	<b>21</b> <b>9am</b> -Div 1,2,3 Alouette Addictions Presentation  <b>12</b> -Gr.3 Chess Club  <b>2:30</b> -Primary Cross Country	<b>22</b>   current K students dismissed at 11am) <b>12:15</b> -6/7 Drama Meeting
<b>25</b> <b>SPIRIT DAY-Crazy Hair Day</b>  <b>9am</b> -Div 23-26 Little Mermaid Performance	<b>26</b> <b>12:15</b> Intermediate Chess Club	<b>27</b> <b>12:15</b> Crochet Club	<b>28</b> Div 12,13-Tsuyuki Park  <b>12</b> -Gr.3 Chess Club	<b>29 8 am</b> -Intermediate 5km Colour Run <b>- 8:30</b> - Div 20 Belcarra Park <b>- 12:15</b> -6/7 Drama Meeting

## SD42 Facility Rentals: Host your next event at one of our venues!

Looking for a versatile venue for your next event or activity? SD42 has more than 27 facilities to choose from, including the [Garibaldi Secondary theatre](#).



Conveniently located, our schools offer a range of modern facilities available for community or commercial rental. From spacious cafeterias and gymnasiums to classrooms and outdoor spaces, our facilities provide a welcoming and functional environment. Spaces available for rental include:

- Classrooms
- Gymnasiums
- Multi-purpose rooms
- Theatres
- Cafeterias
- Libraries

For more information about booking a facility and rental rates, visit <https://www.sd42.ca/facility-rentals/>.

what makes you come alive and then go do that. Because what the world

Don't ask yourself what the world needs. Ask yourself

needs is people who have come alive. - Howard Thurman



Come celebrate with us  
**Earthday**

**reConnect**

**JOIN US ON**

**Saturday April 18th**

10 am - 2 pm @ Memorial Peace Park



@mrearthday.ca

www.facebook.com/  
mapleridgeearthday

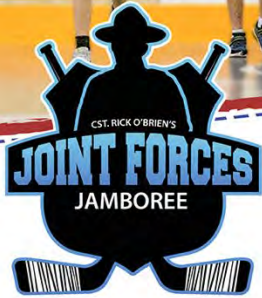
www.mrearthday.ca

HANEY FARMERS MARKET • FOOD TRUCK FESTIVAL • FAMILY FREecycle • ELECTRIC VEHICLE DISPLAY  
REPAIR CAFE • CYCLE RECYCLE FREE BIKE DRAW • KIDS PLAY ZONE • ART STUDIO TOUR • + MORE





SAVE THE DATE  
**SATURDAY**  
**MAY**  
**23**



CST. RICK O'BRIEN'S 3RD ANNUAL  
**JOINT FORCES**  
**JAMBOREE**

PLANET ICE • ALBION FAIRGROUNDS • MAPLE RIDGE  
 FREE FAMILY EVENT • 9:30 AM — 6:30 PM

**THE ULTIMATE COMMUNITY SHOWDOWN**

**YOUTH BALL HOCKEY GAMES**

Play alongside first responders, with coaching by Junior Hockey athletes.

**SPECIAL OLYMPICS BC GAME**

Cheer on athletes who inspire us.

**GUNS N' HOSES SHOWDOWN**

Police vs. Fire face off in a high energy, spirited display of teamwork.

**KIDS' ZONE** • Inflatables, games, face painting and non-stop fun.

**FIRST RESPONDER ZONE**

Meet first responders, and explore exhibits, vehicles, and gear demos.

**COMMUNITY CORNER**

Connect with local organizations supporting youth & families.

**SILENT AUCTION & PRIZES**

Bid, win, and support community programs.

**FOOD TRUCKS**



**NEW! PICK YOUR TEAM**

Play with friends — or just come for the fun!  
 Youth ages 6 - 18 | All skill levels welcome

**REGISTRATION OPENS MARCH 14**

JOINTFORCES.CA @JOINTFORCESFOUNDATION



*Held in honour of Cst. Rick O'Brien, who lost his life in the line of duty in 2023. His belief in connection, youth, and community continues to guide this work.*

## Fraser Health Newsletter: Outside play and physical activity for children and youth

### Get outside and play

Physical activity is a necessary requirement for optimal health. Regular physical activity in childhood and adolescence helps to develop cardiovascular fitness and muscle strength, supports positive social connections and improves mental well-being.

There are many benefits to unstructured play. These benefits are even greater when engaging in physical activity outdoors. When children and youth spend time outside, they:

1. **Sit less, move more and play longer** – key to cardiovascular health and fitness.
2. **Have healthier eyes** – spending more time outside reduces nearsightedness risks.
3. **Sleep better** – sunlight helps regulate sleep hormones and sleep patterns.
4. **Enjoy improved mood** – physical activity can reduce symptoms of anxiety and depression.
5. **Feel more connected to nature** – appreciation of the environment and being in nature can support healthy and balanced emotions.

Planning active outings doesn't have to be challenging or costly. Here are some fun ideas you can try:

- **Try a new activity** – check out [geocaching](#) or attend a local explorer day with [NatureKidsBC](#).
- **Unplug and connect** – ideas to decrease recreational [screen time](#).
- **Go for a scavenger hunt** – try this [nature scavenger hunt](#).
- **Go for a walk or hike** – try these [10 hikes to take your kids on this summer](#).
- **Play in a forest or park** – try a new [regional park](#) every day for a week.
- **Explore a local stream** – check these [beautiful watershed walks](#) in the region. Learn about [water safety for children](#).
- **Swim at the pool, waterpark or beach** – check [beach safety conditions](#) first or stay cool at a local spray park.
- **Ride a bike or scooter** – explore the [Hope Bike Park](#) or check out these rides along [Boundary Bay](#), [Pitt Meadows](#) or [Vedder Greenway](#). Learn more about cycling safety on [Fraser Health's website](#).
- **Visit farms, fish hatcheries and bird sanctuaries** – try this [local family fun guide](#) for unique ideas.

Find more ideas to keep your kids active through the year on Fraser Health's [Keeping children active](#) page.



**community**  
SERVICES  
*Changing lives together*

# Daddy & Me

A drop in program for dads and male caregivers

## Daddy & Me The Early Years for ages 0-5

April 7, 2026 to June 23, 2026  
Tuesdays, 5:30-7:30PM

**Location:**  
Maple Ridge/Pitt Meadows  
Community Services  
Family Place  
22768 119th Ave, Maple Ridge

Dinner provided.

**To Register:**  
Email or call (604) 467-6911  
[daddyandme@mrpmcs.ca](mailto:daddyandme@mrpmcs.ca)

The Daddy & Me program is a drop-in program for dads and male caregivers that provides a safe and fun environment to interact with their children 0-5 years old and receive parenting information geared towards dads.

For more information, times, schedules and locations please visit our website

[www.comservice.bc.ca/program/daddy-me](http://www.comservice.bc.ca/program/daddy-me)





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# Daddy & Me

A drop in program for dads and male caregivers

## Daddy & Me The Middle Years for ages 6-12

April 7, 2026 to June 23, 2026  
Tuesdays, 6:00 -7:30PM

**Location:**

Maple Ridge Leisure Centre Gymnasium  
11925 Haney Place, Maple Ridge

**Daddy & Me - Middle Years**

is a drop-in program for male caregivers and their children 6-12 years old. Gym Activities (hockey, basketball, soccer)

Parental involvement required.  
Light snacks provided.

The Daddy and Me program is a drop in program for dads and male caregivers that is a safe and fun environment to interact with their children and receive parenting information geared towards dads.

### To Register

daddyandme@mrpmcs.ca  
604-467-6911

For more information, times, schedules and locations please visit our website





# Healthy Relationships

The fundamentals of any adult relationship, including the foundations, needs, wants, and communication skills. Register now to learn these and much more.

Dates: Saturday and Sunday  
MAY 23+24TH, 2026  
Sep12+13,2026  
Time: 9am-3pm  
Cost: \$90 per participant

FOR MORE INFORMATION PLEASE CONTACT  
THE FAMILY EDUCATION & SUPPORT CENTRE  
22554 LOUGHEED HWY, MAPLE RIDGE  
(604) 467 - 6055  
REG@FAMILYED.CA





## Colouring Contest

Child's first & last name:

age:

email:

phone number:

school/dental hygienist/clinic:

### Deadline:

May 1, 2026

### Submit your entry!

Upload to: [cdha.ca/NP-HWcolouring](http://cdha.ca/NP-HWcolouring)

or mail to: 1122 Wellington St W

Ottawa, Ontario

K1Y 2Y7

### Prizes:

Win a Toys R Us gift card and kids' oral health prize packs from:



[gumbrand.ca](http://gumbrand.ca)



DENTAL  
HYGIENE  
CANADA.CA

