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Principal: Mr. Ramin Mehrassa
Vice Principal: Mr. Rob Sheridan

Newsletter #2 – October 2025

PRINCIPAL'S MESSAGE:

What a great start to the school year! I'm ready and excited for all the events and activities we have planned ahead! What an amazing Terry Fox Run we had! It was so inspiring to see all of our students out there running, walking and cheering each other on in true Terry Fox spirit. A huge thank you goes out to Mrs. Mitchell and Mrs. Reilly for organizing such a fun and meaningful event!

Stay tuned for details about primary and intermediate cross country, coming soon - we can't wait to keep the running fun going!

Wishing all our families and happy and safe upcoming Thanksgiving weekend!

UPCOMING DATES:

Tuesday, October 7	- Individual School Photos - PAC Meeting (zoom)
Friday, October 10	- Non-Instructional Day (no school)
Monday, October 13	- Thanksgiving (no school)
Tuesday, October 14	- Intermediate Cross-Country at Alouette
Wednesday, October 15	- Primary Cross-Country at Albion
Tuesday, October 16	- Great BC Shakeout
Friday, October 24	- Non-instructional day (no school)
Tuesday, October 28	- Photo Retake Day
Friday, October 31	- Halloween

PHOTO & RETAKE DAY

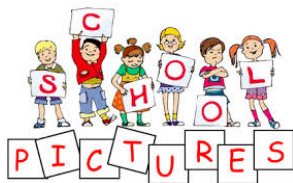


Photo Expressions will be here on **Tuesday, October 7th** for our school photos. Retakes will take place on **Tuesday, October 28th**.

SPIRIT WEAR

We're excited to let you know that spirit wear is now available to order!

Orders can be placed directly through the parent portal or you may pick up a paper order form from the office. Cash or cheque payments can be submitted to your child's teacher along with the order form.

PARKING LOT

Like every elementary school parking and access to the school is a challenge for caregivers when bringing their children to school. Here at ARE it is even more challenging in that the staff parking lot is located between the playground and the school. The dangers are obvious and that is why I really need to stress to please not use it as a drop off or pick up area. Already this year, I've seen some worrisome situations. My purpose in writing to you is to raise awareness about this situation. Everyone wants our kids to be safe; we just need reminders of that when other priorities begin to compromise that. Thank you for your understanding and cooperation. Therefore, please remember that there will be **NO PUBLIC ACCESS TO THE SCHOOL PARKING LOT.**

CELL PHONES AND PERSONAL DEVICES

As convenient as cell phones and smart watches are, sometimes they can become a burden for children. Research tells us that it can have a negative impact on the development of a person's social and communication abilities. As well, we can see almost a dependency on the phone developing for our children which is a little worrisome.

Here at ARE we are trying to support children and families by providing an environment free of the constant call of the cell phone or smart watches. So, what does this mean? If they are brought to school, **cell phones need to always stay in classrooms**, including recess and lunch. In class, teachers have the right to establish their own parameters around these devices but as a school, the rule is.... **CELL PHONES NEED TO STAY IN CLASSROOMS.**

You can support us, and ultimately your children, by not calling or texting with your child directly but rather connect with them as it has always been done, through the office 604-463-3035.

CONSENT FORMS

There are a number of consent forms for your child(ren) that are now available on the parent portal awaiting your approval. Please take a moment to login and approve these forms.

WEST COAST RECESS



All recesses and lunches will be outside unless the weather is unprecedentedly severe and poses a risk to health and safety. Please be sure children have proper jackets, footwear, or warm clothing for the day. An extra set of clothes at school will avoid unnecessary trips to the school with spare pants!

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
				
6 7:30am Volleyball Practice 3:00pm Volleyball Team B Home vs Kanaka	7 Individual Photo Day  Volleyball Team A Away Game @ MRCS	8 7:30am Volleyball Practice Div. 7 Momentum Movement	9 Div.18,19,20 & 22 Pumpkin Patch Div.12,13 Walking Field Trip	10 Non-Instructional Day (No School)
13 Thanksgiving (no school) 	14 Intermediate Cross Country 3:00pm Volleyball Team B Away Game @ c'esquenela	15 7:30am Volleyball Practice Primary Cross Country	16 Great BC Shakeout	17 Div. 6 & 11 Apple Barn
20 7:30am Volleyball Practice 3:00pm Volleyball Team B Home vs. Eric Langton	21 Photo Retakes 	22 7:30am Volleyball Practice 3:00pm Volleyball Team A Away vs. Albion	23 Div. 19,20 Owl Presentation Halloween Dance 	24 Non-Instructional Day (No School)
27 7:30am Volleyball Practice 3:00pm Volleyball Team B Away vs Blue Mountain	28 Photo Retakes  Div. 1 – 5 Pumpkin Patch	29 7:30am Volleyball Practice 3:00pm Volleyball Team A Home v. Davie Jones	30 Div. 17,14 Pumpkin Patch	31 