Welcome Back! September

Hot Lunch

Beef Meatball Marinara

on Spaghetti with Fruit

Fun Lunch!
Beef Hot Dogs with Chips

Chicken Dumplings on Fried Rice

er 🌞 Maple Ridge 🧼 🔭	
Vegetarian Lunch	Cold Lunch
Veggie Tenders on Chow Mein with Fruit	
Fun Lunch! Veggie Hot Dogs with Chips	
Vegetarian Lasagna	
	Ham & Cheese Sandwich with Carrots + Dip & Brownie OR Vegetarian Protein Box with Brownie
BBQ Veggie Tenders on Vegetable Rice with Fruit	

Tuesday
September 16

Thursday
September 18

Tuesday

Date

Tuesday

September 9

Thursday



TuesdayBacon Mac & CheeseBBQ Veggie Tenders onSeptember 23with FruitVegetable Rice with Fruit

Thursday
September 25

Fun Lunch!
Crispy Chicken Bites
with Wedge Fries

Fun Lunch! Crispy Veggie Strips with Wedge Fries

Tuesday September 30

Day of Truth & Reconciliation