



11849 – 238B Street, Maple Ridge, BC V4R 2T8

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<http://elementary.sd42.ca/alexanderrobinson>

Principal: Mr. Ramin Mehrassa

Vice Principal: Mr. Rob Sheridan

Newsletter #5 – January 2026

PRINCIPAL'S MESSAGE

Welcome back and Happy New Year!

Thank you for your incredible generosity—together we supported **22 families and 60 children** with gifts over the holidays. Way to go, ARE community!

We're excited for the second half of the year: basketball season is starting soon, and students will enjoy field trips like skating, gymnastics, curling, and Lego workshops.

A big thank-you to our amazing PAC for funding classroom items and providing hot lunches every Wednesday. We appreciate you!

UPCOMING DATES:

January 5 - School Reopens

January 13 - PAC meeting (online at 7:00pm)

January 27 - Non instructional day (no school)

January 30 - Grade 6 immunizations #1

ATTENDANCE REMINDER PARENT

If your child is going to be absent, arriving late, or leaving early, please let us know through the **parent portal**, by email at are_reception@sd42.ca, or by phone at **604-463-3035**. If an absence hasn't been reported, it will appear on our call sheet, and we'll contact all available numbers to confirm your child is safe. Recently, we've been making a high volume of calls due to missing notifications, so your timely communication really helps us keep everyone safe and reduces unnecessary calls.

VISITORS OR DROPPING ITEMS OFF

For safety reasons, all visitors and volunteers are required to sign-in, sign-out and wear a visitor's tag while in the building or on the school grounds outside.

If you have a message or something to drop off for your child, you may do so through the office.

OFFICE STUDENT PHONE USE

There has been an increase in the number of students requesting to use the office phone

to call home during the school day. Please note that the office phone is intended for urgent or unexpected situations. We ask that plans for after-school arrangements, forgotten items, and check-ins be discussed with your child before they arrive at school. This helps keep the office available for emergencies and student support.

KINDERGARTEN REGISTRATION DATES FOR THE 2026-27 SCHOOL YEAR

Children registering for Kindergarten must be **5 years old on or before December 31, 2026**. Registration dates are posted on the **School District website**, and all registrations are completed through the **Parent Portal**. Registration opens at **12:00 pm (noon)** on the first day of each phase.

Enviro Sibling Registration - January 5-8, 2026

Sibling Registration - January 6-10, 2026

Enviro Registration - January 7-9, 2026

Choice Registration - January 14-19, 2026

General Registration - January 28 -February 3, 2026

Late Registration - February 18-July 24, 2026

Open Registration - August 19-September 18, 2026



GRADE 8 REGISTRATION FOR THE 2026-27 SCHOOL YEAR

Registration is completed online through the Parent Portal and it opens **February 10, 2026 at 12:00 PM (noon)** and closes **February 24, 2026 at 11:59 PM**.

The form will automatically show your child's secondary catchment school based on your address. Please confirm your Parent Portal account has your current address.

Address changes must be made at the school office with **two supporting documents**.

Updates will appear in the portal the next day.

GRADE 5 Survey:

In January and February students in Grade 5 will participate in the Middle-Years Development Instrument (MDI).

The MDI is a confidential, online self-report questionnaire completed during about an hour of school time. It is a valuable tool for planning school and community services and surveys the overall student population—not individual children. Results help identify needs for after-school programs, community services, and facilities in our neighborhoods.

Participation is encouraged but optional; exemption forms were posted on the portal in late November.

SPARE CHANGE OF CLOTHES

Accidents and messy play can happen during recess or lunch, and having an extra set of clothes on hand helps your child stay comfortable and ready to learn for the rest of the day.

OUTDOOR PLAY IN WINTER



Outdoor breaks boost immunity, mood, and focus—even in cold weather! Illness comes from viruses, not chilly air. Fresh air and Vitamin D support physical and emotional well-being, helping kids regulate their emotions and recharge for learning. Please dress your child in warm layers so they can enjoy recess comfortably.

SCHOOL CLOSURE DECISION: WEATHER

The superintendent decides whether to close schools during snowfall or severe weather, to prioritize safety while supporting learning. This decision follows a careful process that is reviewed and refined after each even. The decision to close schools is made by 6:30 a.m. Details are:

- Posted on the SD42 Twitter feed (@sd42news);
- Posted on the SD42 Facebook feed (SD42Facebook);
- Shared with News 1130, CKNW;
- Posted on the SD42 Website (www.sd42.ca)

Please note: The district supports individual and family decisions regarding safety. Parents/guardians have primary responsibility for their children's safe travel to school and if there are personal concerns this, other arrangements should be made.



JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
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5 School Reopens Enviro Sibling Reg. opens 12 pm	6 Boys basketball practice- 7:30am Kindergarten Sib. Reg. op12 pm Girls basketball practice- 2:30 pm	7 Environmental School Reg. opens 12 pm	8 Girls basketball practice- 2:30 pm	9 Div 16 & 20 to Langley Gymnastics 9:45 am Girls basketball practice- 12:15pm
12 Boys basketball practice- 7:30am Rec boys basketball away @PME 3pm	13 Boys basketball practice 7:30am Girls basketball practice- 12:15pm Girls basketball game- 2:30pm PAC Meeting 7 pm	14 Girls basketball practice- 12:15pm	15 Girls basketball practice- 2:30pm	16 Div 16 & 20 to Langley Gymnastics 9:45 am Girls basketball practice- 12:15pm Div 14, 15 & 17 Planet Ice Skating 12:45 pm
19 Boys basketball practice- 7:30am Div 9 Curling 12 pm Rec boys basketball game- home, 3pm	20 Boys basketball practice-7:30am Girls basketball practice- 12:15pm Girls basketball game- 2:30pm	21 Girls basketball practice- 12:15pm Competitive boys basketball game- away @ Kanaka, 3pm	22 Girls basketball practice- 2:30pm	23 Girls basketball practice- 12:15pm
26 Boys basketball practice- 7:30am Div 9 Curling 12 pm Rec boys basketball game- away @ Blue Mountain, 3pm	27 Non-instructional day 	28 Girls basketball practice- 12:15pm Competitive boys basketball game- away @ Yennadon, 3pm	29 Div 12, 13, 14, 17, 25, 26 Lego Workshops Girls basketball practice- 2:30pm	30 Div 12, 13, 14, 17, 25, 26 Lego Workshops Grade 6 Immunizations #1 Girls basketball practice- 12:15pm

*subject to change

Keep your child healthy during winter

As the chilly winter season approaches, there are things you can do to help keep your children healthy and well.

Get ready for winter at home and in the community

Winter can bring extreme weather and it's important to have plans to be safe during cold weather, storms and power outages, including staying warm, having a carbon monoxide detector and planning for emergencies. Learn about programs that can support your family:

- [Get ready for winter: Snow and cold safety for you and your home - Fraser Health Authority](#)
- [Indoor air quality - Fraser Health Authority](#)

Bundle up for the cold

Dressing appropriately for cold weather keeps your child comfortable and protected. Wearing multiple layers is a great way to trap body heat and provide insulation against the cold.

Keep a warm hat, gloves, scarves and warm, waterproof boots handy. Remind your child to wear these items before heading outside to play or going to school.

Learn about [hypothermia](#) and [frostbite](#) as children can be more susceptible.

Protect against winter illnesses

Winter brings an increased risk of colds and flu. Ensure your child receives their annual flu vaccine and talk to a health care provider about any additional vaccines that may be recommended. Teach your child good respiratory etiquette such as regular hand washing, covering their coughs and sneezes and staying home when sick. If they are sick and cannot stay away from others, masks can help to reduce the risk of spreading illness. Learn more about masks [here](#).

Keep their bodies moving

It is important to keep your child active during winter as regular physical activity is important for good health. Outdoor activities such as skating, sledding and going for walks as a family are all great ways to keep active. On colder days, indoor play and activities such as dancing, yoga or sports are great ways to promote movement. Look for drop-in programs at local community centres or indoor sports facilities.

If you play on frozen lakes or ponds, be sure that the ice has been tested for strength and safety. Learn more on the [Lifesaving Society's website](#).

Find more tips for a healthy winter on Fraser Health's [Winter Health](#) page.



Circle of Security

The Circle of Security Parenting Program is an opportunity to explore the importance of parent/caregiver and child attachment, gather helpful tools to respond to your child's emotional needs and feel more confident about your parenting.

Date: : Wednesdays

Jan 14 -March 4 2026

Time: 12-1:30pm

Cost: Free

To register, please visit our website
familyed.bc.ca ,call reception at 604-476-6055 or
email reg@familyed.ca



Brave New You!

Join us for this 20hr course is for Women as well as anyone identifying as female to learn to create and keep their boundaries, healthy communication, conflict resolution skills, managing challenging conversations, expressing feelings and identifying your needs. This course helps individuals to explore a new way of thinking for themselves.

In this workshop, you will learn:

- Understanding Anger: Discover the root causes of anger, its impact on your relationships, and how to break the cycle of anger.
- Setting Boundaries: Learn practical strategies for setting and maintaining healthy boundaries, even in difficult situations.
- Dealing with Controlling People: Gain tools and techniques to address controlling individuals in your life while preserving your own well-being.
- Self-Care and Emotional Safety: Explore the importance of self-care and discover practical self-care techniques to reduce stress and promote emotional resilience.

DATES: SATURDAY AND SUNDAYS

JAN 17TH-18TH/ JAN 31ST-FEB 1 2026

TIME: 10AM-3PM

COST: \$90

FOR MORE INFORMATION PLEASE CONTACT

The Family Education & Support Centre

22554 Lougheed Hwy

Maple Ridge

www.familyed.bc.ca or call (604) 467-6055

Please note the location of this program is subject to change as per the BC Provincial Health guidelines regarding Covid-19

